

Loudoun County Department of Parks, Recreation & Community Services

Activity Guide

Winter 2015-16



www.loudoun.gov/prcs



Inside

Claude Moore Rec Center
Annual Pass Sale
Holiday Events & Performances
Winter Break Camps
Battle of the Bands & Step Up Loudoun

Registration

General: November 12
Seniors: November 10

Claude Moore Recreation Center ANNUAL PASS SALE

November 15 - January 15

**15% Discount
Annual Membership Passes**



- Fitness Center
- Lap & Leisure Pool
- Rock Climbing Wall
- Fitness Center
- Gymnasium
- Teen Room
- Indoor Running Track



Call 571-258-3600 or visit www.loudoun.gov/claudemoorerec

WHAT'S INSIDE

Keep this issue until March

Events, Classes & Activities

12/1/15 – 2/29/16

General Registration Begins

November 12

Senior Registration Begins
November 10

Plan Ahead!

Spring Registration Begins
February 11

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Registration Form

Cover photo: Courtesy of Middleburg Community Center

WHERE TO FIND YOUR ACTIVITY GUIDE

Copies of the Winter Activity Guide are available at PRCS centers and parks, as well as Loudoun County libraries and the County Government Center. The current issue is always available online at www.loudoun.gov/prcs, where you can sign up to receive announcements about PRCS events, registration, and other news.

GENERAL REGISTRATION

Online and walk-in registration for senior activities only begins at 9:00 a.m. on 11/10/15 for County residents. Online registration for all activities begins at 12:01 a.m. on 11/12/15 for County residents. Walk-in registration at PRCS facilities begins on 11/12/15 for County residents when the facilities open (during normal business hours for each location). Online registration begins at 12:01 a.m. on 11/19/15 for non-residents (including seniors). Walk-in registration at PRCS facilities begins on 11/19/15 for non-residents (including seniors) when the facilities open; in other words, during normal business hours for each location.

MAIL-IN REGISTRATION

Send a completed registration form and payment (check or money order made out to "County of Loudoun") to Loudoun County PRCS, 20145 Ashbrook Place, Suite 170,

Ashburn, VA 20147. An activity registration form is included in this guide. Forms can also be downloaded from www.loudoun.gov/prcs. Mail-in registrations are processed on a random basis, beginning at 8:30 a.m. on 11/12/15 for residents and 11/19/15 for non-residents. Credit card payments will not be accepted by mail. All mail-in registrations must include payment by check or money order.

ONLINE REGISTRATION

Webtrac is an online registration system for enrolling in PRCS activities using a household identification number and password. A new household account can be requested online at www.loudoun.gov/webtrac. A new account number and password will be sent to your email address in 2-5 business days. With a household ID number and password, you can register and pay for most activities using VISA, Discover, or MasterCard. If you have forgotten your account information, you can retrieve your ID and password at www.loudoun.gov/webtrac. If you require addi-

tional assistance, please contact your local PRCS center/park or the administrative office before the first day of registration!

REGISTRATION FOR LICENSED PROGRAMS

Additional forms and on-site registration are required for licensed programs. Please refer to the corresponding section in this activity guide or www.loudoun.gov/prcs for specific registration procedures for licensed preschool, before & after school programs and licensed summer camps.

PAYMENTS

Registration fees are due at the time of registration, unless otherwise noted. Online registrations must be paid by credit card. Cash, check, money order, or credit card payments can be made in person. Checks or money orders must be made payable to "County of Loudoun." Your social security number or

driver's license number must be included on any check in order to process the registration. Payments by check or money order can also be mailed to the PRCS administrative office. Do not send cash or credit card information by mail. Do not include supply fees in total paid. Supply fees are payable to the instructor at the first class.

TAX INFORMATION

A "global childcare statement" can be printed using Webtrac. The option is located under "my account" after logging into Webtrac. A statement can be printed for any calendar year; however, the desired tax year must be selected. Visit www.loudoun.gov/webtrac.

PROGRAM REFUNDS & CANCELLATIONS

Our goal is to ensure quality programs. If you are dissatisfied with the quality of a class/program in which you are currently enrolled, you may request a refund according to the following policy:

Refund requests must be submitted in writing and include an explanation of why the participant is disappointed with the quality of the particular class/program. The written request should be dated and sent by email, fax, or mail directly to the facility manager or program manager offering the class/program. Only written requests will be accepted. The amount of any refund will be prorated based on the number of remaining class/program sessions.

If you need to cancel a class/program registration, and you make the request 15 or more days before the start date, a full refund will be offered - MINUS a 15% administrative fee (to a maximum of \$15). If you cancel a class/program registration 14 or fewer days before the start date, a 50% refund will be offered. Cancellation requests must be submitted in writing. The request should be dated and sent by email, fax, or mail directly to the facility or program manager offering the class/program.

The Department reserves the right to cancel or change a class or activity due to insufficient enrollment or other reasonable cause. A full refund (including any applicable registration fee) will be offered.

FINANCIAL ASSISTANCE

For qualifying families, financial support may be available for reimbursement of the cost of certain Adaptive Recreation activities sponsored by Loudoun County PRCS. The major qualification for respite is MR diagnosis. For more information, call MR Services at 703-777-0377.

NON-RESIDENT FEES

An additional 50 percent of fees will be charged for individuals residing outside of Loudoun County.

NOTICE TO PARTICIPANTS

Participants must recognize that all classes and activities of a physical nature involve some risk and, by registering for a class or activity of this nature, there is an assumption of risk by the participant and/or parent. Loudoun County Department of Parks, Recreation and Community Services is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff.

SUPPLIES & MATERIALS

The cost of supplies and materials is included in the class or activity fee, unless otherwise indicated. If a supply/material fee is listed for an activity, it must be paid directly to the instructor on the first day of class.

TRANSPORTATION

When transportation is provided, spaces are filled on a first-come, first-served basis.

TRIP POLICY

There will be no smoking or alcoholic beverages allowed on any vehicles used for Department trips including motor buses. Due to outside costs associated with arranging and booking trips, there will be no refund when a participant cancels a trip registration.

RENTALS

Rental space is available at most centers and parks including rooms, pavilions, and gyms for private parties, meetings, and other activities. Contact the preferred center or manned park directly for available dates, times and rental rates. Rental fees are non-refundable. For unmanned facilities, please call 703-777-0343.

VOLUNTEERS

For information on volunteer opportunities, including PRCS advisory boards and councils, please contact your local center, park or program representative, or call 703-777-0343. Those interested in working with Loudoun residents with disabilities, including Special Olympics and VSA arts, should call 703-771-5013 or 703-771-5010.

PROGRAM ACCESSIBILITY/ADA

The Loudoun County Department of Parks, Recreation and Community Services (PRCS) is committed to complying with the Americans with Disabilities Act (ADA). If you need accommodations in order to participate in PRCS activities, please contact the program or location manager (or PRCS administrative office) two weeks prior to the start of the activity. Phone: 703-777-0343, TTY: 711, Email: prcs@loudoun.gov.

CLOSINGS/POSTPONEMENTS

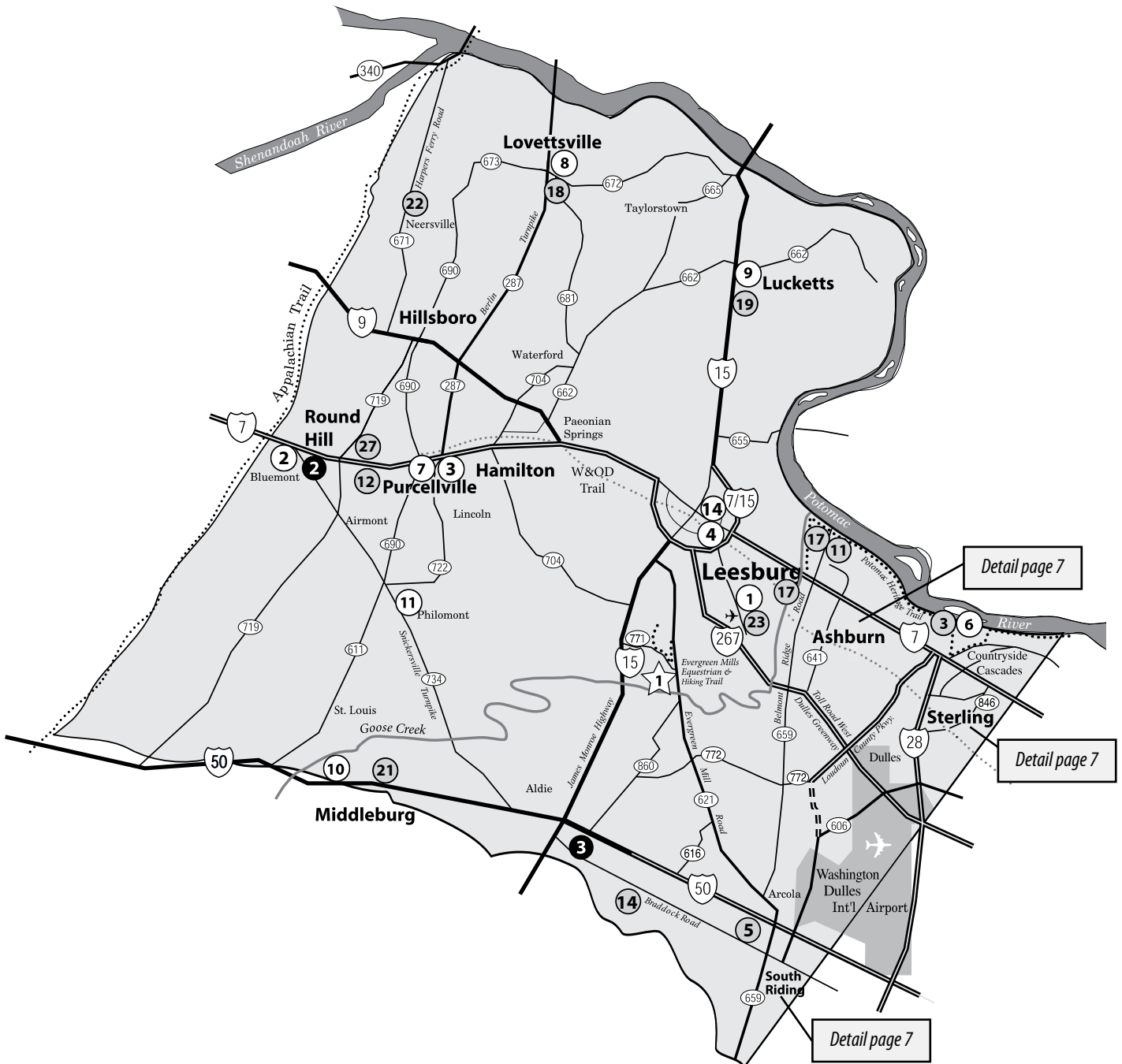
In case of inclement weather, public holidays or emergencies, the Department will determine program cancellations or postponements. Consult your parent handbook or call the program location or the administrative office at 703-777-0343 for additional information. For athletic field conditions, call the Sports Cancellation line at 703-777-0456. For up-to-date announcements regarding County Government closings and cancellations, sign up for Alert Loudoun at www.loudoun.gov.

*Rent one of our rooms or pavilions
for your next special event.*

www.loudoun.gov/prcs



FACILITIES MAP



For directions to PRCS facilities, visit www.loudoun.gov/prcs.

KEY TO FACILITIES

PRCS CENTERS ○

- ① **Adult Day Center at Leesburg**
16501 Meadowview Court
Leesburg, VA 20175
703-771-5334
- ② **Bluemont Community Center**
33846 Snickersville Turnpike
Bluemont, VA 20135
540-554-8643
- ③ **Carver Center**
200 Willie Palmer Way
Purcellville, VA 20132
571-258-3400
 - Mac Brownell Adult Day Center
571-258-3402
- **Claude Moore Community Center (See ⑦)**
46111 Loudoun Park Lane
Sterling, VA 20164
571-258-3500
- **Claude Moore Recreation Center (See ⑦)**
46105 Loudoun Park Lane
Sterling, VA 20164
571-258-3600
- ④ **Douglass Community Center**
405 E. Market Street
Leesburg, VA 20175
703-771-5913
- ⑤ **Dulles South Multipurpose Center**
24950 Riding Center Drive
South Riding, VA 20152
571-258-3456
 - Dulles South Senior Activity Center
571-258-3883
- ⑥ **Eastern Loudoun Adult Day Center**
45140 Riverside Parkway
Ashburn, VA 20147
571-258-3232
- ⑦ **Loudoun Valley Community Center**
320 W. School Street
Purcellville, VA 20132
540-338-4122
- ⑧ **Lovettsville Community Center**
57 E. Broad Way
Lovettsville, VA 20180
540-822-5284
- ⑨ **Lucketts Community Center**
42361 Lucketts Road
Leesburg, VA 20176
703-771-5281
- ⑩ **Middleburg Community Center**
300 W. Washington Street

Middleburg, VA 20118
540-687-6375

- ⑪ **Philomont Community Center**
36592 Jeb Stuart Road
Philomont, VA 20131
540-338-5882
- **Round Hill Aquatic Center (See ②⑦)**
17010 Evening Star Drive
Round Hill, VA 20141
571-258-3562
- ⑫ **Senior Center at Cascades**
21060 Whitfield Place
Sterling, VA 20165
571-258-3280
- ⑬ **Sterling Community Center**
120 Enterprise Street
Sterling, VA 20164
703-430-9480
- ⑭ **The Senior Center of Leesburg**
102 North Street, N.W.
Leesburg, VA 20175
703-737-8039

PARKS & SPORTSPLEXES ○

- ① **Ashburn Park**
43645 Partlow Road
Ashburn, VA 20147
- ② **Beth Miller Park**
20270 Leier Place
Ashburn, VA 20147
- ③ **Bles Park**
44830 Riverside Parkway
Ashburn, VA 20147
- ④ **Brambleton Community Park**
22389 Belmont Ridge Road
Ashburn, VA 20148
- ⑤ **Byrne's Ridge Park**
24915 Mineral Springs Circle
Aldie, VA 20105
- ⑥ **Chick Ford & Ryan Bickel Fields**
21594 Ashburn Village Boulevard
Ashburn, VA 20147
- ⑦ **Claude Moore Park**
21544 Old Vestals Gap Road
Sterling, VA 20164
571-258-3700
 - Claude Moore Community Center
 - Claude Moore Recreation Center
 - Lanesville Heritage Area
 - Loudoun Heritage Farm Museum
- ⑧ **Conklin Park**
25701 Donegal Drive
Chantilly, VA 20152
- ⑨ **Countryside Park**
20756 Countryside Boulevard
Sterling, VA 20164
- ⑩ **Edgar Tillet Memorial Park**
21561 Belmont Ridge Road
Ashburn, VA 20147
- ⑪ **Elizabeth Mills Riverfront Park**
44105 Heron Way
Leesburg, VA 20176
 - Kephart Bridge Landing
- ⑫ **Franklin Park**
17501 Franklin Park Drive
Purcellville, VA 20132
540-338-7603
 - Franklin Park Perf. & Visual Arts Center
- ⑬ **Greg Crittenden Memorial Park**
21401 Windmill Drive
Ashburn, VA 20147
- ⑭ **Goshen Corner Park**
41430 Braddock Road
Aldie, VA 20105
- ⑮ **Gwen Thompson Briar Patch Park**
21660 Sterling Boulevard
Sterling, VA 20164
- ⑯ **Hampshire Park**
21315 Smith Switch Road
Ashburn, VA 20147
- ⑰ **Keep Loudoun Beautiful Park**
43055 Golf Club Road
Leesburg, VA 20176
 - Kephart Bridge Landing (See ⑪)
- ⑱ **Lovettsville Community Park**
12565 Milltown Road
Lovettsville, VA 20180 (event access only)
- ⑲ **Lucketts Community Park**
14560 James Monroe Highway
Leesburg, VA 20176
- ⑳ **Lyndora Park**
43624 Lucketts Bridge Circle
Ashburn, VA 20148
- ㉑ **Mickie Gordon Memorial Park**
23229 Carter's Farm Lane
Middleburg, VA 20118
- ㉒ **Nell Boone Park**
11756 Harper's Ferry Road
Purcellville, VA 20132 (Neersville)
- ㉓ **Philip A. Bolen Memorial Park**
42405 Claudia Drive
Leesburg, VA 20176

KEY TO FACILITIES

571-258-3487

- 24 Potomack Lakes Sportsplex**
20280 Cascades Parkway
Sterling, VA 20164
- 25 Ray Muth Sr. Memorial Park**
20971 Marblehead Drive
Ashburn, VA 20147
- 26 Trailside Park**
20375 Claiborne Parkway
Ashburn, VA 20147
- 27 Woodgrove Park**
17020 Evening Star Drive
Round Hill, VA 20141
• Round Hill Aquatic Center

CULTURAL & HISTORIC FACILITIES

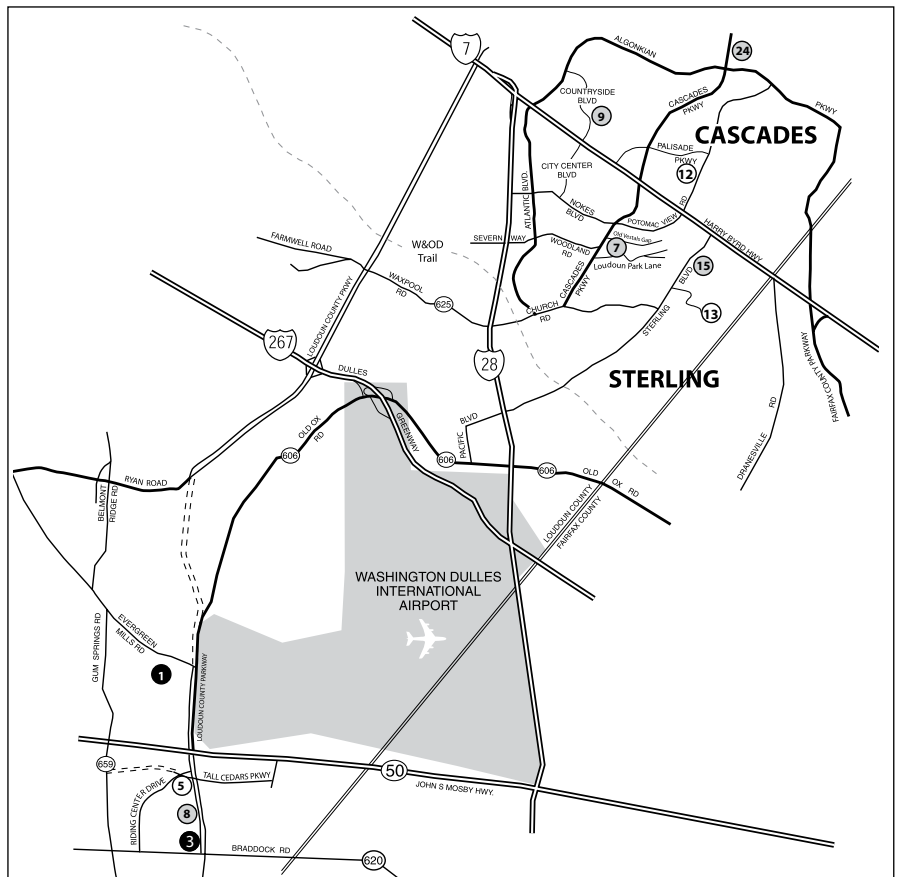
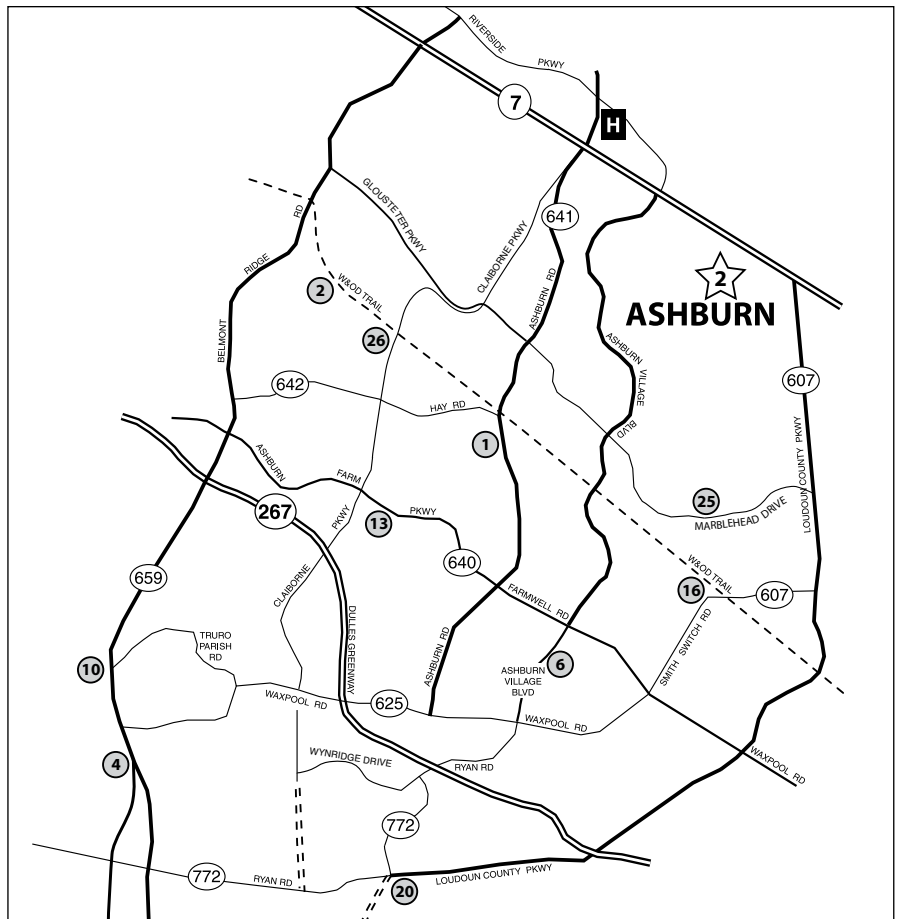
- 1 (Arcola) Slave Quarters (no inside access)**
25077 Evergreen Mills Road
Sterling, VA 20164
- **Carver Center (See 3)**
- 2 E.E. Lakes General Store (no inside access)**
18351 Railroad Street
Bluemont, VA 20135
- **Franklin Park Performing & Visual Arts Center (See 12)**
36441 Blueridge View Lane
Purcellville, VA 20132
540-338-7973
- **Lanesville Heritage Area (See 7)**
- **Loudoun Heritage Farm Museum (See 7)**
21668 Heritage Farm Lane
Sterling, VA
571-258-3800
- 3 Settle-Dean Cabin (no inside access)**
25625 Loudoun County Parkway
Chantilly, VA 20152

OTHER PRCS FACILITIES

- ★ **Banshee Reeks Nature Preserve**
21085 The Woods Road
Leesburg, VA 20176
703-669-0316
- ★ **PRCS Administrative Office**
20145 Ashbrook Place, Suite 170
Ashburn, VA 20147
703-777-0343

TRAILS

Evergreen Mills Equestrian & Hiking Trail
21332 The Woods Road (currently closed)
Leesburg, VA 20176



Questions? Give us a call!

Administrative Office

Main Number.....703-777-0343
TDD/for deaf or hearing impairedTTY711

Programs and Services

Adaptive Recreation703-737-8042

Adult Day Services

Ashburn.....571-258-3232
Leesburg703-771-5334
Purcellville571-258-3402

After School Programs

CASA.....703-737-8042
YAS703-777-0343

Area Agency on Aging703-777-0257

Children's Programs and Camps703-737-8042

Facilities Planning and Development 703-777-0343

Preschool703-737-8006

Sports, Youth and Adult703-777-0343

Sports Postponement/Cancellation...703-777-0456

Youth Services703-777-0343

Centers

Bluemont Community Center540-554-8643
Carver Center571-258-3400
Claude Moore Community Center.....571-258-3500
Claude Moore Recreation Center.....571-258-3600
Douglass Community Center.....703-771-5913
Dulles South Multipurpose Center571-258-3456

Dulles South Senior Activity Center...571-258-3883

Franklin Park Arts Center540-338-7973

Loudoun Valley Community Center ...540-338-4122

Lovettsville Community Center540-822-5284

Lucketts Community Center.....703-771-5281

Middleburg Community Center.....540-687-6375

Philomont Community Center540-338-5882

Round Hill Indoor Aquatic Center571-258-3562

Senior Center at Cascades571-258-3280

Sterling Community Center703-430-9480

The Senior Center at Leesburg.....703-737-8039

Park Sites (staffed)

Banshee Reeks Nature Preserve703-669-0316

Claude Moore Park571-258-3700

Franklin Park540-338-7603

Philip A. Bolen Memorial Park571-258-3487

Potomack Lakes Sportsplex703-444-1459



***Like us on Facebook at
www.facebook.com/loudounprcs***



Book a PRCS Birthday Party Package and leave the planning to us!
Depending on location, themes can include:

*Superhero • Moonbounce
Nature • Adventure
Swimming • Princess
Archery & more!*

For more information, contact:

Claude Moore Community Center 571-258-3500
Claude Moore Park 571-258-3700
Claude Moore Recreation Center 571-258-3600
Dulles South Multipurpose Center..... 571-258-3456
Franklin Park..... 540-338-7603
Sterling Community Center 703-430-9480



SPECIAL EVENTS COUNTYWIDE

This section lists some of our countywide special events in chronological order by date and time. Please call the number listed for more information.

PREVIOUSLY ADVERTISED

THIRD ANNUAL BLUEMONT'S (JURIED) HOLIDAY CRAFT SHOW

(All ages) Get a start on the holiday shopping at Bluemont's 3rd Annual Juried Holiday Craft Show. Sponsored by the Bluemont Community Center's Advisory Board. Admission is free for shoppers. Concessions will be available. Call 540-554-8643 for space rentals and more information.

Location: Bluemont Community Center

Free event

Sa 11/28-11/28 10:00A-4:00P

LETTERS FROM SANTA

(Ages birth-12 yrs) Drop off or mail your child's Christmas list to Philomont Community Center North Pole, 36592 Jeb Stuart Road, Philomont, VA! Your child will receive a personalized letter from Santa, some reindeer food and a craft! Call 540-338-5882 for more information.

Location: Philomont Community Center

211708-01 \$5.00

M-Su 11/13-12/31

DECEMBER

CELEBRATE WINTER BIRDS AT CMP

(All ages) Stop by the Visitor Center and discover what birds are doing for the winter! Games and activities will be available 9-5 daily! Call 571-258-3700 for more information.

Location: Claude Moore Park Visitor Center

Free event

Daily 12/1-2/29 9:00A-5:00P

LETTERS FROM SANTA

(Ages 10 & under) Your child will be thrilled to receive a personalized letter from Santa, written just for him/her! Included with the letter will be the North Pole Newsletter, complete with Santa's agenda, a craft idea from the Elves, and a holiday recipe from Mrs. Claus. Upon registration, print the Santa information form with your receipt and send it to Sterling Community Center via fax: 703-421-3118, e-mail: edward.grey@loudoun.gov or mail: 120 Enterprise Street Sterling VA 20164, or drop it off in Santa's special mailbox. Forms MUST be received before 12/15. Call 703-430-9480 for more information.

Location: Sterling Community Center

203708-01 \$4.00

Su-Sa 12/1-12/15

COMMUNITY TREE LIGHTING

(All Ages) Join us for a special evening when we light the tree, sing carols and enjoy hot chocolate and cookies. Enter the Gingerbread House contest and win a prize! Call 703-771-5281.

Location: Luckett's Community Center

Free event

F 12/4-12/4 6:00P-7:00P

BUILD & BOUNCE

(Ages 10 & under) Our gym will be filled with building blocks and moonbounces galore. Duplo and Lego blocks, gears, and other building toys for different age groups will be available for participants to test their engineering skills. Participants can jump in our moonbounces to get the creative juices flowing. This is not a drop off event, parents must be present at all times. Call 703-430-9480 for more information.

Location: Sterling Community Center

203720-01 \$5.00

F 12/4-12/4 5:30P-7:30P

203720-02 \$5.00

Sa 12/5-12/5 9:30A-11:30A

DROP & SHOP

Ages 3-12) We'll entertain your kids with games, movies and crafts while you finish holiday shopping. Dinner included. Call 540-338-5882 for more information.

Location: Philomont Community Center

211702-01 \$25.00

F 12/4-12/4 6:00P-9:00P

LANTERN MAKING WORKSHOP

(Ages 3 & up) Make your own lantern and ornament for the Lovettsville Lantern Parade this evening (see separate listing). Glow sticks provide for safe illumination for the parade. We will make holiday ornaments too! All supplies and light refreshments included in fee. Call 540-822-5284 or email lovcc@loudoun.gov for more information.

Location: Lovettsville Community Center

202701-01 \$8.00

F 12/4-12/4 6:30P-7:15P

LANTERN PARADE

(All ages) Make this German custom part of your family's holiday tradition. Meet at the Community Center with your own Lantern and then walk through town to Town Square for refreshments and community sing-a-long. Co-sponsored by the Town of Lovettsville and the Lovettsville Community Center. Call 540-822-5284 or email lovcc@loudoun.gov for more information.

Location: Lovettsville Community Center

Free event

F 12/4-12/4 7:30P-9:00P

LUCKETTS BLUEGRASS

(All ages) The Luckett's Bluegrass tradition continues into its 42nd year and is one of the longest continuously running series of its kind in the country. Old-time bands and exciting newcomers are featured from October through the last Saturday in April. Call 703-771-5281.

Location: Luckett's Community Center

Pay at door \$15

Sa 12/5-2/27 7:00P-10:30P

HOLIDAY VENDOR FAIR

(All ages) This fair features a varied selection of items from artists, crafters and area vendors. Call 571-258-3456 for more information.

Location: Dulles South Multipurpose Center

Free event

Sa 12/5-12/5 8:30A-12:30P

BREAKFAST WITH SANTA

(All ages) Have a wonderful breakfast of eggs, meat, pancakes, muffins, and fruit while the children are visiting Santa. Breakfast will be held at the Philomont Fire Department. Children ages two and under are free! Call 540-338-5882 for more information.

Location: Philomont Fire Department

211704-01 \$5.00

Sa 12/5-12/5 8:30A-10:30A

211704-02 \$7.00

Sa 12/5-12/5 8:30A-10:30A

CHRISTMAS CRAFT SHOW

(All ages) Celebrate our 29th Annual Christmas in Middleburg! In addition to the juried craft show, there will be parades, food, and activities sponsored by the Town of Middleburg. Bring your shopping bags and warm coat as you stroll the streets and Center for holiday gifts. Call 540-687-6375 for more information.

Location: Middleburg Community Center

Free event

Sa 12/5-12/5 9:00A-4:00P

CANDY CANE HUNT/LUNCH WITH SANTA

(Ages 1½-8) Get into the holiday spirit! Dress for the weather and go on a candy cane hunt with Santa. Show your specially marked candy canes and get prizes. Join us for lunch with Santa too! Kids will decorate and take a wooden keepsake ornament. Parents bring your camera for lots of photo opportunities. Pre-registration is required. Call 571-258-3500 for more information.

Location: Claude Moore Community Center

210700-01 \$8.00

Sa 12/5-12/5 11:00A-12:00P

210700-02	\$3.00/parent lunch
Sa	12/5-12/5 11:00A-12:00P
210700-03	\$8.00
Sa	12/5-12/5 1:00P-2:00P
210700-04	\$3.00/parent lunch
Sa	12/5-12/5 1:00P-2:00P

HOLIDAY IN THE PARK

(All ages) Visit holiday-decorated historic Lanesville house. Enjoy crafts, wagon rides, marshmallows, and more. Bring new hat or gloves for "Winter Warmth Tree." Call 571-258-3700 for more information.

Location: Claude Moore Park Historic Area

Free event

Sa	12/5-12/5 3:30P-6:00P
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LUNCH WITH SANTA

(All ages) Ho! Ho! Ho! Join Santa and friends for a special pizza lunch. We will decorate a holiday ornament and you can take a picture with St. Nick. Advance registration required and bring your camera. Call 703-771-5913 for more information.

Location: Douglass Community Center

204701-01	\$10.00
M	12/7-12/7 11:30A-1:00P

SANTA'S WORKSHOP

(Ages 2-5) Now that the holiday season is upon us, join us for a time of Christmas cheer, filled with crafts, stories, and games. Parent participation is required. Call 571-258-3500 for more information.

Location: Claude Moore Community Center.

210714-01	\$10.00
Th	12/10-12/10 12:00P-1:30P

PARENT'S NIGHT OUT

(Ages 3-11) Enjoy a night out while your children enjoy games, crafts, pizza and other fun activities. Call 571-258-3500 for more information.

Location: Claude Moore Community Center

210713-01	\$16.00/first child
F	12/11-12/11 5:00P-9:00P
210713-02	\$8.00/add'l child
F	12/11-12/11 5:00P-9:00P

THE POLAR EXPRESS

(All ages) All aboard for a night of PJs and the Polar Express. Families will watch the favorite holiday story while enjoying hot chocolate just like from the book. We will also have activities to keep the holiday spirit alive! Co-sponsored by the Middleburg Community Charter School. Call 540-687-6375 to RSVP by 12/08.

Location: Middleburg Comm. Charter School

Pay at door	\$5.00/family
F	12/11-12/11 6:30P-9:00P

LUNCH WITH SANTA!

(All ages) Have lunch with Santa! Santa will join participants in the gym to play games, make crafts and take pictures. Parents who want their own lunch must sign up separately (section 02). Pre-registration is required; space is limited. Call 703-430-9480 for more information.

Location: Sterling Community Center

203789-01	\$8.00/child
Sa	12/12-12/12 11:00A-12:30P
203789-02	\$4.00/optional parent lunch
Sa	12/12-12/12 11:00A-12:30P

MOONBOUNCE PARTY W/ SANTA

(Ages 1-5) Our gym will turn into a fun Holiday party with lots of music, moonbounces, crafts projects and games with a special visit from Santa! Bring your camera for pictures. Call 703-430-9480 for more information.

Location: Sterling Community Center

203777-01	\$6.00
Th	12/17-12/17 10:00A-11:30A

GINGERBREAD DECORATORS

(Ages 3-5) Parents and young children will decorate a small gingerbread house. We'll also have cookies to decorate and enjoy with hot chocolate. Please notify us of any dietary restrictions or allergies at least two weeks prior to the class. Call 703-430-9480 for more information.

Location: Sterling Community Center

203103-01	\$8.00
F	12/18-12/18 11:15A-12:15P

GIRLS NIGHT OUT

(Ages 5-10) Have a night out with the girls. Enjoy a pizza dinner, baking and decorating cookies, make a holiday craft and lots more fun! Call 571-258-3500 for more information.

Location: Claude Moore Community Center

210701-01	\$16.00/first child
F	12/18-12/18 5:00P-9:00P
210701-02	\$8.00/add'l child
F	12/18-12/18 5:00P-9:00P

PARENT'S MORNING OUT

(Ages 3-11) Enjoy a morning to yourself to do any last minute holiday shopping and gift wrapping while the kids enjoy crafts, games, pizza for lunch and family friendly movie. Call 571-258-3500 for more information

Location: Claude Moore Community Center

210715-01	\$16.00/first child
Sa	12/19-12/19 9:30A-1:30P
210715-02	\$8.00/add'l child
Sa	12/19-12/19 9:30A-1:30P

SANTA'S SITTERS

(Ages 2-12) Head out to take care of your last

minute shopping while we take care of the little ones. Our gym will be transformed into a Moonbounce Paradise for kids to enjoy! They are guaranteed to be entertained with activities, games, crafts, movies and more. Pizza and drinks will be served. Kids will be divided into separate age groups (2-5 & 6-12). Call 703-430-9480 to ask about our toilet-training policy.

Location: Sterling Community Center

203749-01	\$15.00
Sa	12/19-12/19 10:30A-2:00P

JANUARY**LUCKETTS BLUEGRASS**

(All ages) See description for December. Call 703-771-5281.

Location: Lucketts Community Center.

Pay at door	\$15
Sa	on-going 7:00P-10:30P

PARENT'S NIGHT OUT

(Ages 3-11) See description for December. Call 571-258-3500 for more information.

Location: Claude Moore Community Center

210713-03	\$16.00/first child
F	1/8-1/8 5:00P-9:00P
210713-04	\$8.00/add'l child
F	1/8-1/8 5:00P-9:00P
210713-05	\$16.00/first child
F	1/22-1/22 5:00P-9:00P
210713-06	\$8.00/add'l child
F	1/22-1/22 5:00P-9:00P

BUILD & BOUNCE

(Ages 10 & under) See description for 12/4 & 12/5. Call 703-430-9480 for more information.

Location: Sterling Community Center

203720-03	\$5.00
F	1/8-1/8 5:30P-7:30P
203720-04	\$5.00
Sa	1/9-1/9 9:30A-11:30A

PARENT'S NIGHT OUT

(Ages 5-12) Head out on the town and leave the fun kid's stuff to us! We'll have dinner, a movie, themed crafts, and activities for the kids to do while you enjoy your date night. RSVP by 1/4 by calling 540-687-6375.

Location: Middleburg Community Center

Movie: *Inside Out*

208204-01	\$20/first child, \$15/add'l child
F	1/8-1/8 6:00P-9:30P

THE GREAT DINO HUNT

(All ages) There is an invisible dino loose in the park! Help our staff find it by following clues and tracking it down! Can you find the hidden

dino in the dirt? Call 571-258-3700 for more information.

Location: Claude Moore Park Visitor Center

261120-01 \$5.00
Sa 1/9-1/9 1:00P-2:00P

COCOA BEAN BOUNCE PARTY

(Ages 4 & under) Hershey's Chocolate was founded in 1894, and being 122 years old calls for a celebration! A chocolate lover's dreams will come true with Hershey's bars, hot chocolate, crafts, and cocoa bean bouncing in our moon-bounces! Call 703-430-9480 for details.

Location: Sterling Community Center

203705-01 \$7.00
M 1/11-1/11 10:00A-11:30A

PJs & A MOVIE

(All ages) Get down and silly with your friends in pajamas and watch Stuart, Kevin, and Bob find their true leader in The Minions! We will have popcorn and drinks! Call 540-687-6375 to RSVP by 1/12.

Location: Middleburg Community Center

Pay at door \$5.00/family
F 1/15-1/15 6:30P-9:00P

JANUARY BOOK SWAP

(All ages) Recycle and save money too! Trade your adult and children's books for more great reading. Books and music CD's, DVD movies and large print books/magazines are all welcome. Call 571-258-3500 for more information.

Location: Claude Moore Community Center

Free event

Sa 1/16-1/16 10:00A-12:00P

CHILI NIGHT IN PHILOMONT

(All ages) We invite you to come out of the cold and warm up with a delicious bowl of chili at our dinner! Call 540-338-5882 to register

Location: Philomont Fire Department

211706-01 \$7.00
F 1/22-1/22 6:30P-8:30P
211706-02 \$4.00
F 1/22-1/22 6:30P-8:30P

WINTER WONDERLAND

(Ages 3-5) Shake off those winter blues and come in for a bouncing good time in the moonbounce, fun winter wonderland craft, chilly songs, snowy stories and activities. Warm up with hot chocolate and a special treat at the end.

Location: Claude Moore Community Center

210717-01 \$12.00
Sa 1/23-1/23 10:00A-12:00P

SNOWFLAKE BALL

(Ages 3-10) You are cordially invited to attend a

Royal Princess Party. Come dressed in your fanciest princess dress. The Lovettsville Community Center will be magically transformed into a castle filled with activities including princess games and stations for making wands and tiaras. Light refreshments will be served. Register by 1/22. REGISTER EARLY...this event will sell out. Call 540-822-5284 or email lovcc@loudoun.gov for more information.

Location: Lovettsville Community Center

202705-01 \$15.00
Sa 1/30-1/30 1:00P-3:00P

FEBRUARY

LUCKETTS BLUEGRASS

(All ages) See description for December. Call 703-771-5281.

Location Lucketts Community Center.

Pay at door \$15
Sa on-going 7:00P-10:30P

BIG GAME KICKOFF MOONBOUNCE

(Ages 4 & under) You've waited all season for the big football game! Join us for a morning of moonbounces, games, crafts, activities, and most important an obstacle course that would make a pro-player proud. Call 703-430-9480 for details.

Location: Sterling Community Center

203719-01 \$7.00
Th 2/4-2/4 10:00A-11:30A

LEGO® MANIA

(Ages 3 & up) Bring your LEGOS® and DUPLO® to test your skill and creativity. You will be assigned a category based on your age and will attempt to finish building within a time limit. Prizes will be awarded. Refreshments will be sold. You must register in order to participate; the deadline is 1/29. REGISTER EARLY...this event will sell out! Call 540-822-5284 or email lovcc@loudoun.gov for more information.

Location: Lovettsville Community Center

202704-01 \$7.00
Th 2/4-2/4 6:00P-7:30P

BUILD & BOUNCE

(Ages 10 & under) See description for 12/4 & 12/5. Call 703-430-9480 for more information.

Location: Sterling Community Center

203720-05 \$5.00
F 2/5-2/5 5:30P-7:30P
203720-06 \$5.00
Sa 2/6-2/6 9:30A-11:30A

BOYS NIGHT OUT

(Ages 5-10) Join us for pizza dinner, moon-bounce fun, and other activities just for boys.

Call 571-258-3500 for more information.

Location: Claude Moore Community Center

210705-01 \$16.00/first child
F 2/5-2/5 5:00P-9:00P
210705-02 \$8.00/add'l child
F 2/5-2/5 5:00P-9:00P

SWEETHEART FATHER DAUGHTER DANCE

(All ages) Come dance the night away with your sweetheart! Enjoy an evening of dancing and a performance from a local dance artist. Refreshments will be provided, along with photos for you to share. Reservations are required by 1/31. Call 540-338-5882 for more information.

Location: Philomont Community Center

211709-01 \$15.00
F 2/5-2/5 6:00P-8:30P
211709-02 \$5.00
F 2/5-2/5 6:00P-8:30P

QUEEN OF HEARTS TEA

(All ages) Are you royalty? Join us for a royal treat as we celebrate royalty and hearts in a tea ceremony. Bring your favorite tea cup and tea bag for the both of you! We will have treats, finger sandwiches, tea and cocoa to complete the table. Call 540-687-6375 to RSVP by 2/2.

Location: Middleburg Community Center.

Pay at door \$10.00 per family
Sa 2/6-2/6 10:00A-11:30A

MARDI GRAS CARNIVAL

(All ages). Join us for a carnival of family fun! Our preschool is transformed into a Mardi Gras atmosphere with decorations, children's games, fun, crafts, face painting, moonbounces and more. There will be no silent auction. Register through Rec Trac in person or through Web Trac. Pre-registration recommended. Call 571-258-3500 for additional information.

Location: Claude Moore Community Center

210733-01 \$3.00
Sa 2/6-2/6 2:00P-6:00P

OUTDOOR SKILLS CLINIC

(All ages) Learn how to prepare for your next hiking or backpacking trip! Topics include packing proper clothing, equipment and food, as well as scenarios in which you might find yourself. Register before 2/9. Call 571-258-3456 for more information.

Location: Dulles South Multipurpose Center

205815-01 \$2.00
Th 2/11-2/11 5:00P-6:00P

PARENT'S NIGHT OUT

(Ages 3-11) See description for December. Call 571-258-3500 for more information.

Location: Claude Moore Community Center

210713-07	\$16.00/first child	
F	2/12-2/12	5:00P-9:00P
210713-08	\$8.00/add'l child	
F	2/12-2/12	5:00P-9:00P
210713-09	\$16.00	First child
F	2/26-2/26	5:00P-9:00P
210713-10	\$8.00	Each add'l child
F	2/26-2/26	5:00P-9:00P

LOVE BUGS VALENTINE GOODIE HUNT

(Ages 2-5) Hunt for your Valentines goody bag in the safety of our playground. (Bad weather or harsh temperature will bring hunt indoors.) Parents stay and assist their children at craft activity tables in our multi-purpose room. Bring your cameras for some great memory photos. Call 571-258-3500 for more information.

Location: Claude Moore Community Center

210703-01	\$8.00	
Sa	2/13-2/13	10:00A-11:00A

FATHER DAUGHTER DANCE

(Ages 2-9) Take your little princess on a date at the community center for an evening of dancing, music and fun.

Location: Claude Moore Community Center.

210718-01	\$15.00/first child	
F	2/19-2/19	7:00P-9:00P
210718-02	\$5.00/add'l child	
F	2/19-2/19	7:00P-9:00P

FEBRUARY BOOK SWAP

(All ages) See description for January Book Swap. Call 571-258-3500 for more information.

Location: Claude Moore Community Center

Free event

Sa	2/20-2/20	10:00A-12:00P
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CHILI DINNER

(All ages) Bust through the winter chill with some Chili and community! You don't want to miss Betty's homemade chips, salsa, and guacamole to compliment the awesome chili dish. Call 540-687-6375 to RSVP by 2/22.

Location: Middleburg Community Center

Pay at door	\$20.00/family	
Th	2/25-2/25	6:00P-8:00P

BACON

(Ages 4 & under) WHEREAS, the Iowa House of Representatives, officially declared February 26th as Bacon Day, so shall we continue the legacy! Get ready to enjoy a fun event full of bacon-themed crafts and games, served with a side of real, delicious BACON. Call 703-430-9480 for more information.

Location: Sterling Community Center

203718-01	\$7.00	
F	2/26-2/26	10:00A-11:30A

PARENT'S NIGHT OUT

(Ages 5-12) See description for January. RSVP by 2/22 by calling 540-687-6375.

Location: Middleburg Community Center

Movie: Pups United

208204-02	\$20/first child	
	\$15/add'l child	
F	2/26-2/26	6:00P-9:30P

ORDINARY TIMES: LIFE IN COLONIAL LANESVILLE

(All ages) Visit the Lanesville Ordinary and take part in early American activities. Enjoy bread making, woodworking, clothes making, open fire cooking, toy making, and more! Refreshments served. Call 571-258-3700 for more information.

Location: Claude Moore Park Historic Area

Free event

Sa	2/27-2/27	10:00A-2:00P
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CRAZY CAPS DAY

(Ages 5-8) Join the fun and decorate your own white baseball cap just in time for spring. Using fabric markers and a variety of decorations, make yours wild or cool to fit your personality. Call 571-258-3500 for more information.

Location: Claude Moore Community Center

210704-01	\$8.00	
Sa	2/27-2/27	10:00A-11:00A

HAPPY BIRTHDAY DR SEUSS

(Ages 3-7) Celebrate Dr. Seuss' Birthday with some moonbounce fun! Enjoy some Green Eggs and Ham, play with Oobleck, make a Cat in the Hat and much, much more! Parents are required to stay with children.

Location: Claude Moore Community Center

210720-01	\$12.00	
Sa	2/27-2/27	10:00A-12:00P

MAPLE TAPPING

(All ages) Join us as we take part in the age-old process of tapping trees and collecting sap. We'll learn about the history of this winter tradition, how to identify maple trees, and the steps included in tapping a tree. End the program with a delicious maple syrup snack and a syrup "taste test." Weather permitting, this program requires the ability to hike about ¾ mile on a trail. Call 540-338-7603 and/or email sarah.delise@loudoun.gov for more information.

Location: Franklin Park

262124-01	\$6.00	
Su	2/28-2/28	10:30A-12:00P
262124-02	\$6.00	
Su	2/28-2/28	1:00P-2:30P

MARCH

Registration for the following March events begins November 12.

DR. SEUSS DAY CELEBRATION

(All ages) Celebrate the birthday of Dr. Seuss! We'll read Dr. Seuss stories, try the Thing 1 & 2 obstacle course, and have lots of zany games and activities. Call 703-430-9480 for more information.

Location: Sterling Community Center

203707-01	\$5.00	
W	3/2-3/2	10:00A-11:30A

BUILD & BOUNCE

(Ages 10 & under) See description for 12/4 & 12/5. Call 703-430-9480 for more information.

Location: Sterling Community Center

203720-07	\$5.00	
F	3/4-3/4	5:30P-7:30P
203720-08	\$5.00	
Sa	3/5-3/5	9:30A-11:30A

2ND ANNUAL BLUEMONT SHAMROCK 5K/10K RACE

(All ages) Run with the luck of the Irish in one of the most picturesque areas of Northern Virginia. The out-and-back course winds through scenic country roads of beautiful Western Loudoun County. Offering both 5K and 10K distances, this race offers something for everyone. Bring the whole family to enjoy food, refreshments and fun. No strollers or pets in the race. Call 540-554-8643 for registration details. Register online at www.raceentry.com/races/bluemont-shamrock-5K10K/2016/register.

Location: Bluemont Community Center

Sa	3/19-3/19	8:00A-11:00A
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Rent one of our rooms or pavilions for your next special event.
www.loudoun.gov/prcs

FRANKLIN PARK ARTS CENTER EVENTS

36441 Blueridge View Lane
Purcellville, VA 20132

540-338-7973

www.franklinparkartscenter.org

DECEMBER

MAIN STREET THEATER PRODUCTIONS: FIDDLER ON THE ROOF

(All ages) In this heartwarming story, Tevye the milkman tries to protect his daughters and his way of life from a changing world. Touching audiences worldwide with its humor, warmth and honesty, this universal show is a staple of musical theatre - fun for the entire family. Visit www.franklinparkartscenter.org for tickets.

Tickets	\$20/general	
	\$15/seniors/students	
	\$10/groups of 20+	
F, Sa	12/4-12/5	7:30P
Su	12/6-12/6	2:00P
F, Sa	12/11-12/12	7:30P
Su	12/13-12/13	2:00P

GALLERY COFFEEHOUSE: John DuRant

A featured musician from the motion picture, GET-TYSBURG, John DuRant will perform in authentic Civil War attire to sing, recite poetry, and perform Civil War period ballads and story songs, using an original 1850's French parlor guitar. This will be a unique opportunity to learn more about the music that sustained the folks back home while the cruel Civil War raged on. John's performances are interactive and singing along is welcomed and encouraged. Coffee included, in a real mug.

Pay at door	\$8.00	
Su	12/6-12/6	6:30P

JOHN HARDY: A CHRISTMAS CAROL, A ONE MAN PERFORMANCE

The Albuquerque Journal writes "John Hardy's one-man version of A Christmas Carol... a stunning work of theatrical virtuosity. Run to see this; take the whole family. You will be transfixed from the first moment.... This play brings the story to life.... I've seen this story many times but never like this... it will be as if you are seeing it for the first time." Visit www.franklinparkartscenter.org for tickets.

Tickets	\$20.00	Reserved Seating
F	12/18-12/18	8:00P

THE CHORUS OF THE OLD DOMINION

Loudoun's own Chorus of the Old Dominion and Fairfax Jubilaires will perform classic holiday

favorites in this family friendly holiday sing-a-long. Hot chocolate and apple cider will be served at intermission. Call to reserve tickets at 540-338-7973.

Pay at door	\$15/Adults,	
	\$12/Seniors/Students/Military,	
	Free/Ages 10 & under	
Sa	12/19-12/19	2:00P & 7:00P

LAST HAM STANDING COMEDY IMPROV

(All ages) Don't miss this hilarious show full of laughs for the entire family. A group of talented performers take suggestions from the audience to create wacky scenes and funny improv games. If you like Whose Line Is It Anyway, you'll love Last Ham Standing...the other comedy meat! Visit www.franklinparkartscenter.org for tickets.

Pay at door	\$12/Adults, \$10/Seniors,	
	\$8/Youth	
Sa	12/26-12/26	8:00P
F	1/29-1/29	8:00P
F	2/19-2/19	8:00P

FAMILY NEW YEAR'S EVE CELEBRATION

(All ages) Ring in the New Year with a family-friendly celebration featuring entertainment by Loudoun Valley High School Comedy Cult and The Great Zucchini! Glowsticks and party favors for everyone, refreshments and simple party crafts, photo booth and more! Then countdown to "midnight" at the end of our party - and parents can still get home in time to watch the festivities in Times Square. This event SOLD OUT last year; please register in advance.

263714-01	\$10.00	Individual
263715-02	\$35.00	Family of 4+
Th	12/31-12/31	7:00-9:00P

JANUARY

ELVIS: FROM MEMPHIS TO VEGAS

This musical tribute to Elvis begins with his early days at Sun Records records and traces his path to musical immortality. It's a hip swiveling, leg shaking great time as Clay Arthur and the band roll the clock back and relive the songs that made Elvis the King. Visit www.franklinparkartscenter.org for tickets.

Tickets	\$15.00	Reserved Seating
F	1/8-1/8	8:00P

LEESBURG CIVIC BALLET FESTIVAL

Performances by professional and pre-professional ballet companies. Contemporary and classical pieces will grace the stage. Call 540-338-7973 for more information.

Pay at door:	\$10.00	
Su	1/10-1/10	2:00P, 5:00P

BLUE SKY PUPPETS: THE ELEVENTH FINGER

Since 1974, Blue Sky Puppets have been one of the finest touring children's theatres on the East Coast. In this production Feathers, an apprentice wood-carver sets off on a journey to discover the secret of the Eleventh Finger.

Pay at door	\$5.00/person	
W	1/13-1/13	10:00A

BRUCE BLAYLOCK AND THE BEAT HOTEL

The Beat Hotel captures the Crescent City's unique musical hybrid of R&B, funk, soul and blues with a wonderful groove sensibility that is both creative and fresh. Their well-crafted melodies, a kicking horn section, and rich vocal harmonies have entertained audiences from the Monterey Blues Festival, The House of Blues, the 9:30 Club, Blues Alley, and the White House. Visit www.franklinparkartscenter.org for tickets.

Tickets	\$20.00	Reserved Seating
Sa	1/16-1/6	8:00P

GALLERY COFFEEHOUSE: THE COMEDY CULT IMPROV

Join the spontaneous and talented crew of Loudoun Valley HS Comedy Cult Improv team as they take audience suggestions and create theatrical scenes and stories on the spot! Unique comedy at its best! Coffee included, in a real mug.

Pay at door	\$8.00/person	
Su	1/17-1/17	6:30P
Su	2/21-2/21	6:30P

DANNY KNICELY'S 10th ANNUALCONCERT

(All ages) Danny Knically's tenth Annual concert celebrates the 106th birthday of Gypsy Jazz guitarist Django Reinhardt, featuring past and present members of the Blue Rhythm Boys, Furnace Mountain, The Dixie Power Trio, Danny Gratton's Band and Dan Hick's Hot Licks. Danny Knically - mandolin, Bert Carlson - guitar, Tom Mitchell - guitar, David VanDeventer - fiddle, John Previti - bass, Aimee Curl - vocals. Tickets can be reserved by email at info@dannyknically.com or purchased at the door.

Tickets	\$20/Advance, \$25/Door	
Sa	1/23-1/23	8:00P

GALLERY COFFEEHOUSE: Meet the Artist: JOAN GARDINER

(Ages 16 & up) Clay is Joan Gardiner's canvas, glaze is her paint and her hands are her brush. Her creations are described as beautiful and functional and her artwork graces many public venues in Loudoun County. Coffee included, in a real mug.

Pay at door	\$8.00	
Su	1/24-1/24	6:30P



Franklin Park Arts Center

Now in our 8th Season!



Music • Visual Art • Theater • Dance

540-338-7973

www.franklinparkartscenter.org

36441 Blueridge View Lane,
Purcellville, Virginia 20132



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THE IMMORTALS

Selections to include Rock, Soul, Contemporary, R&B, Jazz standards and originals by the members. The Immortals are a group made up of the best music students at Loudoun Music Instruction.

Pay at door \$7.00

Sa 1/30-1/30 7:00P

FEBRUARY**LOUDOUN CENTRE THEATRE: HAIRSPRAY**

The big musical hit, winner of eight Tony Awards, that will sweep you away to 1960's Baltimore where the '50s are "so out" and change is in the air. Queen-sized teen Tracy Turnblad, who has all the right moves, turns her passion for dancing into a spot on the local TV dance program. Transformed into an overnight teen celebrity, Tracy teaches 1962 Baltimore a thing or two about integration and fair play. Visit www.franklinpark-artscenter.org or www.thelct.org for tickets.

Tickets \$15.00

F 2/5-2/5 7:30P

Sa 2/6-2/6 2:30P-7:30P

F 2/12-2/12 7:30P

Sa 2/13-2/13 2:30P-7:30P

GALLERY COFFEEHOUSE: Readers Theatre "Love Letters" by A. R. Gurney

(Ages 16 & up) Local ensemble Imagine That! interprets the written word using only their expressions and voices. A sophisticated dramatic performance that may make you laugh out loud or cry in the same evening. Coffee included, in a real mug.

Pay at door \$8.00

Su 2/14-2/14 6:30P

CHINESE NEW YEAR EVENT

(all ages) Celebrate the Year of the Monkey, wear the lucky color red, enjoy arts and crafts, solve Lantern Tiger Riddles and enjoy refreshments and entertainment. This program is also a reception to celebrate the opening of our yearly Youth Art Show.

263714-01 \$10.00 Individual

263715-02 \$35.00 Family of 4+

Sa 2/20-2/20 1:00P-4:00P

LOUDOUN SYMPHONY ORCHESTRA: CHAMBER MUSIC

Loudoun Symphony presents a chamber concert featuring a variety of small ensembles on a number of pieces to delight — from the Rossini Sonata No. 2 and Hoagy Carmichael's Stardust to the Rimsky-Korsakov Procession of the Nobles.

Pay at door \$30/Adults, \$25/Seniors

Free/Ages 17 & under

Su 2/21-2/21 3:00P

THE EDGE: MALONE BENEFIT CONCERT

An inspiring evening of contemporary dance with the performers of the Edge Company, Ashburn Academy of dance's resident contemporary dance company, committed to artistic excellence. For ticket reservations call 703-723-8089.

Pay at door: \$20/Adult, \$10/Child

Sa 2/27-2/27 7:00P

LOUDOUN SCHOOL OF BALLET WINTER SHOWCASE

Performances from the contemporary performing companies of The Loudoun School of Ballet, Showkids, Protege, Loudoun Taps! and pre-professional JAZZ&CO DANCE.

Pay at door \$10.00

Su 2/28-2/28 3:00P

GALLERY EXHIBITS

The Franklin Park Arts Center Gallery is open Monday-Friday 9:00 a.m.-5:00 p.m. and weekends during performances. Call for more information on submitting artwork.

PLEIN AIRE PASTORAL SHOW

Artwork created in plein aire —in the outdoors —of Loudoun County. Open to all art mediums. Exhibit open through January 3, 2016.

Entry fee \$20.00/piece

Opening reception

Su 11/29-11/29 1:00P-3:00P

GLITZ & GLAMOUR SHOW

Sponsored by Friends of Franklin Park Arts Center entries can use media or incorporate found items that produce shine, sparkle or your idea of glitz or entries could embody the concept of glamour. On display from January 8–31 in the Gallery

Entry fee \$20.00/piece

Opening reception

F 1/8-1/8 6:00–8:00 P

YOUTH ART SHOW

On display from February 5–28. The opening reception will be held reception at the Chinese New Year/Year of the Monkey event.

Entry fee \$5.00/piece

Opening reception

S 2/20-2/20

TRIPS COUNTYWIDE

This section lists some of our countywide trips in chronological order by date. Please call the number listed for more information.

PREVIOUSLY ADVERTISED**NY CITY DAY TRIP**

(All ages) Travel by motor coach to New York City. The bus will drop off on 8th Ave., between 50th and 51st Streets. We will be in New York for eight hours. Call 703-771-5913 for more information.

Depart/Return: Leesburg Park & Ride, 19730 Sycolin Road

104701-01 \$60.00

Sa 12/12-12/12 6:00A-11:59P

104701-02 \$60.00

Sa 12/19-12/19 6:00A-11:59P

DECEMBER**NIGHT SKIING AT LIBERTY**

(All ages) Enjoy skiing in the beautiful Pennsylvania mountains! Price includes transportation and lift ticket. Email Darby.Charles@loudoun.gov regarding fees excluding lift tickets. This is a non-chaperoned trip; minors MUST be accompanied by a parent/guardian. Call 571-258-3456 for more information.

Depart/Return: Dulles South Multipurpose Ctr

205913-01 \$70, \$24/transportation only

Su 1/24-1/24 2:30P-11:00P

NIGHT SKIING AT WHITETAIL

(All ages) See description for Night Skiing at Liberty.

Depart/Return: Dulles South Multipurpose Ctr

205912-01 \$70, \$24/transportation only

Su 2/7-2/7 2:30P-11:00P

BLUE KNOB SKI TRIP

(All ages) Enjoy the fresh powder of Pennsylvania mountains! Price includes transportation and lift ticket only. Participants must pay their own rental and lesson fees. This is a non-chaperoned trip; minors MUST be accompanied by a parent/guardian. Call 571-258-3456 for more information.

Depart/Return: Dulles South Multipurpose Ctr

205911-01 \$110.00

Sa 2/20-2/20 6:00A- 9:00P

**REGISTER
ONLINE!**

VISIT WWW.LOUDOUN.GOV/WEBTRAC

TRIPS FOR SENIORS

Winter Senior Trips registration begins on 11/10/15 unless otherwise noted. All trips are for individuals 55+. Transportation is by 28-passenger bus or motor coach. First price listed is for current senior center members (Carver, Cascades, Dulles South, and Leesburg); second price listed is for non-members. Departure and return locations for most trips: Carver Senior Center (Purcellville), Cascades Senior Center (Sterling) and Leesburg Wal-Mart (west side of parking lot). Please note, some departures scheduled from Dulles South. Return times are estimated and may vary. Sign-up is required at any PRCS facility with access to RecTrac or online through WebTrac (day trips only). Return times are estimates and may change based on show length and traffic. There are no refunds, although a refund minus an administrative fee (30% for day trips, 20% for overnight trips) may be issued if your seat is resold.

DAY TRIPS

THERE'S NO PLACE LIKE HOME FOR THE HOLIDAYS - ALLENBERRY RESORT INN & PLAYHOUSE - BOILING SPRINGS, PA

Begin your holiday season with a festive trip to Allenberry. Carolers will treat you to some holiday classics as you enjoy your lunch. After enjoy an original Allenberry play *There's No Place like Home for the Holidays*. In that awkward age between childhood and adulthood, Ruby longs for an adventure away from home at Christmas time, but she couldn't possibly anticipate the journey that awaits her. With a nod to The Wizard of Oz, this young girl's voyage into the extraordinary and enchanting North Pole like you've never seen it, will delight audiences of all ages and remind us all of the true meaning of the holidays. Before heading home have some hot cocoa and cookies with the cast. Price includes motor coach transportation, bountiful buffet lunch, tip and show. Minimum walking. Limited to 52.

245611-01 \$89/member, \$93/non-member
W 12/2-12/2

SMITHSONIAN MUSEUMS – WASHINGTON, DC

Drop off and pick-ups at American History, Natural History, Gallery of Art, American Indian (1 block from U.S. Botanical Gardens), Air and Space and African Art/Freer/Hirsh horn/Sackler Museums. Lunch on your own. Price includes transportation. Extensive walking. Limited to 28.

245612-01 \$12/member, \$16/non-member
M 12/7-12/7

OLIVER - ARENA STAGE - WASHINGTON, DC

Join us for this gold – standard musical! Charles Dicken's unforgettable characters burst to life in this classic, Tony Award winning musical about an innocent orphan thrown into the dark world of double dealing thieves and conmen of 19th-century London. Bursting with jubilant songs (You've Got to Pick a Pocket or Two, Consider Yourself, Where is Love? Food, Glorious Food), this musical feast for the eyes and ears will have everyone calling out for "MORE!" If you saw Fiddler last year, you know you don't want to miss this one. Price includes motor coach transportation and show. Optional gratuity for driver not included. Minimum walking. Limited to 52.

245613-01 \$85/ member, \$89/non-member
W 12/9-12/9

THE SOUND OF MUSIC – HIPPODROME - BALTIMORE, MD

The hills are alive! A brand new production of *The Sound of Music* is coming to the historic Hippodrome Theatre. The spirited, romantic and beloved musical story of Maria and the Von Trapp Family will once again thrill audiences with its Tony, Grammy and Academy award-winning Best Score, including My Favorite Things, Do-Re-Mi, Climb Every Mountain and Edelweiss. Price includes transportation and show. Minimum walking. Limited to 27.

245614-01 \$104/member
\$108/non-member
Su 12/13-12/13

CHRISTMAS AT LONGWOOD GARDENS - KENNETT SQUARE, PA

No holiday is complete without a visit to Longwood Gardens, where more than 500,000 twinkling lights and spectacular fountain shows compose a brilliant indoor and outdoor wonderland you are sure to love. Stroll through the grounds and marvel at lights strung on 40 miles of wire glowing in the trees. Large starry snowflakes and icicles sparkle throughout the gardens, while the continuously performing Theatre fountains present the colors of a Christmas rainbow. Price includes motor coach transportation, admission and boxed lunch. Have dinner on your own in the Café. Optional gratuity for driver not included. Extensive walking. Limited to 52.

245615-01 \$71/member, \$75/non-member
W 12/16-12/16

A CHRISTMAS CAROL - FORD'S THEATRE - WASHINGTON, D.C.

If you missed this Ford's Theatre joy last year you do not want to miss it again! Join the ghosts of Christmas past, present and future as they lead the miserly Ebenezer Scrooge on a journey of transformation and redemption. This music infused production captures the magic and joy of the Dickens' yuletide classic. Show is at 2:00

pm. Have lunch on own in area restaurants before show. Museum opens one hour before show. Price includes motor coach transportation and show. Moderate walking. Limited to 52

245616-01 \$88/member, \$92/non-member
Th 12/17-12/17

SPIES OF GEORGETOWN WALKING TOUR

This approximately 2 ½ hour walking tour will highlight sites associated with spies, counter spies and covert action successes and failures. Come learn real life stories that took place in the narrow historic streets, trendy restaurants and stylish homes of "fashionable Georgetown". Your guide is Carol Bessette a retired Air Force Officer, former President of the National Military Intelligence Association and Long-term lecturer for Road Scholar Programs. Have lunch on your own in Georgetown after the tour. Limited to 20. Extensive walking and long periods of standing.

245617-01 \$25/member, \$29/non-member
F 12/18-12/18

MOTOWN, THE MUSICAL - NATIONAL THEATRE - WASHINGTON, D.C.

Motown the Musical is Broadway's record-breaking smash hit that tells the true story behind the beat that changed minds, touched lives and took the world by storm. Price includes transportation and admission. Bring snacks or lunch to eat on bus. Minimum walking. Limited to 27.

245618-01 \$124/member, \$128/non-member
S 12/19-12/19

THE MIRACLE OF CHRISTMAS - SIGHT & SOUND THEATRE - LANCASTER PA

Go back in time and witness the greatest birth in history when Miracle of Christmas returns to Lancaster PA for the 2015 holiday season! Be surrounded by the bustling village of Bethlehem as camels, horses, donkeys and villagers pass by. Be transported to the hillside where legions of angels descend upon the shepherds to proclaim, "The Savior is Born!" Price includes motor coach transportation, lunch smorgasbord at Shady Maple Restaurant, and show. Minimum walking. Limited to 52. Optional gratuity for motorcoach driver not included. Return trip will include stop for dinner on own.

245619-01 \$125/member
\$129/non-member
Tu 12/22-12/22

HOLLYWOOD CASINO TRIP - CHARLES TOWN, WV

Enjoy slots, table games and simulcast horse racing. Lunch on your own. Price includes transportation and \$10 playback cash with player's card and driver's license. Minimum walking. Limited to 28.

245610-01 \$12/member, \$16/non-member
W 12/30-12/30

SMITHSONIAN MUSEUMS – WASHINGTON, DC

Drop off and pick-ups at American History, Natural History, Gallery of Art, American Indian (1 block from U.S. Botanical Gardens), Air and Space and African Art/Freer/Hirsh horn/Sackler Museums. Lunch on your own. Price includes transportation. Extensive walking. Limited to 28.

245620-01 \$12/member, \$16/non-member
M 1/4-1/4

ELVIS: FROM MEMPHIS to VEGAS - FRANKLIN PARK ARTS CENTER - PURCELLVILLE, VA

Take a journey back to July 5, 1954 in Memphis, Tennessee when three kids and a record producer changed the music scene forever. This musical tribute to Elvis begins with his early days at Sun Records and traces his path to musical immortality. It's a hip swiveling, leg shaking great time as Clay Arthur and the band roll the clock back and relive the songs that made Elvis the King. Price includes transportation and show. Minimum walking. Limited to 28.

245621-01 \$25/member, \$29/non-member
F 1/8-1/8

MAME- RIVERSIDE DINNER THEATRE - FREDERICKSBURG, VA

Starring Sally Struthers, *Mame* is a celebrated Broadway musical "classic" that revolves around the hilarious antics of Mame Dennis, a fun-loving, wealthy eccentric with a razor sharp wit and a flair for living life to its fullest. Through life's many ups and downs Mame's invincible character shines through as she strives to keep her tumultuous existence under control. Memorable songs include Mame, It's Today, Open a New Window, We Need a Little Christmas and Bosom Buddies. Price includes plated lunch and tip, show and transportation. Minimum walking. Limited to 28.

245622-01 \$77/member, \$81/non-member
W 1/13-1/13

1964: THE TRIBUTE - WEINBERG CENTER FOR THE ARTS - FREDERICK, MD

Back by popular demand is the Fab Four celebration hailed by Rolling Stone as the "Best Beatles' Tribute on Earth." A perennial favorite on the Weinberg stage, it's all the magic of John, Paul, George and Ringo right in Frederick. Includes transportation and show. Limited to 27. Minimum walking.

245623-01 \$45/member, \$49/non-member
F 1/15-1/15

WEST SIDE STORY - SIGNATURE THEATER - WASHINGTON DC

Beautiful, passionate, with shades of violence

and heartache, this innovative adaptation of Shakespeare's Romeo and Juliet still dazzles after more than 50 years. Considered one of the greatest musicals of all time, *West Side Story's* legendary jazz, Latin and classical inspired score features the treasured songs Something's Coming, Tonight, I Feel Pretty and America. Includes transportation and show. Limited to 27. Minimum walking.

245624-01 \$87/member, \$91/non-member
W 1/20-1/20

THE BAND OF THE ROYAL MARINES - GEORGE MASON CENTER FOR ARTS - FAIRFAX, VA

Two of Great Britain's most respected military musical institutions take the stage in full regalia, bringing to life the magnificent pageantry of British tradition and history. Thrill to the distinctive sounds of their bagpipes, brass and stirring anthems combined with the spectacle of regimental marches and spirited Scottish Highland dancing. Includes transportation and show. Limited to 27. Minimum walking.

245625-01 \$62/member, \$66/non-member
Sa 1/23-1/23

SWEAT - ARENA STAGE - WASHINGTON, DC

A group of close friends shares everything: drinks, secrets and laughs. But when rumors of layoffs shake up the local steel mill, the fragile bonds of their community begin to fray and a horrific crime sends shock waves across two generations. This gripping world premiere explores Americas' industrial decline at the turn of the millennium by examining the inhabitants of one PA town who still struggle to reclaim what's lost, find redemption and redefine themselves in a new century. Show is at 12:00P. Bring snacks or bag lunch. Price includes transportation and show. Minimum walking. Limited to 27.

245626-01 \$69/ member, \$73/non-member
W 1/27-1/27

HOLLYWOOD CASINO TRIP – CHARLES TOWN, WV

See description for 12/30.

245610-02 \$12/member, \$16/non-member
Th 1/28-1/28

PHANTOM OF THE OPERA – HIPPODROME - BALTIMORE, MD

Cameron Mackintosh's spectacular new production of Andrew Lloyd Webber's *The Phantom of the Opera* comes to the Hippodrome as part of a brand new North American Tour. This production, which retains the beloved story and thrilling score, boasts exciting new special effects, scenic and lighting designs, staging and choreography and has been hailed by critics as bigger and better than ever before. Price includes motor coach transportation and show. Minimum walking. Limited to 52.

245627-01 \$134/ member,
\$138/ non-member
Sa 2/7-2/7

SMITHSONIAN MUSEUMS – WASHINGTON, DC

Drop off and pick-ups at American History, Natural History, Gallery of Art, American Indian (1 block from U.S. Botanical Gardens), Air and Space and African Art/Freer/Hirsh horn/Sackler Museums. Lunch on your own. Price includes transportation. Extensive walking. Limited to 28.

245628-01 \$12/member, \$16/non-member
M 2/8-2/8

THE GLASS MENAGERIE - FORD'S THEATRE - WASHINGTON, D.C.

One of the greatest American plays of the 20th Century, *The Glass Menagerie* explores the visceral bonds of family. Southern matriarch Amanda frets constantly over her two live-in adult children—the painfully shy Laura and Laura's poet brother Tom. With great cajoling, Tom brings home a possible suitor for Laura but reality soon casts a shadow on Amanda's dreams for both her children. This iconic, emotional and enduring family drama made Tennessee Williams famous and has become a classic of the American repertoire. Have lunch on own in area restaurants before show. Price includes transportation and show. Moderate walking. Limited to 27.

245629-01 \$49/member, \$53/non-member
Th 2/18-2/18

SMITHSONIAN ART & PORTRAIT GALLERY/ SPY MUSEUM / MUSEUM OF CRIME AND PUNISHMENT / MADAME TUSSAUDS – WASHINGTON, DC

Explore American Art Museum and/or National Portrait Gallery, or visit the Spy Museum, the Museum of Crime and Punishment or Madame Tussauds (all nearby – cost about \$15-\$20 each). Lunch on your own. Price includes transportation. Extensive walking. Limited to 28.

245630-01 \$12/member, \$16/non-member
M 2/22-2/22

BUDDY-THE BUDDY HOLLY STORY - RIVERSIDE DINNER THEATRE - FREDERICKSBURG, VA

Buddy is a celebration of the life and times of "the young man with the glasses that catches the unique mixture of innocence, determination, humor and charm that was Buddy Holly and wraps it all up into a package that has become "The World's Most Successful Rock and Roll Musical". Features such timeless hits as that'll be the Day, Peggy Sue, Everyday, Oh Boy and, Not Fade Away. Price includes plated lunch and tip, show and transportation. Minimum walking. Limited to 28.

245631-01 \$77/member, \$81/non-member
W 2/24-2/24

Adult Day Centers of Loudoun County

Special programming designed to engage seniors who may have physical or memory impairments



Provides free time and support for caregivers
Hours: Monday – Friday 7:30 a.m. – 5:30 p.m.

- *Caring, friendly, experienced staff*
- *Comfortable, home-like atmosphere*
- *Physical activities and exercise*
- *Mentally stimulating activities*
- *Assistance with personal care needs*
- *Medication administration*
- *Health monitoring*
- *Nutritious hot lunches and snacks*
- *Transportation (select areas)*

To learn more, please call or visit us online at www.loudoun.gov/adultday

Leesburg Adult Day Center
16501 Meadowview Court
Leesburg, Virginia
703-771-5334

Eastern Loudoun Adult Day Center
45140 Riverside Parkway
Ashburn, Virginia
571-258-3232

Carver Adult Day Center
200 Willie Palmer Way
Purcellville, Virginia
571-258-3402



The Loudoun County Area Agency on Aging is a division of
Loudoun County Department of Parks, Recreation & Community Services

HOLLYWOOD CASINO TRIP – CHARLES TOWN, WV

See description for 12/30.

245610-03 \$12/member, \$16/non-member
Th 2/25-2/25

OVERNIGHT TRIPS

CHRISTMAS IN OLD VIRGINIA - Mars Tour

Step back in time this Christmas season and experience a Historic Yuletide. In Jamestown, join in Christmas traditions and holiday festivities as the earliest settlers might have enjoyed. Have a Dickens Christmas dinner at historic Boxwood Inn. Tour Colonial Williamsburg and have lunch at a Colonial tavern. Visit Berkley and Edgewood Plantations, both beautifully decorated with twinkling trees, gleaming fireplaces and glistening candles. Enjoy dinner at Lewis Ginter Botanical Gardens and walk through the Gardenfest of Lights. Finally, enjoy lunch at the Mount Vernon Inn followed by a tour of the holiday-decorated house and plantation of George and Martha Washington. See flyer for details. Limited to 52. Extensive walking.

Total Cost \$741/member,
\$786/non-member double
\$873/member,
\$918/non-member single

945616-01 \$247/member,
\$262/non-member
\$291/member,
\$306/non-member
due upon registration

945616-02 \$247/\$262 or \$291/\$306
due Oct. 16

945616-03 \$247/262 or \$291/\$306
due Nov. 27

F-M 12/11-12/14/15

AREA AGENCY ON AGING

20145 Ashbrook Place, Suite 170
Ashburn, VA 20147
703-777-0257
M-F 8:30A 5:00P

The Loudoun County Area Agency on Aging (AAA) is the central point of contact for seniors, caregivers, and their families. The mission of the agency is to foster independence and healthy aging, and improve the quality of life for older adults and their caregivers through comprehensive programs and services. AAA provides the following programs and services:

Adult Day Centers
Caregiver Education
Case Management Services
Congregate Lunch Programs
Disease Prevention & Health Promotion
Fan Care/Cooling Assistance
Home Delivered Meals
Information & Assistance
Medicare Counseling
Senior Centers
Volunteer Opportunities

CAREGIVER EDUCATION PROGRAMS

The caregiver education series offer learning opportunities for seniors, caregivers, and their families on aging-related topics. These programs enhance the ability of the caregiver and family members to provide informal care for as long as appropriate. For more information about these programs, call 703-777-0257 or visit www.loudoun.gov/aaa.

DISEASE PREVENTION & HEALTH PROMOTION

The Area Agency on Aging offers evidence-based disease prevention and health promotion programs and services for older adults, caregivers, and their families. The programs provide information and education to help older adults improve or maintain health-related quality of life through preventing, treating, and reducing the effects of chronic conditions.

The Chronic Disease Self-Management Program (CDSMP) is an evidence-based education program designed by Stanford University that empowers older adults and caregivers to manage chronic health conditions. This free six-week program gives participants the motivation and confidence that is required to manage health challenges. Researchers have found that CDSMP participants have fewer hospitalizations and emergency room visits. Participants have a wide-range of chronic conditions such as arthritis, heart or lung disease, asthma, migraines, HIV, diabetes, Lyme disease, depression, or other illnesses that affect daily life. To find a local workshop, call 703-777-0257 or visit www.loudoun.gov/aaa.

INFORMATION & ASSISTANCE

The Elder Resources team links older adults and their caregivers to supportive community services.

SENIOR CENTERS: GENERAL INFORMATION

ACTIVITIES & FEES

Three full-service senior centers and one senior activity center offer a variety of programs and activities for adults 55 and over. The annual membership fee covering July-June is \$26/person (\$37.50/non-residents). In lieu of membership, seniors may pay a daily drop-in fee of \$2.00 (\$3.00/non-residents). Members receive lower rates for trips and classes, a monthly newsletter and membership privileges at all senior centers. There is a cost of \$4/meal for adults under 60, and a suggested donation for adults 60 and over, for the congregate lunch program.

FACILITY RENTALS

Attractive rental space is available for groups of all ages at three full service senior centers in Leesburg, Sterling and Purcellville for meetings, family reunions, special events, birthday parties and more. Please call the individual senior center for further information.

ADULT DAY CENTERS: GENERAL INFORMATION

Eastern Loudoun Adult Day Center (Ashburn):

571-258-3232

Loudoun County Adult Day Center at Leesburg
703-771-5334

Mac Brownell Adult Day Center (Purcellville):
571-258-3402

PARTICIPANTS

Our centers are open M-F from 7:30A-5:30P to provide a safe, social and interactive environment for seniors with cognitive and/or physical disabilities who are unable to be home alone safely. Activities and services, designed to elicit success and enjoyment, include art and music therapy, individualized exercise, mentally stimulating games, assistance with personal needs, medication management, nutritious hot lunches and snacks, and health monitoring. Limited transportation is available to some areas. Fees are based on a sliding scale.

CAREGIVERS

Adult Day Centers provide respite for those needing support and time away from care giving. Caregiver and Alzheimer support groups are available to provide insight, guidance, companionship, and resources.

Caregiver education programs are available through the AAA Elder Resources Program. For more information, call 703-777-0257 or visit www.loudoun.gov/aaa.

CARVER CENTER

200 Willie Palmer Way
Purcellville, VA 20132

571-258-3400

M-F 9:00A-9:00P

Sa 9:00A-6:00P

For senior classes, programs and events, please refer to the Carver Center section following the Bluemont Community Center listings.

DULLES SOUTH SENIOR ACTIVITY CENTER

24950 Riding Center Drive
South Riding, VA 20105

571-258-3883

M-F 9:00A-5:00 P

Unless otherwise noted, the following classes, activities, and programs for ages 55 & older are FREE, although membership or non-member drop-in fees apply.

SPECIAL EVENTS

Please contact the Dulles South Senior Activity Center for more information about special events for seniors.

ONGOING ACTIVITIES

YOGA FOR SENIORS

Enjoy the benefits of a life with yoga. This class practices yoga while seated. Improve your strength, balance and flexibility. End this class with a good laugh.

M, T, W, F ongoing 11:00A-12:00P

YOGA

Traditional Mat Yoga. Please bring your Yoga mat.
Th ongoing 11:00A-12:00P

TAI CHI

Join us in this beautiful form of exercise from the mainland of China.

Tu, W ongoing 10:00A-11:00A

LINE DANCE

Learn new line dance routines and have some fun.

Tu ongoing 11:00A-12:00P
Th ongoing 1:00P-2:00P

WALK AROUND THE WORLD

Enjoy conversation with friends while "hall-walking" the Dulles South Multipurpose and Senior Center loop.

Tu ongoing 10:30A

EXERCISE EQUIPMENT ROOM

Get fit using the treadmill, bicycle, cardioglide, and free weights.

M, Tu, W, Th, F ongoing 9:00A-5:00P

COMPUTER

Computer help for beginners and more. If you are interested in learning how to use your phone, computer, tablet to its fullest capacity, get help from volunteers Alfred and Baldev.

Tu ongoing 11:30A-1:30P

Th ongoing 11:00A-12:00P

TECH TALK W/ GUM SPRINGS LIBRARY

Staff from Gum Springs Library share tips and tricks for using your technology devices and share the latest information on new technology devices.

1st, 3rd W ongoing 1:30P-2:30P

KNIT 'N' STITCH CLUB

Bring your own supplies. Interested in learning to knit, crochet or sew? Help is available from volunteer instructor.

Tu ongoing 12:30P-2:00P

Th ongoing 10:30A-1:00P

ART GROUP

Join friends to draw, paint etc. with this self-directed group. Bring your own supplies.

W ongoing 1:00P-2:30P

LIBRARY OUTREACH SERVICES

Loudoun County Public Library visits our center for a monthly book/DVD/CD exchange.

4th W ongoing 11:00A-12:00P

ADVISORY BOARD MEETING

Dulles South Senior Activity Center Advisory Board meets the first Tuesday monthly.

1st Tu ongoing 12:45P

SERVICES FOR SENIORS

See an Elder Resources Case Manager for confidential supportive assistance and questions for aging issues and situations. Sign up in the Dulles South Senior Activity Center staff office.

2nd, 4th W ongoing 12:30P-5:00P

INOVA MOBILE HEALTH SERVICES

Stop by and have your blood pressure and heart rate monitored monthly.

1st Tu ongoing 10:00A-12:00P

ENGLISH CHAT

Learn new vocabulary and chat with new friends from around the world.

Tu, W ongoing 12:30 P-1:30P

GAMES GALORE

Start your week and weekend out right...PLAY!

Jump start vocabulary with a good game of Scrabble. Play Dominoes (Mexican Train, Senior Olympic Rules on Tuesdays), Rummikub, Canasta, Hand & Foot, Mahjong and more.

M, Tu, W, Th, F ongoing 10:30P-5:00P

PARTY BRIDGE

Th ongoing 1:00P

BOOK CLUB

Check out the book of the month from the staff office or from the volunteer leader. Read and return to discuss at the monthly meeting.

4th W ongoing 10:00A

CREATIVE WRITING GROUP

Bring your writing tool of choice, either pen and paper or computer. Write and share in a group setting.

1st, 3rd M ongoing 10:00A

BIBLE STUDY

M-F ongoing 10:30A

E-COMMENT

Seniors can record a 2 minute video message to the Board of Supervisors for their review.

W ongoing 12:30A

GUEST SPEAKERS

Check monthly newsletter for guest speaker presentations on a variety of topics.

SHOPPING

Trips twice a month to Dulles Landing Shops including Walmart, Ross, Dick's, Home Goods and more.

2nd, 4th M ongoing 12:30P

LUNCH BUNCH

Monthly outing to a local restaurant. Transportation fee. Pay for lunch on your own. Call the center for location, date & time.

3rd M ongoing

SENIOR CHORUS

Showcase your singing abilities as well as participate in the group songs.

3rd Tu ongoing 1:00P - 2:00 P

MONTHLY BIRTHDAY PARTY

Enjoy cake and celebrate the members' birthdays for the month.

2nd Tu ongoing 12:30P

Please stop by for more information and check out our facility. Schedule Dulles South Senior Activity Center for your next meeting, dance club, bridge group or just a friendly gathering!

SENIOR CENTER AT CASCADES

21060 Whitfield Place
Sterling, VA 20165
571-258-3280

M, W-F 9:00A-5:00P
Tu 9:00A-8:00P

Registration is not required for the following general interest activities for participants 55 and over. They are free, unless otherwise noted, although annual membership or daily drop-in fees apply.

CARDS & GAMES

BINGO

Fee required (15 games)

M, Th ongoing 10:30A-12:00P
Tu ongoing 10:30A-11:30A
F ongoing 1:30P-3:00P

JEOPARDY!

4th W ongoing 11:00A-12:00P

DUPLICATE BRIDGE

Sanctioned game. Fee required.

M ongoing 11:00A-3:00P
Th ongoing 1:00P-4:30P

O'HECK

W ongoing 10:00A-11:30A

PINOCHLE

Th ongoing 11:00A-12:00P

BID WHIST

F ongoing 1:30P-4:00P

PARTY BRIDGE

W, F ongoing 1:00P-4:00P

POKER

Tu, Th ongoing 1:00P-4:30P

BUNCO

1ST W ongoing 1:00P-3:00P

CULTURAL & SOCIAL ACTIVITIES

BOOK DISCUSSION

3rd Tu ongoing 12:00P-1:30P

WRITING GROUP

3rd Tu 1:30P-3:00P

INDIAN CULTURAL GROUP

Open to anyone interested in attending to celebrate Indian Culture

2nd F ongoing 10:30A-12:00P

MORNING REFRESHMENTS & FRIENDSHIP

M-F ongoing 10:00A-12:00P

CURRENT EVENTS DISCUSSION

W ongoing 1:30P-3:00P

GERMAN ACTIVITY

Th ongoing 1:00P-3:00P

ITALIAN ACTIVITY

M ongoing 10:00A-12:00P

CONVERSATIONAL SPANISH

For those who would like to practice their Spanish skills this free activity offers a great opportunity to converse and discuss current topics while improving grammar skills. Prerequisite: Beginning & Intermediate Spanish

Tu ongoing 10:00A-11:30A

KNIT & CROCHET COMMUNITY VOLUNTEERS

Join an active knit & crochet group to create items to benefit children and adults in the community facing illness or crisis.

F ongoing 10:00A-12:00P

CROCHET INSTRUCTION

M ongoing 1:30P-3:00P

CARD MAKING ACTIVITY

M ongoing 1:00P-3:00P

MOVIE, POPCORN & SODA

Movies shown on 8-foot screen.

\$3/movie

3rd W ongoing 1:30P-3:30P

CLASSIC MOVIE NIGHT

Free classic movies shown on 8-foot screen followed by an interactive discussion. Bring snack.

4th Tu ongoing 5:30P-7:30P

OPEN PAINTING

Tu ongoing 10:00A-12:00P

POTLUCK BINGO

Participants bring a dish to share along with a "white-elephant" item to give as a bingo prize.

2nd Tu ongoing 5:30P-7:30P

SENIOR CENTER ADVISORY BOARD

4th Th ongoing 10:00A-11:30A

TEA TIME

\$.50/donation

Th ongoing 2:00P-3:00P

EXERCISE ACTIVITIES

See CLASSES for Zumba®

AEROBICS

M-F ongoing 9:00A

AEROBICS

M, W, F ongoing 10:00A

REJUVENATION EXERCISE

Tu, Th ongoing 10:00A-11:00A

BALLROOM DANCING

W ongoing 11:00A-12:00P

INTRO TO LINE DANCING

M ongoing 11:00A-12:00P

BEGINNER LINE DANCING

W ongoing 10:30A-11:30A

BEGINNER PLUS LINE DANCING

F ongoing 1:15P-2:30P

BEGINNER/INTERMEDIATE LINE DANCING

W ongoing 1:00P-2:00P

LOW/HIGH INTERMEDIATE LINE DANCING

M (Low) ongoing 1:00P-2:30P
Tu (High) ongoing 1:00P-2:30P
Th (High) ongoing 1:00P-2:30P
F (Low) ongoing 1:00P-2:30P

PICKLE BALL

W ongoing 9:30A-10:30A

TAI CHI & QI GONG WITH MABEL

Meditation in motion. Gentle martial arts for

seniors, with breathing concentration exercises. Led by Mabel Chin and Marlene Burkgren. Tuesday class for Beginners.

Tu	ongoing	11:00A-12:00P
F	ongoing	11:00A-12:00P

SELF-HELP & RESOURCES

TEEN TECH TUESDAYS

Bring your mobile device, laptop, tablet and meet with local teens in the computer lab to answer questions, help install apps, or give pointers on how to navigate the internet.

Free (advance sign-up required)

Tu	ongoing	5:00P-7:00P
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SHARE YOUR COMMENTS WITH LOCAL OFFICIALS!

Seniors are invited to participate in the E-Comment program to record comments for the public input session of the monthly Loudoun County Board of Supervisors meetings. E-Comments can be recorded on Thursdays at 10:30 a.m. Contact the center for more details.

AARP DRIVER SAFETY PROGRAM - "SAFE DRIVER"

This two-day program may help to reduce the cost of your insurance.

\$20, \$15 for AARP members

W, F	TBA	10:00A-3:00P
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BLOOD PRESSURE CHECK

M-F	on-going	11:00A-11:30A
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SENIOR OUTREACH TO SERVICES

Provides confidential, supportive assistance linking seniors to services and support in the community.

1st, 3rd W	ongoing	11:00A-1:30P
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HEARING LOSS ASSISTANCE

Joan Cassidy, Northern Virginia Resource Center for Deaf and Hard of Hearing Persons, answers questions about hearing loss and available resources.

3rd Th	ongoing	10:00A-2:00P
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MAN-TO-MAN (PROSTATE CANCER) EDUCATION & SUPPORT GROUP

2nd Tu	ongoing	6:00P-8:00P
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MOBILE HEALTH

Loudoun Healthcare provides blood pressure checks and referrals.

2nd, 4th Tu	ongoing	9:00A-12:00P
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SUPPORT GROUP FOR TINNITUS & HEARING PROBLEMS

1st F	ongoing	2:00P-3:00P
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WEEKLY PROGRAMS

Watch for information in the Senior Center Review (monthly newsletter distributed to all members) about weekly programs such as financial and estate-planning seminars, medical presentations and screenings and lectures on historical events and literary figures.

CLASSES

CERAMICS

Learn how to clean green ware, paint and glaze. Participants may choose from hundreds of molds. Price includes small ceramic piece. Class offered every month. Please check with the Senior Center for current schedule. Instructors: Pat Miller and/or Frank Smith.

\$23/non-member, \$21/member-2 sessions

ZUMBA® GOLD

Dance Fitness program with a Latin/International beat! Zumba® Gold is geared toward active adults learning Zumba® or those who prefer a low-impact version. Drop-in fees listed below. Instructor: Vivian Monroe.

245601-01	\$12/non-member, \$10/member
Th	ongoing 11:00A-12:00P

SPANISH FOR BEGINNERS I

This fun class is for the beginning student or student who needs to refresh his/her beginning skills. Students will need to purchase a textbook (\$25).

245600-01	\$41/non-member, \$21/member
Th	TBA 10:45A-12:00P

INTERMEDIATE SPANISH I

This class is for the student who wishes to further his/her Spanish studies through reading, writing, conversation and cultural exploration. Prerequisites: Beginning and/or Low Intermediate Spanish or its equivalent. Students will need to purchase a textbook (\$25).

245600-02	\$41/non-member, \$21/member
Th	TBA 9:15A-10:45A

ADVANCED SPANISH I

This class is for the student who wishes to further his/her Spanish studies through reading, writing, conversation and cultural exploration. Prerequisites: High Intermediate Spanish I & II or its equivalent. Students will need to purchase two textbooks (\$50).

245600-03	\$41/non-member, \$21/member
M	TBA 1:00P-2:30P

SPECIAL EVENTS

HOLIDAY POT LUCK DINNER

Ham and turkey are provided. Share a dish and gift and your admission is free. \$5 for tickets, if you just want to enjoy the festivities.

245609-01	\$5/dinner only
Tu	12/15-12/15 5:30P-7:30P

NEW YEAR'S PARTY/DANCE

Ring in 2016 with music provided by DJ Sky Dantine. Tasty snacks and beverages will be served. Transportation will be available after the event.

245609-02	\$5/members,
	\$7/non-member/at door
Th	12/31-12/31 1:30P-4:00P

VALENTINE'S DAY PARTY/DANCE

Enjoy our Love Boat theme with music by Sky Dantine, snacks and refreshments. Transportation available afterwards.

245609-03	\$5/members,
	\$7/non-member/at door
F	2/12-2/12 2:00P-4:00P

THE SENIOR CENTER OF LEESBURG

102 North Street, NW, Suite B,
Leesburg, VA 20176

703-737-8039

M, W, Th, F 9:00A-5:00P; Tu 9:00A-8:00P

Membership fee:

\$26/resident, \$39/non-resident

Unless otherwise noted, the following classes, activities, and programs are offered for free to participants ages 55 and older, although membership or drop-in fees apply. Closed on 12/24, 12/25, 1/01, 01/18, 02/15.

ARTS & CRAFTS

HAND-BUILT POTTERY

Cheryl Sutor provides instruction on hand-building. Winter sessions: 12/1, 1/5, 2/2. Price includes all three sessions supplies and kiln firings.

227611-01	\$5.00
1st Tu	12/1-2/2 5:00P-8:00P

SEWING

For the beginner level. Sewing Machine pro-

vided. Bring in your sewing project. Assistance provided by Carol.

M,F 12/7-2/29 9:00A-12:00P

STITCH'N'BEE

Sew, knit, crochet, and needle work. Make new friends and share ideas. Assistance provided by Carol.

M,F 12/7-2/29 9:00A-12:00P

ART STUDIO WITH CAROL

Share techniques and learn new skills from each other. Bring your own supplies and work with expert help from Carol.

M 12/7-2/29 1:00P-3:00P

QUILT MAKERS CLUB

Come to chat and exchange ideas. Bring your own project to work on. Make use of the large tables to spread out your project.

Tu 12/1-2/23 9:00A-12:00P

CROCHET CLUB

Bring your hooks and yarn. Work together on your own projects.

M,F 12/7-2/29 9:00A-12:00P

CARD MAKING W/LEE

Learn as you go. Color, texture, and style can be used to create a bounty of variety. Come and enjoy. Create cards using ink and rubberstamps with other embellishments.

Th 12/3-2/25 10:00A-12:00P

EDUCATIONAL

SPANISH WORKSHOP

Mary Frances leads the group in puzzles and games used to practice the language.

W 12/2-2/24 1:00P-2:00P

DANCE

HULA & FOLK DANCES

Learn new dances from all over the world. No Partner Required. Instruction provided by Minda.

M 12/7-2/29 1:00-2:00P

BALLET

Learn grace and balance with exercise and stretching

With Susan.

M,Tu,W 12/1-2/29 9:30-10:30A

HAPPY HOUR

Get Started! Learn Beginning Level Line Dance with Elfriede.

W 12/2-2/24 12:00P-1:00P

HAPPY FEET

Learn more in Intermediate Level Line Dance with Minda.

W 12/2-2/24 1:00-2:00P

BELLY DANCING

Introduction to belly dancing class will be instructed by Karen.

127657-01

W 12/2-2/24 10:30A-11:30A

LINE DANCE WITH VINNY

Enjoy Vinny and his line dance steps. Take instruction and glide to the music. No Partner is required. All levels welcome.

F 12/4-2/26 10:30A-12:00P

FITNESS

YOGA & LAUGHTER

Combination of chair yoga, stretching, and laughter. Make

New friends in this caring and supportive group.

Th 12/3-2/24 9:30A-10:30A

TAI CHI

Tai Chi is a gentle exercise proven to strengthen muscles. Improve stamina, blood circulation, balance and relaxation. Sucha provides instruction.

M 12/7-2/29 11:00A-12:00P

BODY & MIND WORKS

Use hand weights for a total body workout.

Meets twice a week. Free.

Tu,F 12/1-2/26 2:30P-3:30P

ZUMBA® GOLD

Latin inspired, dance fitness program. Feel the music and move to it with simple steps. Increase coordination and decrease stress. Wear rubber soled shoes, comfortable loose fitting clothing. Bring water and a towel. Certified Instructor: Barbara.

227651-01 \$30.00
Tu 12/1-12/29 11:00A-12:00P

227651-02 \$24.00
Tu 1/5-1/26 11:00A-12:00P

227651-03 \$24.00
Tu 2/2-2/23 11:00A-12:00P

227651-04 \$18.00
F 12/4-12/18 9:30A-10:30A

227651-05 \$24.00
F 1/8-1/29 9:30A-10:30P

227651-06 \$24.00
F 2/5-2/26 9:30A-10:30A

HEALTH, WELLNESS & INFORMATION

DEAF & HARD OF HEARING

Representative Joan Cassidy presents information on devices available and resources to assist with mild to severe hearing loss.

1st W ongoing 9:00A-12:00P

INOVA MOBILE HEALTH SERVICES

INOVA Nurse comes to give blood pressure checks.

1st W ongoing 10:00A-12:00P

LET'S TALK CIRCLE OF SUPPORT

We are all in transition. We are all learning how to deal with the challenges of life. Join the Circle of Support. Mary Ellen will guide the discussion.

3rd M ongoing 10:30A-12:00P

SENIOR OUTREACH SERVICES

Confidential support assistance. Provided by the Area Agency on Aging staff. Sign up in the lobby. Sign-up in advance.

2nd, 4th Th ongoing 11:00A-2:00P

ONGOING CLUBS & GROUPS

BOOK CLUB

Check out the Book of the Month at the front desk to take home and read. Bring back on or before the second Wednesday of the month (12/9, 1/13, 2/10).

W ongoing 10:00A-11:00A

INVESTORS DISCUSSION

Member led discussion. Share your research on investments.

2nd, 4th M ongoing 9:30A-10:30A

PARTY BRIDGE

No partners needed. Stop by and play some bridge with friends.

Tu ongoing 1:00P-4:00P

WRITER'S ROUND TABLE

Share your work with other writers. Give critique and receive advice from fellow writers. We're building a community of senior writers!

Tu ongoing 1:00P-2:00P

BIBLE STUDY

W ongoing 11:00A-12:00P

GOOSE CREEK BRIDGE

Duplicate Bridge Club. Additional fees for group.

Th ongoing 9:00A-2:00P

LOUDOUN BRIDGE BUFFS

Duplicate Bridge Sanctioned ACBL Game. Fees apply.

F ongoing 12:00P-4:30P

CURRENT EVENTS DISCUSSION

Come prepared to engage in stimulating conversation about county, state, national, and international news.

W ongoing 1:00P-2:00P

ADVISORY BOARD MEETING

The Senior Center of Leesburg Advisory Board meets first Thursday of the month.

Th ongoing 2:00P-4:00P

GERMAN CONVERSATION CLUB

2nd, 4th Th ongoing 11:00A-12:00P

OUTINGS**SHOPPING**

Weekly shopping trips to local grocery stores. Check newsletter for details.

Tu ongoing 12:45P

THRIFT STORE SHOPPING

Monthly trips to local thrift stores. Check newsletter for details.

1stW ongoing 12:45P

LUNCH BUNCH

Social outing of the month. Enjoy lunch out with friends. Transportation paid for in advance. Lunch ordered and paid for on your own.

227640-01 \$2.00 Romano's Macaroni Grill
Th 12/17-12/17 11:00A-2:00P

227640-02 \$2.00 Ford's Fish Shack
Th 1/21-1/21 11:00A-2:00P

227640-03 \$2.00 Longhorn Steak House
Th 2/18-2/18 11:00A-2:00P

RECREATION, SOCIAL & GAMES**SETBACK**

Join this new card game.

M ongoing 1:00P-2:30P

EUCHRE

Card Game with friends old and new.

Tu, ongoing 9:30A

Th ongoing 1:00P

TEXAS HOLD'EM

Tu,Th ongoing 9:00A-11:45A

RUMMIKUB

M,Tu,W,Th,F ongoing 9:00A-5:00P

MAJHONGG

Play the card versions of this popular game.

W ongoing 12:30P

OH HECK!

M ongoing 10:00A-12:00P

MEXICAN TRAIN

Tu ongoing 9:30A-12:00P

CANASTA

Tu ongoing 5:00P

F ongoing 2:00P

BINGO WITH ANNA

Cards are 50 cents each.

Tu ongoing 11:00A

BINGO WITH GAIL

Cards are 50cents each.

F ongoing 12:45P

BIDWHIST

Card Game with friends old and new.

M ongoing 10:00A

Tu ongoing 1:00P

BILLIARDS

Make use of the two regulation slate billiard tables.

M,thru,F ongoing 9:00A-5:00P

Wii BOWLING

Enjoy Wii Bowling fun with new and old friends!

Note subject to change for special event days.

Questions see staff.

F ongoing 12:45P

PICKLEBALL

Indoor version of tennis played with a wooden paddle and a wiffle ball.

M ongoing 3:00P

Tu ongoing 4:30P

Tu,F ongoing 9:00A

BADMINTON

Play this backyard sport in our dining room.

M,W ongoing 9:30A

TABLE TENNIS

Regulation Ping-Pong Table. When space is available.

M thru F ongoing

SPECIAL EVENTS**MOVIE NIGHT**

Admission includes a drink and snack.

227645-01 \$3.00 *Last Holiday*

Tu 12/22-12/22 5:00P-8:00P

227645-02 \$3.00 *God's Not Dead*

Tu 1/26-1/26 5:00P-8:00P

227645-03 \$3.00 *Something's Gotta Give*

Tu 2/23-2/23 5:00P-8:00P

MOVIE DAY

Admission includes a snack and drink.

227649-01 \$3.00 *Last Holiday*

W 12/23-12/23 12:30P-2:30P

227649-02 \$3.00 *God's Not Dead*

W 1/27-1/27 12:15P-2:30P

227649-03 \$3.00 *Something's Gotta Give*

W 2/24-2/24 12:30P-2:30P

INTERNATIONAL FOOD & FASHION

Sample the treat from all around the world. Meet our members in costume. Admission include lunch.

227650-01 \$2.00

W 1/20-1/20 11:00A-2:00P

FAMILY FEUD

Compete in teams of five to compete in this enjoyable fun time!

227652-01 \$2.00

W 1/13-1/13 1:00P-2:30P

DEC 18 HOLIDAY PARTY

Celebrate the holidays. Enjoy musical entertainment and a festive holiday meal.

227655-01 \$5/member, \$7.50/non-member

F 12/18-12/18 11:30A-2:00P

BOWLING @ VILLAGE LANES

Ride the bus to Ten Pin Bowling at Village Lanes in Leesburg. Cost includes bowling shoes, bowling, and bus ride.

227670-01 \$6/member, \$9/non-member

1st, 3rd Th 12/3-12/3 12:30P-2:00P

227670-02 \$6/member, \$9/non-member

1st, 3rd Th 12/17-12/17 12:30P-2:00P

227670-03 \$6/member, \$9/non-member

1st, 3rd Th 1/7-1/7 12:30P-2:00P

227670-04 \$6/member, \$9/non-member

1st, 3rd Th 1/21-1/21 12:30P-2:00P

227670-05 \$6/member, \$9/non-member

1st, 3rd Th 2/4-2/4 12:30P-2:00P

227670-06 \$6/member, \$9/non-member

1st, 3rd Th 2/18-2/18 12:30P-2:00P

TEXAS HOLD 'EM TOURNAMENT

Play the game you have learned and love. Box lunch included in the cost. Awards to the winners. Reservations required by November 24.

227675-01 \$10/member, \$15/non-member
Tu 12/1-12/1 10:30P-2:00P

CLASSIC MOVIES

Sign up for monthly classic movies.

227685-01 Free *Miracle on 34th Street*
M 12/7-12/7 12:30P-2:00P

227685-02 Free *A Christmas Carol*
M 12/14-12/14 12:30P-2:00P

227685-03 Free *The Santa Clause*
M 12/21-12/21 12:30P-2:30P

227685-04 Free *Gentlemen's Agreement*
M 1/11-1/11 12:30P-2:00P

227685-05 Free *Day the Earth Stood Still*
M 2/8-2/8 12:30P-2:00P

VALENTINE'S PARTY

Music will put you in the mood for love. Come and enjoy. Admission includes lunch.

227699-01 \$3/member, \$4.50/non-member
F 2/12-2/12 11:00A-2:00P

LICENSED CHILDREN'S PROGRAMS

CHILDCARE

2014-15 SCHOOL YEAR

(Ages 3-5) Our full and half-time childcare program provides a safe, healthy, learning environment with age-appropriate activities to promote the physical, social and intellectual growth of children. Healthy breakfasts and snacks are provided. Full-time hours are 7:00 a.m. - 6:15 p.m. Contact the community center of your choice for more information and availability.

FEES:

Full-time care	7:00A-6:15P	\$215/week
Afternoon care	12:00P-6:15P	\$189/week
Morning care	7:00A-12:00P	\$165/week
Drop-in care	available basis	\$8/hour
Annual Registration Fee		\$45/year

LOCATIONS

Bluemont Community Center 540-554-4838
Dulles South Multipurpose Ctr. 571-258-3311
Loudoun Valley Community Ctr. 540-338-5035
Lovettsville Community Center 540-822-5381
Lucketts Community Center 703-737-8841

PRESCHOOL

2014-15 SCHOOL YEAR

Our state-licensed, nine-month preschool program operates September through May. Classes are offered for 2½-5 year olds, but vary by location. Currently enrolled families receive registration priority and a lottery is held for remaining spaces. Registration is open until filled for any additional remaining spaces. A \$45 non-refundable registration fee will be required prior to entering the program. The Virginia Department of Social Services requires proof of current immunizations, proof of child identity and age, and a childcare registration form.

LOCATIONS

Bluemont Community Center	540-554-8643
Claude Moore Community Ctr.	571-258-3500
Douglass Community Center	703-771-5913
Dulles South Multipurpose Ctr.	571-258-3456
Loudoun Valley Comm. Ctr.	540-338-4122
Lovettsville Comm. Center	540-822-5284
Lucketts Community Center	703-771-5281
Middleburg Comm. Center	540-687-6375
Philomont Community Center	540-338-5882

AFTER KINDERGARTEN PROGRAM

2014-15 SCHOOL YEAR

(Ages 5-7) Kindergarteners are offered a variety of activities within a safe, supervised, structured environment. The Virginia Department of Social Services requires proof of current physical and immunizations, proof of child identity and age, and a childcare registration form. A \$45 registration fee is payable upon registration.

LOCATIONS

Bluemont Community Center	540-554-8643
Dulles South Multipurpose Ctr.	571-258-3456
Loudoun Valley Community Ctr.	540-338-4122
Middleburg Community Ctr.	540-687-6375
Philomont Community Ctr.	540-338-5882

PM KIDS CLUB

2014-15 SCHOOL YEAR

(Ages 5-11) Our PM Kids Club is a state-licensed, after school care program for grades K-5 that follows the Loudoun County School calendar. Contact the center of your choice for current availability.

LOCATIONS

Bluemont Community Center	540-554-8643
Lucketts Community Center	703-771-5281

Middleburg Community Ctr.	540-687-6375
Philomont Community Ctr.	540-338-5882

REGISTRATION

PRESCHOOL, AFTER K, & PM KIDS CLUB: 2015-16 SCHOOL YEAR

Registration is on a lottery basis and subject to availability. Registration for families currently enrolled in Preschool, After K or PM Kids Club will be held January 4-8. Open registration will be held January 11-21. A \$45 registration fee is payable upon registration. For current availability and more information about licensed Preschool, After K, or PM Kids Club, contact the center of your choice or call 703-777-0343.

AFTER SCHOOL (CASA) LICENSED PROGRAMS

AGE 5-GRADE 5

703-737-8042

Visit www.loudoun.gov/casa for information and forms.

2015-2016 COUNTY AFTER SCHOOL ACTIVITIES (CASA) PROGRAM

This year we are excited to shift directions with our program and enter a new territory. As we seek to provide recreational opportunities for the next generation of creative thinkers - we will focus on "thinking outside the box". Our creative and talented staff has spent countless hours developing a new system that will challenge your child to grow and learn in a positive environment. The activity schedule also includes homework and snack time. CASA follows the Loudoun County Public School calendar. Visit www.loudoun.gov/prcs/camps for programs when LCPS is closed. CASA locations open when school ends and close at 6:00 p.m., with the exception of Lovettsville Community Center, Hutchison Farm, Little River, Arcola, and Pinebrook, which close at 6:15 p.m. AM Kindergarten parents need to find alternate care until the end of the regular school day. Registration procedures are listed below.

2015-2016 CASA Locations/Schools Served

Algonkian, Arcola, Ashburn, Balls Bluff, Belmont Station, Buffalo Trail, Catocin, Cardinal Ridge, Cedar Lane, Cool Spring, Countryside, Creighton's Corner, Kenneth Culbert (Hamilton), Discovery, Dominion Trail, Evergreen Mill, Frederick Douglass, Hillside, Horizon, Hutchison Farm, Leesburg, Legacy, Liberty, Little River, Loudoun Valley Community Center (Emerick, Lincoln), Lovettsville Community Center (Lovettsville), Lowes Island, Meadowland, Mill Run, Moorefield Station, Mountain View, Newton-Lee, Pinebrook,

LICENSED PRESCHOOL, AFTER KINDERGARTEN & PM KIDS CLUB

Our state-licensed, nine-month preschool program follows the Loudoun County public school calendar. Classes are offered for 2½-5 year olds, but ages vary by location. The Virginia Department of Social Services requires proof of current immunizations, proof of age and a childcare application form. Contact your preferred center for current availability.



PRESCHOOL LOCATIONS

Bluemont Community Center	540-554-8643
Claude Moore Community Center	571-258-3500
Douglass Community Center	703-771-5913
Dulles South Multipurpose Center	571-258-3456
Loudoun Valley Community Center	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center	703-771-5281
Middleburg Community Center	540-687-6375
Philomont Community Center	540-338-5882

AFTER K LOCATIONS

Bluemont Community Center	540-554-8643
Dulles South Multipurpose Center	571-258-3456
Loudoun Valley Community Center	540-338-4122
Middleburg Community Center	540-687-6375

PM KIDS CLUB LOCATIONS

Bluemont Community Center	540-554-8643
Lucketts Community Center	703-771-5281
Middleburg Community Center	540-687-6375
Philomont Community Center	540-338-5882



For more information, refer to "Licensed Children's Programs" or visit www.loudoun.gov/prcs.

Potowmack, Frances Hazel Reid, Rosa Lee Carter, Round Hill, Sanders Corner, Selden's Landing, Steuart Weller, Sully (Guilford, Sterling, Forest Grove), Sycolin Creek, Tolbert, Waterford. All CASA locations must have sufficient enrollment, staffing and space before a program can begin. For more information, please contact us or visit www.loudoun.gov/casa.

2015-2016 Fees

CASA: \$325/month/child
Registration Fee: \$45/household/program
Monthly fees are due by the 1st of the preceding month (e.g., due 8/1 for September)

2015-2016 REGISTRATION: CASA

Registration is open until filled. Registration must be done in person at the PRCS administrative office in Ashburn. Office hours are 8:30 a.m.-5:00 p.m., Monday-Friday. Please refer to registration procedures below.

REGISTRATION PROCEDURES

Registration must be done in person and requires the following:

- A Children's Program Division Registration form and addendum. Both forms can be downloaded at www.loudoun.gov/casa or obtained at the PRCS administrative office.
- Current identity verification for each child. Acceptable forms include an original or certified copy of the child's birth certificate, birth registration card, passport, or report card.
- A completed copy of the Commonwealth of Virginia School Entrance Health Form.
- A \$45.00 non-refundable registration fee per family per program.

There are no exceptions! We must have all of the above items to register your child. These items are needed to comply with Virginia state licensing requirements.

YOUTH SERVICES

703-777-0343

YOUTH AFTER SCHOOL (YAS) PROGRAM

(Grades 6-8) YAS offers fun, exciting, recreational activities for middle school students including sports, games, arts & crafts, field trips, drama, tutoring, mentoring, special events and intramural competitions, as well as time for homework, relaxing, and socializing in a safe supervised environment. Students have the opportunity to help plan activities and are encouraged to explore their interests. YAS

is operated in middle schools and follows the Loudoun County Public School calendar. The program begins when the final bell rings and ends at 6:15 p.m.

Fees: \$50/month

YAS Locations

Belmont Ridge, Blue Ridge, Eagle Ridge, Farmwell Station, Harper Park, Mercer, River Bend, Seneca Ridge, Smart's Mill

YOUTH ADVISORY COUNCIL

Members of the Loudoun Youth Advisory Council, in partnership with Loudoun Youth, Inc., have the opportunity to develop leadership skills, meet new people and be a voice for other Loudoun teens. Members plan special events (including Loudoun YouthFest, Battle of the Bands and Step Up), work on community service projects, participate in leadership field trips, and promote events for teens. Applications are accepted on a rolling basis and are available on www.loudounteens.org.

2016 LOUDOUN YOUTHFEST BATTLE OF THE BANDS

Each year, local bands compete for a chance to perform as the opening act at Loudoun YouthFest. The 2016 competitions will take place January 8, February 5, and March 4 at The Studio in Dulles, VA. The final competition will be held on April 8 at Tally Ho in Leesburg, VA. Registration and more information about the Battle of the Bands can be found at www.loudounteens.org.

2016 STEP UP LOUDOUN YOUTH COMPETITION

March 29 at LCPS Administration Building 6:00P-9:30P

Step Up Loudoun Youth Competition is a youth-focused event that identifies youth and community priorities, and helps create enthusiasm and momentum towards making Loudoun County "The Best Place to Grow Up." This event provides opportunities for examining priorities, influencing strategies adopted to address the priorities, and participating in the development of action plans. Step Up encourages active engagement in youth-identified programs and services, uniting diverse components of the community including public and private schools, government, non-profits, and faith-based, community and business organizations, as well as the youth of Loudoun County. For more information or to register, visit www.stepuploudoun.org and www.loudounyouth.org.

ADAPTIVE RECREATION

703-737-8042

Call for pick-up and departure times.

Serving individuals with disabilities.
"Enhancing Your Recreation Experience"

INTEGRATION OPPORTUNITIES

Individuals with disabilities are entitled to recreation opportunities. Adaptive Recreation encourages its participants to integrate into all Loudoun County PRCS programs. Please call staff for any needed assistance or information.

GENERAL INTEREST

FRIENDS OF ADAPTIVE RECREATION

Volunteers meet monthly to discuss events, community awareness, fundraising and sponsorships. Newcomers welcome. Please call Maria Auger at 703-771-5013 for more information.

Location: PRCS office

3rd F (Nov, Jan)
12:30-1:30p

ongoing

HOLIDAY CELEBRATION

(All ages, All levels) Family and friends unite for our annual AR Holiday Party. Join us for lunch and dancing! Sponsored by Friends of Adaptive Recreation. ALL individuals attending the event must be registered in advance. Contact Amy Barker for more information.

Location: The Senior Center of Leesburg

241740-01 Free
Sa 12/12-12/12 11:00A-2:00P

HOLIDAY SHOP 'TIL YOU DROP

(Ages 16 & up, All levels) Still looking for gifts for family and friends? Join us for dinner and an evening of shopping at Dulles Town Center! We'll start with dinner at the food court, then, hit the stores for bargains galore. Don't forget your shopping list and money for dinner and shopping. Contact Caitlin Marcotte for more information.

241724-01 \$10.00
Tu 12/15-12/15 5:00P-8:30P

WINTER WALK OF LIGHTS

(Ages 16 & up, All levels) Join us for dinner and some holiday fun! We'll enjoy dinner out before a leisurely stroll through Meadowlark's Winter Walk of Lights. Please bring at least \$25. Contact Caitlin Marcotte for more information.

241732-01 \$30.00
Th 12/17-12/17 5:00P-9:30P



Battle 1 - January 8 - The Studio
Battle 2 - February 5 - The Studio
Battle 3 - March 4 - The Studio
Finals - April 8 - Tally Ho

The Studio · 45449 Severn Way, Ste. 165, Dulles, VA

Tickets \$5 · Doors open 6 p.m.

Tally Ho · 19 W. Market St., Leesburg, VA

Tickets \$8 · Doors open 6 p.m.

Register bands at loudounteens.org by 12/1/15*

**All entrants must be enrolled in a middle or high school in Loudoun County. Winners from each battle advance to the finals and compete for the opportunity to open for the Loudoun YouthFest nationally-known headliner.*

YouthFest '16 - May 21 - The Barn at One Loudoun
More information – loudounteens.org



SHENANDOAH CAVERNS

(Ages 18 & up, Levels 1-3) Let's go exploring! Join us on an adventure to Shenandoah Caverns where we will tour the cave and three surrounding museums. Bring some money for the gift shop and pack a lunch. Contact Caitlin Marcotte for more information.

241757-01 \$40.00
F 1/15-1/15 9:30A-5:30P

GIRLS NIGHT OUT

(Ages 18 & up all levels) Ladies, let's treat ourselves to a night out! We will be going to Dulles Town Center for dinner, manicures, and a visit to the chocolate shop! Please bring money for dinner and chocolate; manicures are included in the fee. Contact Caitlin Marcotte for more information.

241726-01 \$25.00
Th 2/11-2/11 5:00P-9:30P

ARTS**VSA ARTS OF VIRGINIA-LOUDOUN COUNTY COMMITTEE MEETINGS**

Open to anyone who would like to work with VSA arts of Loudoun County. We encourage people to join us and learn about VSA and the many volunteer opportunities. Please contact Kellie Goossens at 540-338-7973 for more information.

Location: Franklin Park Arts Center

4th M ongoing 6:00P-7:30P

PIZZA & POTTERY

(Ages 16 & up, Levels 1-3) A fun evening of art and food! Participants will choose a piece of ceramic (plate, cup, bowl, etc.) and glaze it in whichever colors they choose. The studio will fire them, and they will be picked up at a later date. We will head to CiCi's pizza afterward for dinner. Contact: Rick Conway at 703-737-8837 for more information.

241759-02 \$40.00
F 1/8-1/8 5:00P-8:00P

FIRE & ICE BALL

(Ages 16 & up, All levels) It may be cold outside, but it's getting hot in here! Choose your evening wear, bring your dancing shoes and be ready to party the evening away. Light refreshments and general event supervision provided. Must register by January 8! Contact Caitlin Marcotte for more information.

241745-02 \$10.00
F 1/22-1/22 6:00P-8:00P

DINNER & THE ARTS

(Ages 16 & up, Levels 1-3) Join us for an evening of exciting theater. We are off to see Mame!

The Broadway classic has some of the most memorable songs ever written for the stage and is sure to wow everyone who sees it! Contact Rick Conway for more information.

241748-01 \$90.00
Su 1/19-1/19 11:00A-7:45P

DINNER & THE ARTS

(Ages 16 & up, Levels 1-3) Join us for an evening of classic Rock n' Roll theater. We are off to see Buddy! - the Broadway smash about Buddy Holly and his rocking career. Contact Rick Conway for more information.

241748-03 \$85.50
Su 2/21-2/21 11:00A-7:45P

MOVIE MADNESS

(Age 16 & up, Levels 1-3) Join your friends! We will have dinner at a local restaurant before watching a fun-filled movie adventure. The movie will be determined closer to the day of the showing. Please let staff know if you need pick-up from Spare Time Bowling. Contact Rick Conway for more information.

241730-03 \$30.00
F 2/26-2/26 5:00P-9:30P

SPORTS**LOUDOUN COUNTY SPECIAL OLYMPICS COMMITTEE MEETING**

Volunteers, athletes, coaches and committee members meet monthly. New members should call ahead for date, time and location. Contact Caitlin Marcotte.

Location: PRCS office**SPARE TIME BOWLING**

(Ages 18 & up, All levels) Relax on a Friday afternoon with bowling! This program teaches the basics of the game and promotes socialization and community awareness. PLEASE make a note when registering if participant is being picked up at ECHO. Contact Caitlin Marcotte for more information.

241710-01 \$20.00
F 12/4-12/4 2:30P-4:30P

241710-02 \$20.00
F 12/18-12/18 2:30P-4:30P

241710-03 \$20.00
F 1/8-1/8 2:30P-4:30P

241710-04 \$20.00
F 1/22-1/22 2:30P-4:30P

241710-05 \$20.00
F 2/12-2/12 2:30P-4:30P

241710-06 \$20.00
F 2/26-2/26 2:30P-4:30P

YOUTH PROGRAMS**PARENT'S NIGHT OUT: TAG YOU'RE IT**

(Ages 8-15, All levels) Want to play UNLIMITED Laser Tag? Then join us for dinner to fuel up for this exciting evening! Contact Amy Barker for more information.

241770-01 \$30.00
F 12/18-12/18 5:30P-9:30P

PARENT'S NIGHT OUT: GAME NIGHT

(Ages 5-15, All levels) Enjoy playing games, having dinner, and watching a movie with your friends! Contact Amy Barker for more information.

241770-02 \$16.00
F 1/15-1/15 5:00P-9:00P

PARENT'S NIGHT OUT: JUMP AROUND

(Ages 5-15, All levels) Two hours of jump time and pizza with your friends at Rebounderz. You can play dodgeball, basketball, or have open jump time on these indoor trampolines. Contact Amy Barker for more information.

241770-03 \$35.00
F 2/12-2/12 5:00P-9:00P

TEACHER WORKDAY: EAT & PLAY

(Ages 8-15, Levels 1-2) Travel with your friends to Dave & Busters! Enjoy lunch and a day of arcade games while your teachers are working! Contact Amy Barker for more information.

241770-04 \$47.00
F 1/29-1/29 9:00A-4:00P

SOUPER CHEF: PARTY FOOD

(Ages 9-15, Levels 1-2) Party food at its best! Our certified Culinary Arts Chef will help you prepare the best food for your friends while demonstrating basic cooking skills and safety. Contact Amy Barker for more information.

241770-05 \$20.00
Sa 1/9-1/9 2:00P-4:00P

SOUPER CHEF: PUB GRUB

(Ages 9-15, Levels 1-2) Learn to make Irish Pub food for your friends and family! We will learn cooking skills and safety, taught by our Culinary Arts Chef. Contact Amy Barker for more information.

241770-06 \$20.00
Sa 1/16-1/16 2:00P-4:00P

SOUPER CHEF: FOOD TRUCK FARE

(Ages 9-15, Levels 1-2) Ever had a meal served from a food truck? You can learn to make the most popular food offered by food trucks found in every city! Class taught by our Culinary Arts Chef. Contact Amy Barker for more information.

241770-07 \$20.00
 Sa 1/23-1/23 2:00P-4:00P

SOUPER CHEF: BIRTHDAY BITES

(Ages 9-15, Levels 1-2) Want to have the party of the year? Learn to make all the birthday treats for your family and friends! Class taught by our Culinary Arts Chef. Contact Amy Barker for more information.

241770-08 \$20.00
 Sa 1/30-1/30 2:00P-4:00P

CAMP PROGRAMS**703-737-8042**

camp@loudoun.gov

WINTER BREAK CAMP 2015

(Ages 5-11) Join us for an exciting winter break of fun-filled games, activities, and crafts when school is out! To help us celebrate a break from school, please bring two snacks, a bag lunch, and water bottle, each day. Also, come dressed for both indoor and outdoor games. Questions? Call 703-771-5662 or email camp@loudoun.gov.

123283-01 \$96.00 Liberty Elementary
 M,Tu,W 12/21-12/23 7:30A-6:00P

123283-02 \$96.00 Algonkian Elementary
 M,Tu,W 12/21-12/23 7:30A-6:00P

NEW YEARS CAMP 2015

(Ages 5-11) Join us for an exciting winter break of fun-filled games, activities, and crafts when school is out! To help us celebrate a break from school, please bring two snacks, a bag lunch, and water bottle each day. Also, come dressed for both indoor and outdoor games. Questions? Call 703-771-5662 or email camp@loudoun.gov. Camp will end at 4 p.m. on 12/31.

123284-01 \$128.00 Liberty Elementary
 M,Tu,W,Th 12/28-12/31 7:30A-6:00P

123284-02 \$128.00 Algonkian Elementary
 M,Tu,W,Th 12/28-12/31 7:30A-6:00P

SPORTS ADULT & YOUTH**703-777-0343****ADULT PROGRAMS**

Call for information about adult sports leagues including soccer, volleyball, cricket and softball.

YOUTH PROGRAMS**BASKETBALL****GIANT BASKETBALL BALL ACADEMY LEAGUE**

(Ages 6-10, Coed) Former Washington Wizard Gheorghe Muresan's program of instruction for beginner-intermediate players with game play. Emphasizes fundamental skill development, teamwork, sportsmanship and positive participation to take your son or daughter to the next level. Children will have 1 practice a week and 1 game on the weekend, under the coaching of Giant Basketball Academy and volunteer parents. No walk-up registrations accepted.

Location: Aglonkian ES, Sterling**Games: Seldon's Landing ES, Leesburg**

221701-01 \$140.00 Age 6-8
 M 1/4-2/27 6:00P-7:00P

221701-02 \$140.00 Age 6-8
 Tu 1/5-2/27 6:00P-7:00P

221701-03 \$140.00 Age 8-10
 M 1/4-2/27 7:00P-8:00P

221701-04 \$140.00 Age 8-10
 Tu 1/5-2/27 7:00P-8:00P

Location: Dominion Trail ES, Ashburn**Games: Seldon's Landing ES, Leesburg**

221701-05 \$140.00 Age: 6 to 8
 W 1/6-2/27 6:00P-7:00P

221701-06 \$140.00 Age: 6 to 8
 Th 1/7-2/27 6:00P-7:00P

221701-07 \$140.00 Age: 8 to 10
 W 1/6-2/27 7:00P-8:00P

221701-08 \$140.00 Age: 8 to 10
 Th 1/7-2/27 7:00P-8:00P

Location: Legacy ES, Ashburn**Games: Legacy ES, Ashburn**

221701-09 \$140.00 Age: 6 to 8
 M 1/4-2/27 6:00P-7:00P

221701-10 \$140.00 Age: 6 to 8
 Tu 1/5-2/27 6:00P-7:00P

221701-11 \$140.00 Age: 8 to 10
 M 1/4-2/27 7:00P-8:00P

221701-12 \$140.00 Age: 8 to 10
 Tu 1/5-2/27 7:00P-8:00P

Location: Cool Spring ES, Leesburg**Games: Seldon's Landing ES, Leesburg**

221701-13 \$140.00 Age: 6 to 8
 W 1/6-2/27 6:00P-7:00P

221701-14 \$140.00 Age: 6 to 8
 Th 1/7-2/18 6:00P-7:00P

221701-15 \$140.00 Age: 8 to 10
 W 1/6-2/24 7:00P-8:00P

221701-16 \$140.00 Age: 8 to 10
 Th 1/7-2/27 7:00P-8:00P

Location: Liberty ES, South Riding**Games: Legacy ES, Ashburn**

221701-18 \$140.00 Age: 6 to 8
 F 1/8-2/26 6:00P-7:00P

221701-19 \$140.00 Age: 8 to 10
 F 1/8-2/27 7:00P-8:00P

ROCK CLIMBING**SPORTROCK KIDS' NIGHT**

(Ages 6 to 14, Coed) Kids' Night gives kids an opportunity to experience the vertical world in a safe and comfortable environment. They can choose any climbs and will be belayed and guided by our experienced instructors. No walk-up registration will be accepted.

Location: Sportrock Climbing Center, Sterling

221207-01 \$83.00
 F 12/4-12/18 6:30P-8:00P

221207-02 \$83.00
 F 1/8-1/22 6:30P-8:00P

221207-03 \$83.00
 F 2/5-2/19 6:30P-8:00P

SPORTROCK NO-SCHOOL DAY CAMP

(Ages 6 to 14, Coed) When school is OUT, climbing is IN! Sportrock's Day Camp is for kids who want to explore the world of climbing! Not only will they learn to climb, but they will also learn climbing safety, play games and engage in team building activities. No walk-up registration will be accepted.

Location: Sportrock Climbing Center, Sterling

221213-01 \$77.00
 W 11/25-11/25 9:00A-3:00P

221213-02 \$77.00
 F 11/27-11/27 9:00A-3:00P

221213-03 \$77.00
 M 12/21-12/21 9:00A-3:00P

221213-04 \$77.00
 Tu 12/22-12/22 9:00A-3:00P

221213-05 \$77.00
 W 12/23-12/23 9:00A-3:00P

221213-06 \$77.00
 Th 12/24-12/24 9:00A-3:00P

221213-07 \$77.00
 M 12/28-12/28 9:00A-3:00P

221213-08 \$77.00
 Tu 12/29-12/29 9:00A-3:00P

221213-09 \$77.00
 W 12/30-12/30 9:00A-3:00P

221213-10 \$77.00
 Th 12/31-12/31 9:00A-3:00P

221213-11 \$77.00
 M 1/18-1/18 9:00A-3:00P

221213-12 \$77.00
 M 2/15-2/15 9:00A-3:00P

SPEED & AGILITY**TRUE AP SPEED & CONDITIONING**

(Ages 9 - 18, Coed) Open to all athletes from any sport. Participate one day a week or two! Beginner Speed, Agility and Quickness Training. Running Form and Technique Drill. Introduction to Strength Training (Bodyweight). Core Strength and Joint Stabilization. Start anytime! No walk-up registrations allowed.

Location: Simpson MS, Leesburg

221133-01	\$115.00	Ages 9-13
Tu or Th	1/12-2/18	5:30P-6:30P
221133-02	\$185.00	Ages 9-13
Tu & Th	1/12-2/18	5:30P-6:30P
221133-03	\$115.00	Ages 14-18
Tu or Th	1/12-2/18	6:30P-7:30P
221133-04	\$185.00	Ages 14-18
Tu & Th	1/12-2/18	6:30P-7:30P

Location: Blue Ridge MS, Purcellville

221133-05	\$115.00	Ages 9-13
M or W	1/11-2/17	5:30P-6:30P
221133-06	\$185.00	Ages 9-13
M & W	1/11-2/17	5:30P-6:30P
221133-07	\$115.00	Ages 14-18
M or W	1/11-2/17	6:30P-7:30P
221133-08	\$185.00	Ages 14-18
M & W	1/11-2/17	6:30P-7:30P

**BANSHEE REEKS
NATURE PRESERVE**

21085 The Woods Rd.

Leesburg, VA 20175

703-669-0316

Sa-Su 8:00A.-4:00P

www.loudoun.gov/bansheereeks

Enjoy the beauty of this unique 725-acre nature preserve in the heart of Loudoun County! The preserve consists of successional fields, hardwood forests, wetlands and riparian habitat. Banshee Reeks strives to protect the rich natural environments of its varied plant and animal populations. Goose Creek, a State Scenic River, encompassing abundant and diverse wildlife and associated habitats, runs more than two miles along the border of Banshee Reeks. The preserve is open to the public every Saturday and Sunday from 8:00 a.m. until 4:00 p.m. It is also open to organized groups that secure an access permit from the preserve manager in advance.

INSTRUCTORS WANTED!

We're looking for instructors who are willing to share their talents in nature and education with the community. Call 571-258-3744 for more information.

VOLUNTEER OPPORTUNITIES

The third Saturday of each month, is Volunteer Day at Banshee Reeks, beginning at 9:00 a.m. This is a great way to become more familiar with the preserve and meet people who share a common interest in nature, history and the environment. Activities vary with indoor and outdoor projects. Children under 16 must be accompanied by an adult. Volunteer Day is held regardless of weather conditions.

TRAILS ARE OPEN

Bring the family and enjoy 20 miles of trails at Loudoun County's only nature preserve. No registration required.

BIRDING BANSHEE

(Ages 14 & up) Join the Friends of Banshee Reeks and Loudoun Wildlife Conservancy for guided bird walks. These free, guided walks begin at 8:00 a.m. and are held on the second Saturday of each month. These walks provide beginner and experienced birders a chance to see some spectacular birds. Bring binoculars.

GUIDED WALKABOUTS

Special guided walkabouts can be provided to scout groups, school classes and community organizations. Scout groups can earn Activity Pins, Try-Its or Merit Badges. School groups can observe aspects of nature that they study in the classroom. These walkabouts can be used to introduce groups to some of the special ecological characteristics, historical resources and wildlife habitats of the preserve. Fee: \$3/person, with \$18 minimum for one-hour walkabouts. Call 571-258-3744 for more information.

**BLUEMONT
COMMUNITY CENTER**

33846 Snickersville Pike

Bluemont, VA 20135

540-554-8643

M-Th 7:00A-8:30P

F 7:00A-6:30P

**Supply & material fees are payable
to the instructor at the first class.**

LICENSED PROGRAMS**CHILDCARE**

(Ages 3-5) Looking for the perfect childcare solution? Our full and half-time childcare program provides a safe, healthy learning environment. Full-time care is \$215/week, half-time care is \$189/week or \$165/week depending on schedule. Call the center at 540-554-4838 for space availability.

PRESCHOOL CLASSES 2015-16 SCHOOL YEAR

(Ages 2-5) We offer a nine-month preschool program which follows the Loudoun County school calendar. The State Department of Social Services requires proof of current immunizations, proof of age and a child care application form. Our program follows the Creative Curriculum Approach to Learning. Call for available openings in current year classes.

**OPEN PRESCHOOL & AFTER SCHOOL CARE
REGISTRATION 2016-17 SCHOOL YEAR**

Registration for Bluemont Community Center's Preschool Lottery runs January 11-21.

PRESCHOOL AGE PROGRAMS**New! THE GINGERBREAD MAN**

(Ages 3-5) It is never too early to start introducing your child to the wonders of cooking. In this class, we will read "The Gingerbread Man" and bake some delicious gingerbread cookies.

206102-01	\$16.00 (+\$2 supplies)
Th	12/3-12/3 12:15P-2:00P

New! NATIONAL COOKIE DAY CELEBRATION

(Ages 3-5) Today is officially National Cookie Day! Stay after school and learn how this day came to be, and - of course - enjoy baking cookies! Instructor: Kim Harper.

206106-01	\$16.00 (+\$2 supplies)
F	12/4-12/4 12:00P-2:00P

STAY & PLAY WITH AMANDA (SPA)


(Ages 3-5) Stay after preschool for some fun activities. Bring a lunch. Instructor: Amanda Collins.

206114-01	\$12.00
W	12/9-12/9 12:00P-1:30P
206114-02	\$12.00
W	1/6-1/6 12:00P-1:30P
206114-03	\$12.00
W	1/20-1/20 12:00P-1:30P
206114-04	\$12.00
W	2/3-2/3 12:00P-1:30P
206114-05	\$12.00
W	2/17-2/17 12:00P-1:30P

HOLIDAY HUSTLE & BUSTLE

(Ages 3-5) Parents, take this time to get all caught up on your shopping, wrapping and decorating! Your children will be enjoying play time, craft time and holiday fun while you finish getting all set up for the holidays. Children must bring a lunch.

206105-01	\$16.00
Th	12/10-12/10 12:15P-2:00P
206105-02	\$16.00
Th	12/17-12/17 12:15P-2:00P



Softball, Cricket
Flag Football

Loudoun County PRCS Adult Sports Leagues

Basketball
Soccer, Volleyball

**For more information, visit
www.loudoun.gov/adultsports or call
703-777-0343.**



ADA – Loudoun County Parks, Recreation and Community Services is committed to complying with the American with Disabilities Act (ADA). If you need reasonable accommodations in order to participate, call the appropriate PRCS program manager or location two weeks prior to the start of the activity.

HOLIDAY BON-API-TOTS

(Ages 3-5) Let's start off the holiday with some fun and easy recipes that you can share with your family. Lunch and treats will be associated with the Christmas holiday. Instructors: Amanda Collins & Linda Sapp.

206120-01 \$12.00 (+\$2 supplies)
M 12/14-12/14 12:00P-1:30P

SANTA'S WORKSHOP

(Ages 3-5) Extend your child's preschool day! While you are away we will be enjoying some cookie decorating and craft making. Please pack a lunch for your child.

206103-01 \$16.00 (+\$2 supplies)
Tu 12/15-12/15 12:00P-2:00P

BOOK BUDDIES

(Ages 3½-5) Come join in the fun as we explore the amazing world of Children's Literature. Pack a lunch and we'll pack in the fun. Bring a lunch. Instructor: Kim Harper.

206104-01 \$16.00 (+\$1 supplies)
F 12/18-12/18 12:00P-2:00P

206104-02 \$16.00 (+\$1 supplies)
F 1/8-1/8 12:00P-2:00P

206104-03 \$16.00 (+\$1 supplies)
F 1/22-1/22 12:00P-2:00P

206104-04 \$16.00 (+\$1 supplies)
F 2/5-2/5 12:00P-2:00P

206104-05 \$16.00 (+\$1 supplies)
F 2/19-2/19 12:00P-2:00P

BON-API-TOTS

(Ages 3-5) Let's make easy and yummy foods with easy to follow recipes that you can make at home. Instructors: Amanda Collins & Linda Sapp.

206101-01 \$12.00 (+\$2 supplies)
M 1/11-1/11 12:00P-1:30P

206101-02 \$12.00 (+\$2 supplies)
M 1/25-1/25 12:00P-1:30P

206101-03 \$12.00 (+\$2 supplies)
M 2/8-2/8 12:00P-1:30P

206101-04 \$12.00 (+\$2 supplies)
M 2/22-2/22 12:00P-1:30P

New! PUZZLE DAY FUN

(Ages 3-5) Today is National Puzzle Day. We will put together activities or crafts involving puzzles and puzzle pieces. Bring a lunch.

206107-01 \$16.00
F 1/15-1/15 12:00P-2:00P

New! MINIONS & MORE MINIONS

(Ages 3-5) All kinds of activities and projects planned around the minion theme. Bring a lunch.

206110-01 \$16.00 (+\$2 supplies)
M 1/18-1/18 12:00P-2:00P

PRESCHOOL HOCKEY

(Ages 3-5) It is hockey season for preschoolers! Hockey for the beginners will be focusing on the basic fundamentals and skills.

206115-01 \$14.00
M 1/18-1/25 2:30P-3:30P

PARACHUTE PLAY

(Ages 3-5) Stay after school on a wintry day and have some parachute fun play. Lots of parachute games are available to play. Join in the fun. Bring a lunch.

206111-01 \$12.00
F 1/29-1/29 12:00P-1:30P

New! BEAT THE WINTER BLAHS

(Ages 4-5) Let's chase those winter blues away! We will enjoy making fun creations as well as play games that get you moving.

206112-01 \$36.00
Th 2/4-2/18 12:15P-1:45P

PRESCHOOL INDOOR TEE BALL

(Ages 3-5) Young baseball players will learn many skills needed for tee ball. Players will develop skills in safety, hitting, fielding, throwing and running.

206119-01 \$14.00
M 2/8-2/15 2:30P-3:30P

New! HEALTHY HEART MONTH

(Ages 3-5) February is "American Heart Month". Let's celebrate a healthy heart with fun, and aerobic activities that will get your child up and moving. Bring a healthy lunch.

206113-01 \$16.00
F 2/12-2/12 12:00P-2:00P

New SWEET VALENTINE

(Ages 3-5) Since yesterday was Valentine's Day, have your child bring their own lunch and we will prepare a special sweet treat for the occasion. Instructors: Amanda Collins/Linda Sapp

206108-01 \$12.00
M 2/15-2/15 12:00P-1:30P

PAINTING WITHOUT BRUSHES

(Ages 3-5) All kids like to paint. This class will teach your child how to create their own paintings without brushes.

206118-01 \$14.00
Th 2/18-2/25 4:00P-5:00P

PRESCHOOL INDOOR SOCCER CLINIC

(Ages 3-5) It's preschool soccer. This clinic will help preschool children learn the fundamentals of kicking, passing and defending the goal.

206117-01 \$14.00
M 2/22-2/29 2:30P-3:30P

ELEMENTARY AGE PROGRAMS

ELEMENTARY SNOW CLASS

(Ages 5-11) This camp will run when Loudoun County Schools are closed due to snow and County Government is open. Fun-filled activities include playing in the snow. Call 540-554-8643 for availability. Bring a bag lunch, drink and snow clothing. Sign up before it snows. Pre-register early!

206225-01 \$46.00
M,Tu,W,Th,F 12/1-2/29 7:00A-6:00P

New! THE GREAT BLUEMONT COOKIE BAKE OFF

(Ages 6-11) Come join us for our Bake Off in honor of National Cookie Day. Children will begin with a generic cookie recipe and have the chance to add a variety of ingredients to see who can come up with the tastiest cookie. Instructor: Erin Murphy.

206210-01 \$12.00 (+\$5 supplies)
F 12/4-12/4 3:30P-5:00P

CARTOON HOLIDAY!

(Ages 6-12) It's a cartoon holiday! Let's celebrate the holidays and draw Santa and his friends. A nice way to get the holiday season started.

206211-01 \$14.00
M,W 12/7-12/9 4:00P-5:00P

New! BLUEMONT'S GINGERBREAD HOUSE COMPETITION

(Ages 6-12) Let the competition begin! Children will build their very own Gingerbread House using store bought materials in this fun, exciting timed event. Instructor: Erin Murphy.

206220-01 \$8.00 (+\$5 supplies)
Tu 12/8-12/8 5:00P-6:00P

New! CHRISTMAS AROUND THE WORLD

(Ages 5-11) Celebrate Christmas around the globe. Children will be learning how people celebrate the season in different parts of the world while parents use the time to finish up last minute holiday preparation. Time will be spent on crafts, baking and singing.

206209-01 \$48.00 (+\$5 supplies)
Sa 12/12-12/12 10:00A-4:00P

WINTER HOLIDAY WATER COLOR

(Ages 6-12) The class will be creating three projects themed around winter and the winter holidays in water color. Instructor: Sally Thibodeaux.

206224-01 \$21.00
M,W,F 12/14-12/18 4:00P-5:00P

DELICIOUS HOLIDAY TREATS

(Ages 7-10) Let's make some yummy holiday treats that you can eat or share with your family. Warning: peanut butter will be used. Instructor: Erin Murphy.

206208-01 \$12.00 (+\$5 supplies)
W 12/16-12/16 4:00P-5:30P

WINTER BREAK CAMP

(Ages 5-12) School is out for winter break. Join us for fun-filled days with games, crafts, and other activities. Bring clothing for outdoor play if weather permits as well as a snack, lunch & drink. Call 540-554-8643 if you have any questions.

206213-01 \$126.00
M,Tu,W 12/21-12/23 7:00A-6:00P

206213-02 \$126.00
M,Tu,W 12/28-12/30 7:00A-6:00P

MINECRAFT ANIMATION

(Ages 6-8) In this class, younger students, grades 1-3, will be introduced to basic 2D and 3D animation techniques using Minecraft characters and stages. Kids will expand their observation skills and imagination by studying motion in reality and how it influences motion in animation. Students will create various short animation exercises and projects by applying basic acting theories and animation principles to scenes they create. Does your child inspire to become an animator? Instructor: C3 Cyber Club.

206228-01 \$165.00
M,Tu,W 12/21-12/23 9:00A-12:00P

MINECRAFT PROGRAMMING USING LUA

(Ages 6-8) Using a custom mod called "ComputerCraft," students will learn how to program robots called "Turtles" inside the world of Minecraft. Kids will utilize problem solving skills by learning how to program their robots to complete various tasks such as programming their turtles to automatically build, mine and craft items and structures. Looking for a fun way to introduce your child to programming? Why not do it using a game they love! Instructor: C3 Cyber Club.

206229-01 \$165.00
M,Tu,W 12/28-12/30 9:00A-12:00P

New! NEW YEAR'S CARTOON ART

(Ages 6-12) It's cartoon holiday! Let's celebrate the holidays and draw New Year's cartoons. A nice way to get the New Year started.

206214-01 \$7.00
W 12/30-12/30 4:00P-5:00P

THE SNOWMAN

(Ages 6-12) Exploring snowman lore from Frosty to the Yeti through art, sculpture and crafts. Instructor: Sally Thibodeaux.

206223-01 \$21.00
M,W,F 1/4-1/8 4:00P-5:00P

SKETCHING CHARCOAL

(Ages 6-11) Students will learn to use charcoal and drawing techniques for art sketches. We will draw a variety of subjects.

206215-01 \$14.00
M,W 1/11-1/13 4:00P-5:00P

DISCOVERING GREAT ARTISTS

(Ages 5-10) Discovering great artists is amazingly fun. We will be doing unique art activities to experience the styles and techniques of the great masters Renaissance Era. \$4 supply fee for each session. Instructor: Kathi Hottinger.

206221-01 \$8.00 Alexander Calder
Tu 1/12-1/12 3:15P-4:15P

206221-02 \$8.00 Auguste Renoir
Tu 2/9-2/9 3:15P-4:15P

ELEMENTARY PAINTING

(Ages 6-11) Learn the basics of painting. Variety of subjects will be painted. Instructor: Sally Thibodeaux

206212-01 \$14.00
Th 1/14-1/21 4:00P-5:00P

New! DRAWING KAWAII

(Ages 6-11) An animation class geared toward the Japanese Anime that is small and cute (Kawaii). We will be creating different Kawaii things through art and clay. Instructor: Sally Thibodeaux.

206222-01 \$21.00 (+\$5 supplies)
M,W,F 1/18-1/22 4:00P-5:00P

New! FUN WITH POPCORN

(Ages 6-11) Oh the fun you can have with popcorn. Come join us as we make a few snacks using our favorite popcorn. Instructor: Erin Murphy.

206206-01 \$8.00 (+\$2 supplies)
Tu 1/19-1/19 3:30P-4:30P

New! FOOD & FITNESS FOR KIDS

(Ages 6-11) Children will prepare and eat a healthy dinner. We will also spend some time exerting some physical energy through fun and fitness activities while the meals cooks. Instructor: Erin Murphy.

206205-01 \$16.00 (+\$5 supplies)
W 1/20-1/20 5:30P-7:30P

206205-02 \$16.00 (+\$5 supplies)
W 2/17-2/17 5:30P-7:30P

New PEANUT BUTTER FUN

(Ages 6-11) What can we do with Peanut Butter? Join us and find out as we celebrate National

Peanut Butter Day. We will make a few different treats to share. Instructor: Erin Murphy.

206207-01 \$8.00 (+\$5 supplies)
M 1/25-1/25 3:30P-4:30P

New! WINTER-THEMED PAINT & SIP

(Ages 6-11) Children will get to experience the fun of making a creation together while sipping on their own homemade hot cocoa! Instructor: Erin Murphy.

206219-01 \$12.00 (+\$3 supplies)
Tu 1/26-1/26 3:30P-5:00P

CARTOON ART

(Ages 6-12) All kids like to draw cartoon characters. Children will learn different techniques of drawing. You will also create your own cartoon characters.

206201-01 \$14.00
Tu,Th 1/26-1/28 4:00P-5:00P

New! A TASTE OF ITALY

(Ages 6-10) Join us for a Taste of Italy! We will cook our own Italian themed dinner then sit down to enjoy as a class. Instructor: Erin Murphy.

206202-01 \$12.00 (+\$5 supplies)
M 2/1-2/1 5:45P-7:15P

CHILDREN'S ART CLUB

(Ages 6-11) Have your child become a member of the Bluemont Community Center's Art Club. The kids will have fun learning to do different projects. We will be drawing cartoons and working with charcoal.

206216-01 \$14.00
W 2/3-2/10 4:00P-5:00P

POINTILLISM HEARTS

(Ages 6-9) Let's explore the technique of pointillism, the art technique used by Georges Seurat. We will create our own Valentine inspired art.

206217-01 \$8.00
Tu 2/9-2/9 4:00P-5:00P

VALENTINE'S DAY TREATS

(Ages 7-10) Tis the season for sweets. Come join us as we create 2 different treats to share. Instructor: Erin Murphy.

206218-01 \$12.00 (+\$3 supplies)
W 2/10-2/10 4:00P-5:30P

New CHOCOLATE ROSES CREATIONS

(Ages 6-11) Create your own chocolate roses with Hershey kisses. Instructor: Kim Labash.

206204-01 \$11.00 (+\$5 supplies)
Th 2/11-2/11 4:00P-5:30P

MODELING WITH CLAYS

(Ages 6-12) Participants will be working with

natural, crayola and polimer clays to create a range of subjects. All supplies are included, please be prepared to get messy. Instructor: Sally Thibodeaux.

206226-01 \$21.00 (+\$5 supplies)
M,W,F 2/15-2/19 4:00P-5:00P

New! DRAWING FROM LIFE

(Ages 6-12) We will explore drawing nature's most challenging subjects, things that are alive! Please note that we will be encountering live (tame) animals, if there are any allergy concerns. Instructor: Sally Thibodeaux.

206227-01 \$21.00
M,W,F 2/22-2/26 4:00P-5:00P

New! APPLES TO APPLES

(Ages 6-10) Just look at what you can bake with an apple. Class will have fun as we explore the kitchen to make an apple treat to share. Instructor: Erin Murphy.

206203-01 \$8.00 (+\$2 supplies)
W 2/24-2/24 3:30P-4:30P

ADULT PROGRAMS

GET FIT WITH LINDA

(Ages 18 & up) Ongoing fun workout includes stretching, aerobics, and matwork. First class is free. Instructor: Linda Sapp

206501-01 \$56.00
M,W,F 12/2-12/18 9:15A-10:15A

PAINTING WITH ACRYLICS

(Ages 18 & up) Learn the basics of painting with acrylics. You will develop skills and techniques of painting. Students must have canvas, brushes and acrylic paints.

206503-01 \$40.00
Th 1/7-1/28 7:00P-8:30P

206503-02 \$40.00
Th 2/4-2/25 7:00P-8:30P

SENIOR PROGRAMS

New! YOGA FOR SENIORS

(Ages 55 & up) This traditional yoga class, designed for senior adults, incorporates both stretching and strength postures while focusing on balance. Participants will enjoy increased strength, flexibility, balance, coordination, and energy in a gentle challenging way. Participants should bring a blanket, pillow or beach towel. Instructor: Stuart Hill.

206602-01 \$36.00
Tu 12/1-12/15 9:00A-10:00A

206602-02 \$48.00
Tu 1/5-1/26 9:00A-10:00A

206602-03 \$48.00
Tu 2/2-2/23 9:00A-10:00A

SENIOR CREATIVE ARTS

(Ages 55 & up) More than just a drawing class. We will explore some new fads and techniques of the current art world. Let's try something new.

Instructor: Sally Thibodeaux.

206601-01 28.00
Tu,Th 2/2-2/4 6:00P-8:00P

MULTIAGE PROGRAMS

READY FOR THE HOLIDAYS

(Ages 4-10) Get into the spirit of the holidays! The class will be decorating a dozen cookies (each participant), creating a beautiful ornament and crafting a small gift to keep or share. Children under 8 must have an adult helper. Instructor: Sally Thibodeaux.

206706-01 \$42.00 (+\$20 supplies)
Tu,W,Th 12/1-12/3 6:00P-8:00P

R.I.P.P.E.D.

(Ages 16 & up) Join us for this new workout class: Resistance, Interval, Power, Polymetric, Endurance & Diet (R.I.P.P.E.D.). Taught by certified RIPPED instructor, Melissa McCarthy.

206707-01 \$40.00
Tu,Th 12/1-12/15 7:00P-8:00P

206707-02 \$64.00
Tu,Th 1/5-1/28 7:00P-8:00P

206707-03 \$64.00
Tu,Th 2/2-2/25 7:00P-8:00P

New! HOLIDAY SING-A-LONG

(Ages 4-8) Spend some time enjoying good ole holiday cheer! We will celebrate the season singing songs and enjoying hot chocolate and cookies. Instructor: Emily Dickson.

206702-01 \$8.00 (+\$2 supplies)
M 12/7-12/7 4:00P-5:00P

BALLROOM DANCING

(Ages 16 & up) Join Ballroom Dancing at Bluemont Community Center and be the belle of the ball. Impress your friends by showing off the fox trot, waltz, tango, swing and cha cha. Each registered person encouraged to bring a partner. Instructor: Steve LaForce.

206714-01 \$30.00
M 12/7-12/21 7:00P-8:00P

206714-02 \$40.00
M 1/4-1/25 7:00P-8:00P

206714-03 \$50.00
M 2/1-2/29 7:00P-8:00P

PAPER CRAFTS

(Ages 15 & up) A relaxing evening to work on various paper crafts, projects, scrapbook pages, cards or just learn a new technique. Bring unwanted items for trading and your ideas. Instructor: Sally Thibodeaux.

206709-01 FREE
Tu 12/8 & 12/22 6:00P-8:00P

206709-02 FREE
Tu 1/5 & 1/19 6:00P-8:00P

206709-03 FREE
Tu 2/9 & 2/23 6:00P-8:00P

MINECRAFT ANIMATION

(Ages 9-13) See description for Ages 6-8. Older students will create longer animation scenes. Instructor: C3 Cyber Club.

206710-01 \$165.00
M,Tu,W 12/21-12/23 1:00P-4:00P

MINECRAFT PROGRAMMING USING LUA

(Ages 9-13) See description for Ages 6-8. Instructor: C3 Cyber Club.

206711-01 \$165.00
M,Tu,W 12/28-12/30 1:00P-4:00P

1-2-3 MAKE MUSIC WITH ME

(Ages 3-6) Your child will explore music through singing songs, dancing, creative movements, and playing fun musical games. We will also make an instrument to take home. Instructor: Emily Dickson.

206705-01 \$8.00 (+\$3 supplies)
Th 1/14-1/14 3:30P-4:30P

206705-02 \$8.00 (+\$3 supplies)
Th 2/11-2/11 3:30P-4:30P

New! SUMMERTIME IN WINTER

(Ages 3-6) We have all heard of Christmas in July, so why not celebrate summertime in January. In class we will have fun creating summer-themed crafts and enjoying books about the warm, sunny, fun-filled time of year.

206704-01 \$16.00 (+\$2 supplies)
Th 1/21-1/21 12:15P-2:00P

CUPID SITTERS

(Ages 3-10) Roses are red, violets are blue - parents take a few hours to celebrate Valentine's Day a few days early. We will watch your kids while you can go enjoy some time together. Pizza and drinks will be provided. Must register by 2/10.

206701-01 \$25.00
F 2/12-2/12 6:00P-9:00P

CARVER CENTER

200 Willie Palmer Way
Purcellville, VA 20132

571-258-3400

loudoun.gov/carver

M-F 9:00A-9:00P, Sa 9:00A-6:00P

MEMBERSHIP & PROGRAMS

Carver Center provides programming for all ages. We run senior programs for active adults 55 and older weekdays from 9 a.m.-2 p.m., with memberships available. We offer classes for all ages from 2 p.m.-9 p.m. weekdays and 9 a.m.-6 p.m. Saturdays. Please register for all classes/events at least one week before start date.

FACILITY DROP-IN FEES

Ages 55 & up (non-members)	\$2.00
Ages 17 & under	\$1.50
Ages 18-54	\$2/limited use, \$3/full access

MULTIAGE PROGRAMS

M-F 2:00P-9:00P
Sa 9:00A-6:00P

The following programs are for multiple ages, including seniors.

FINE & APPLIED ARTS

HANDWORK

(Ages 18 & up) This weekly group meets to visit and relax in the Carver Library while working on knitting, crocheting, and any other kind of easily transported handwork. New participants always welcome!

230715-01

Tu	ongoing	7:00P-9:00P
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HEALTH & FITNESS

BODY SCULPTING

(Ages 15 & up) Tighten and shape your muscles using resistance bands, Pilates balls and weights. Abdominal work and a cool-down stretch to improve flexibility are included. Bring a mat. Instructor: Jill Perla. No class 11/26, 12/24, 12/29, 12/31, 2/16.

230708-01 \$100.00

M,W	1/4-2/17	5:15P-6:00P
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KICKBOXING

(Ages 12 & up) A terrific workout that combines drills with no-contact sparring. Purchase a punch

card for 12 classes. Cards remain valid for six months. Drop in fee is \$9.00. Instructor: Mahesh Pathirana.

230710-01 \$100.00

Sa	ongoing	10:30A-11:30A
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PILATES

(Ages 16 & up) A blend of upper body and lower body exercises featuring Pilates movements and weight lifting. Enhance your posture, strength and muscle definition while improving your balance, muscle endurance and core strength. End the week with deep stretching to improve flexibility. Instructor: Jill Perla.

230707-01 \$120.00

Tu,Th,F	1/12-2/19	8:15A-8:45A
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BEGINNING TAI CHI

(Ages 16 & up) A martial art that teaches strength, balance, relaxation and flexibility through the learning and group repetition of a sequence of slow motion movements. This class covers the 24 position form. Instructor: Trudy Weaver.

230712-01 \$87.00

M	1/4-3/7	7:00P-8:00P
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INTERMEDIATE TAI CHI

(Ages 16 & up) See description for Beginners. This class covers the 48-position form. Instructor: Trudy Weaver.

230705-01 \$87.00

M	1/4-3/7	6:00P-7:00P
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HATHA YOGA I

(Ages 16 & up) Hatha Yoga creates balance and unites opposites in our physical bodies so we develop both strength and flexibility. Hatha Yoga teaches the student to balance effort and surrender in each pose. Hatha Yoga is a powerful tool for self-transformation. By bringing attention to the breath, which helps to still the fluctuations of the mind, Hatha Yoga cultivates presence in each movement. Bring a yoga mat. Instructors: Christina Renshen and Cynthia Kopciak.

230709-01 \$90.00

W	1/6-2/10	6:00P-7:00P
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230709-02 \$90.00

W	2/17-3/23	6:00P-7:00P
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FITNESS CENTER

Adults age 55 and up may use our Fitness Center during all operating hours, (free to members). Non-seniors may use the fitness center Monday-Friday from 2:00 p.m.-9:00 p.m. and Saturday from 9:00 a.m.-6:00 p.m.

Non-Member Access Card (Ages 16 & up)

6-Months	\$52.00
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12-Months	\$104.00
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Non-member Drop-in Fee

Ages 16-54	\$3.00
Ages 55 & up	\$2.00

DANCE PROGRAMS

JERRY'S JUKEBOX

(Ages 14 & up) Enjoy a beautiful, large dance floor, music, a relaxed atmosphere and a helping hand for people who are learning to dance. Leader: Jerry Smith. Under 14 may attend, if accompanied by an adult.

230714-01 \$2/non-member

2nd, 4th Tu	ongoing	7:15P-8:30P
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EDUCATION & INFORMATION

ADVISORY BOARD MEETING

(Ages 18 & up) Monthly meetings which focus on fundraising efforts to support center programming, while providing a forum for feedback and suggestions. All participants and members welcome. Executive Board meets on the 4th Tuesday of the month.

230629-01

2nd Tu	ongoing	10:30A-12:00P
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230629-02

4th Tu	ongoing	10:30A-12:00P
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COMPUTERS FOR ADVANCED BEGINNERS

(Ages 18 & up) Designed for those who already use a computer but want to increase their comfort level in working with files & folders, the Internet, and basic applications. Instructor: Ibbby Dickson.

230722-01 \$48.00

Tu	1/5-2/9	6:30P-8:00P
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COMPUTER LAB

Call ahead for availability. Free for senior members.

Pay at door	\$2.00	Ages 55 & up
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M-F	ongoing	9:00A-2:00P
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Pay at door	\$3.00	Ages 18 & up
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M-F	ongoing	2:00P-9:00P
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Sa	ongoing	9:00A-6:00P
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SOCIALIZING & ENTERTAINMENT

SATURDAY CARDS

(Ages 18 & up) Come in and experience a relaxing afternoon in Carver's cozy library playing old favorites like canasta and euchre. This casual group is happy to teach new players.

230711-01 \$2/non-member

Sa	ongoing	10:00A-4:00P
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SENIOR PROGRAMS

M-F, 9:00A-2:00P

SENIOR MEMBERSHIP (Ages 55 & up)

Senior participants may purchase yearly memberships or attend on a drop-in basis. The cost of most activities is included in the membership or drop-in fee. Any additional fees will be noted in the activity listing.

Loudoun residents	\$26/year
Non-residents	\$39/year
January 1- June 30	Half-price

The following programs are for age 55 & up, unless otherwise noted.

DANCE**BASIC, BASIC BEGINNER LINE DANCE**

(Ages 55 & up) This short activity period is used to teach individuals who have never line danced before or those who need a little coaching prior to the 1:00 p.m. Beginner Line Dance Class. Leader: Carolyn Bledsoe.

230610-01		
M	ongoing	12:30P-1:00P

BEGINNER LINE DANCE

(Ages 55 & up) Leader Carolyn Bledsoe keeps things light and aims for group enjoyment. This activity provides exercise as well as camaraderie.

230609-01		
M	ongoing	1:00P-2:00P

EDUCATION**BOOK CLUB**

(Ages 55 & up) Monthly book discussions. Come join this lively group, books will be provided for participants. Group discussions will be led by library staff.

230649-01		
4th W	ongoing	10:30A-12:00P

BEGINNER BRIDGE

(Ages 55 & up) Wouldn't you like to learn how to play this classic game? Jane Olah provides a gentle introduction in this ongoing group activity.

230619-01		
Tu	ongoing	10:30A-12:00P

INTERMEDIATE BRIDGE

(Ages 55 & up) A class for those who know the basics but are not yet ready to join Carver's Thursday afternoon Bridge Group. Leader: Jane Olah.

230620-01		
Tu	ongoing	12:45P-2:15P

BRIDGE GROUP

(Ages 55 & up) This group is designed for intermediate level bridge players. Experienced players are encouraged to play.

230632-01		
Th	ongoing	1:00P-4:00P

COMPUTERS FOR ABSOLUTE BEGINNERS

(Ages 55 & up) A friendly introduction to using computers, including email and the internet. Designed for those with little or no background in using a computer. Fee includes \$12 cost of optional textbook. Instructor: Ibby Dickson.

230654-01	\$48.00	
Tu	1/5-2/9	9:00A-10:30A

CREATIVE WRITING

(Ages 18 & up) A weekly group for anyone interested in exploring the writing process in a supportive and friendly environment. Group leader: published author Bobbi Carducci.

230606-01		
Tu	ongoing	12:30P-2:00P

DECLUTTERING PAPERWORK

(Ages 55 & up) This three week course will focus on decluttering paperwork ranging from magazines and newspapers to how long you should keep bills and other documents. Leader: Carolyn Bledsoe. Skips 1/18.

230648-01		
M	1/4-1/25	10:30A-11:30A

DECLUTTERING FOR SENIORS

(Ages 55 & up) This eight-week course will help seniors decide how to declutter their homes and their lives, a process which will increase time for the more important things in life such as family, friends and fun activities. The class will include decluttering the kitchen, closets, paperwork, clothing and other miscellaneous areas. Leader: Carolyn Bledsoe.

230611-01		
W	12/9-1/27	10:30A-11:30A

GET MORE OUT OF WORD

(Ages 55 & up) This is not an advanced course by any means; it is for those who already know how to use MS Word as a typewriter, but don't know how to use the formatting capabilities (tabs, graphics, headings, etc). Instructor: Ibby Dickson.

230652-01	\$48.00	
Tu	1/5-2/9	10:30A-12:00P

LIBRARY OUTREACH

(Ages 55 & up) This program meets the second

Wednesday of each month. A Loudoun County librarian will deliver and display carts full of interesting books, audio books, DVDs, and periodicals. Seniors are encouraged to sign up as Library Outreach customers in order to receive two special benefits: materials check out for four weeks as well as no overdue fines. The librarian is able to bring requested items, pick up returned materials and download e-books onto e-readers.

230628-01		
2nd W	ongoing	11:00A-12:00P

UKULELE FUN!

(Ages 55 & up) Why not join this relaxed group of interested players who want to learn a new instrument and have fun? No experience necessary! You don't even have to own a ukulele. What are you waiting for? First ten participants without instruments may use Carver ukuleles during class time.

230653-01	Carver ukulele	
W	ongoing	12:45P-1:45P
230653-02	Own instrument	
W	ongoing	12:45P-1:45P

COMPUTER LAB

Call ahead for availability. Free for senior members.

Pay at door	\$2.00	Ages 55 & up
M-F	ongoing	9:00A-2:00P
Pay at door	\$3.00	Ages 18 & up
M-F	ongoing	2:00P-9:00P
Sa	ongoing	9:00A-6:00P

FINE & APPLIED ARTS**HOLIDAY CARD WORKSHOP**

(Ages 55 & up) Create original holiday artwork in this watercolor class with Alice Power. The artwork will be scanned and printed so that you will have holiday cards to send out to family and friends. Supplies included.

230658-01	\$5.00	
M,W	12/7-12/16	12:30P-2:00P

STITCHING GROUP

(Ages 55 & up) Do you enjoy knitting, crochet, cross-stitch, tapestry, or any kind of stitching crafts? Join other like-minded crafters and bring your own materials to work on your own pieces in a relaxed and encouraging environment.

230644-01		
F	ongoing	12:30P-2:00P

WATERCOLOR PAINTING

(Ages 55 & up) Join Alice Power for an introduction to watercolor painting. Participants will

learn the basics of watercolor painting in a fun and supportive environment. All supplies will be provided.

230647-01 \$20.00
W 1/6-2/10 12:30P-2:00P

WATERCOLOR: PHASE TWO

(Ages 55 & up) A class for students who have a basic understanding of working with watercolors and are ready for additional challenges using their own materials. Instruction by Alice Power.

230655-01 \$30.00
M 1/4-2/22 12:30P-2:00P

FITNESS

BALANCE & STABILITY

(Ages 55 & up) Glenn Eason leads this upbeat, twice weekly activity, developed by a physical therapist to address balance issues through exercises that improve strength and mobility. The music alone will improve your day!

230617-01
Tu, Th ongoing 11:30A-11:55A

EASE INTO YOGA

(Ages 55 & up) Tap into the many benefits of a yogic practice. While utilizing breath and cultivating inner awareness, you will explore subtle movements to enhance your everyday experiences. Leader: Faith Cooper.

230638-01
Th ongoing 10:00A-10:30A

FITNESS FOR 55 & UP

(Ages 55 & up) Maintain and increase your muscle tone, range of motion and positive attitude with a variety of seated strength exercises. Some standing exercises are also included, with support for balance. Purchase a 12-punch card for \$36. Instructors: Alison MacPherson and Faith Cooper. No class 12/25, 1/1, 1/18, 2/15.

230614-01 \$36.00
M ongoing 11:00A-11:45A

230614-02 \$36.00
W, F ongoing 1:00P-1:45P

MINDFULNESS

(Ages 55 & up) Mindfulness is a technique which seeks to calm the mind and emotions through an intentional focus on sensations occurring in the present moment. It has gained worldwide popularity as a means of alleviating physical and mental stress. Leader: Faith Cooper.

230615-01
Tu ongoing 10:45A-11:15A

230615-02
Th ongoing 11:00A-11:30A

MONDAY MORNING MOVES

(Ages 55 & up) Kick-start your week with light aerobics, hand weights, bands, and balls aimed at building core strength and increasing muscle awareness, balance, coordination and mental stimulation. Work at your own level. Instructor: Faith Cooper. Please purchase 12-class, \$48 punch card on site.

230616-01
M ongoing 10:00A-10:45A

PING PONG

(Ages 55 & up) Carver has a devoted collection of ping pong players and two tables for play. New players always welcome!

230640-01
Tu ongoing 9:00A-10:30A

230640-02
Th ongoing 10:00A-11:00A

230640-03
F ongoing 11:30A-12:00P

230640-04
W ongoing 9:00A-10:00A

QIGONG

(Ages 55 & up) Harold Bauch leads this weekly group, which translates to "Life Energy Cultivation." Qigong (pronounced chi-gong) is a gentle practice of aligning breath, movement, and awareness during the practice of a series of standing movements. Skips 12/25, 1/1, 1/18, 2/15.

230618-01
M ongoing 1:00P-2:00P

230618-02
W, F ongoing 10:30A-11:30A

TAI CHI FOR 55 & UP

(Ages 55 & up) Slow-motion routines practiced in a group to promote strength, balance and flexibility. New students welcome. Instructor: Trudy Weaver.

230627-01
Tu ongoing 9:30A-10:30A

VOLLEYBALL

(Ages 55 & up) Games are not scored, but enthusiasm runs high! All ability levels are welcome, with seated participants encouraged to join in for fun and upper body exercise.

230643-01
M ongoing 11:15A-11:50A

230643-02
Th ongoing 10:15A-10:45A

WATER WALKING

(Ages 55 & up) Approximately one hour of joint-friendly exercise at the Round Hill Aquatics Center. Travel by bus from Carver Center.

Minimum of 3 participants required to run trip. Entrance fee to the Aquatics Center is \$2.50 for Loudoun County residents. Bus leaves Carver at 12:30 p.m.

230612-01-11
M ongoing 12:30P-2:00P

Wii SPORTS

(Ages 55 & up) Explore the world of virtual bowling with this fun activity that provides both entertainment and, surprisingly, some exercise too!

230633-01
W, Th, F ongoing 10:00A-11:00A

HEALTH & WELLNESS

BLOOD PRESSURE CHECKS

(Ages 18 & up) Have your blood pressure taken professionally by Inova Loudoun Healthcare staff. No appointment needed.

230631-01
2nd, 4th Th ongoing 10:00A-12:00P

BLUE RIDGE SPEECH AND HEARING

(Ages 18 & up) An audiologist is available for cleaning and testing hearing aids, as well as providing resource information. Must preregister by calling 571-258-3400.

230624-01
Tu 2/2-2/2 10:30A-11:30A

VA RESOURCE CENTER FOR DEAF & HARD OF HEARING

(Ages 18 & up) Joan Cassidy of the Virginia Resource Center for the Deaf and Hard of Hearing will have information regarding mild to severe hearing loss and the newest assistive equipment available.

230622-01
Tu 12/8-12/8 10:00A-11:30A

INFORMATION

SENIOR OUTREACH SERVICES

(Ages 55 & up) Provides confidential, supportive assistance linking seniors to services as well as resources in the community.

230623-01
2nd, 4th M ongoing 12:30P-5:00P

TAX-AIDE AARP

(Ages 18 & up) AARP Foundation offers free tax help to taxpayers, especially those aged 60 or older. Please sign up with the front desk.

230656-01
W, F 2/17-4/13 9:30A-2:30P

SOCIALIZING & ENTERTAINMENT

DAILY CONGREGATE LUNCH

(Ages 55 & up) Enjoy a full meal in a warm, friendly atmosphere! Please sign up in person or by calling 571-258-3459 at least 24 hours in advance.

\$4/Ages 55-59, Donation/Ages 60 & up
M-F ongoing 12:00P-12:30P

AFTERNOON TEA

(Ages 55 & up) Our hostess, Carol Weckerly, will seat you in the cozy Carver Library for an hour of sweets, tea, games and conversation. Limited to 14. Free registration begins two weeks before the event.

230607-01
W 12/2-12/2 1:00P-2:00P

230607-02
W 2/3-2/3 1:00P-2:00P

MONTHLY BIRTHDAY PARTY

(Ages 55 & up) Celebrate your birthday with your Carver friends! We will set a special table for all who sign up as having birthdays in the current month, serve cake and festive drinks along with lunch. Participants are entered in a drawing for a \$5 donation from our Carver Center Advisory Board.

230639-01
3rd Th ongoing 12:00P-12:30P

MONTHLY MOVIE

(Ages 55 & up) Enjoy your regular lunch with a Movie in the Club Room! Lunch will be served at noon as you settle in to watch this month's movie offering. Better still, you will be served popcorn half way through the movie! Enjoy your movie experience. Please call 571-258-3400 for monthly selections.

230602-01-03
1st F ongoing 12:00P-2:00P

SHARE

(Ages 55 & up) Do you have a cherished object with an interesting story behind it or a photograph of something or someone dear to you? Do you make things? Bring something interesting to share.

230642-01
M ongoing 10:45A-11:15A

WEEKLY & ONGOING PROGRAMS

BIBLE STUDY

(Ages 55 & up) This is a non-denominational group that meets each week under the guidance of Pastor David Janney of the Purcellville Baptist Church. Thoughtful, lively discussion is typical of this committed group of regular and new attendees. All welcome.

230613-01
Th ongoing 10:45A-11:55A

BINGO

(Ages 55 & up) At just \$0.50 per card, there is little to lose and much to gain by joining us for Bingo. Product prizes only.

230630-01
Tu ongoing 12:45P-1:45P

230630-02
F ongoing 10:45A-11:45A

CARDS

Come play Canasta in the Carver Library. Beginners welcome!

230635-01-02
M,Tu,W,Th,F ongoing 9:00A-12:00P

eCOMMENT

(Ages 55 & up) Use Carver's computer interface to leave written comments for the Board of Supervisors, in advance of their monthly meetings. A volunteer will provide assistance to anyone who needs it.

230636-01
Th ongoing 10:00A-11:30A

FARKLE, DOMINOES, BOARD GAMES

(Ages 55 & up) Farkle is a game of chance, played with six dice. It takes about ten minutes to learn the game. Play it once and you'll be hooked. Dominoes offer another opportunity to challenge your opponents. If dominoes are not your game of choice, choose from a selection of various board games like Parcheesi or Scrabble.

230634-01
M ongoing 12:45P-2:00P

MENTAL MUSCLE

(Ages 55 & up) This is one of Carver's most popular activities. Participants are challenged with visual puzzle warm-ups, followed by a series of group-solved word games on the white board. Expect banter and wisecracks.

230625-01
Th ongoing 12:45P-2:00P

SCRABBLE/BOARD GAMES

(Ages 55 & up) Keep your vocabulary strong

and your mind sharp with a round of this classic word game, or choose from other available options like checkers, chess or cribbage.

230641-01
W ongoing 12:30P-2:00P

SING ALONG WITH WILEY

(Ages 55 & up) Carver Center member Bill Wiley will lead you in a weekly, good ol' sing along. Join Bill and his guitar for this fun, upbeat activity!

230626-01
W ongoing 10:30A-11:30A

THURSDAY CARD GROUP

(Ages 18 & up) Come in and experience a relaxing afternoon in Carver's cozy library playing old favorites like canasta and euchre. This casual group is happy to teach new players.

230637-01
Th ongoing 1:00P-4:00P

OUTINGS

CARVER LUNCH BUNCH

(Ages 55 & up) Lunch with friends at different restaurants. Transportation by bus available to and from the restaurant from Carver Center for a modest fee. Cost of lunch and tip is extra. Those not requiring transportation must still register (no cost).

230601-01 \$2.00 Blue Ridge Grill, Leesburg
W 1/20-1/20 11:00A-2:00P

230601-02 Self-transport
W 1/20-1/20 11:00A-2:00P

230601-03 \$2.00 Jasmine, Leesburg
W 2/17-2/17 11:00A-2:00P

230601-04 Self-transport
W 2/17-2/17 11:00A-2:00P

GROCERY SHOPPING

(Ages 55 & up) Transportation to Purcellville grocery stores.

230608-01-11
F ongoing 12:30P-2:00P

SHOPPING - LEESBURG

(Ages 55 & up) Transportation to Leesburg for light variety shopping at Walmart or Target.

230604-01
M 12/14-12/14 12:30P-3:00P

230604-02
M 1/11-1/11 12:30P-3:00P

230604-03
M 2/8-2/8 12:30P-3:00P

THRIFT STORE OR LIBRARY

(Ages 55 & up) Trips alternate between Blue Ridge Hospice Thrift Store and the Purcellville Library.

230646-01-10

1st, 4th W ongoing 10:30A-11:30A
2nd W ongoing 10:30A-11:15 A

SPECIAL EVENTS/ PRESENTATIONS

HOLIDAY PARTY

(Ages 55 & up) Come enjoy a visit and a photo opportunity with Santa and Mrs. Claus from 11:30-12:00, followed by a delicious meal and entertainment by singing quartet Dominion 4, at Carver's annual winter holiday event. Lunch is by donation for those 60 and older. Cost for 55-59 year-olds is \$4.

230651-01

F 12/18-12/18 11:30A-1:30P

HOLIDAY PLAY

(All ages) Once again, the Carver Theater Group will WOW you with this year's Holiday Play. Join us for what promises to be a hilarious afternoon, as the group performs a series of holiday sketches to brighten your afternoon and raise your spirits!

230657-01

W 12/2-12/2 12:30P-2:00P

MARTIN LUTHER KING JR. DAY CELEBRATION

(Ages 18 & up) Dr. Martin Luther King Jr., Nobel Prize winner, pastor, activist and humanitarian, is best known for his role in the advancement of civil rights using nonviolent civil disobedience based on his Christian beliefs. Celebrate his enduring contribution to our nation with a presentation, followed by lunch and musical entertainment.

230716-01

F 1/15-1/15 11:15A-1:45P

VALENTINE'S DAY DANCE

(Ages 55 & up) Ride the Carver bus to the Cascades Senior Center to celebrate Valentine's Day. The theme is "Love Boat," and Sky Dantinne will be your DJ. The Carver Center Advisory Board will cover the cost of transportation. Come feel the love! Bus leaves Carver at 1:15 p.m. and returns by 5:00 p.m. Note: Membership at any Loudoun County Senior Center makes you a member at all 4 regional centers.

230650-01 \$5/member/advance, \$7/
non-member/at door

F 2/12-2/12 2:00P-4:00P

CLAUDE MOORE PARK

Visitor Center: 21544 Old Vestal's Gap Road
Sterling, VA 20164

Athletic Fields: 46150 Loudoun Park Lane

571-258-3700

www.loudoun.gov/claudemoorespark

Visitor Center/Discovery Room:

Daily 9:00A-5:00P

Park Hours: Daily 7:00A-Sunset

PRESCHOOL AGE PROGRAMS

Children experience the natural world through play, stories, and exploring outdoors (dress children appropriately). Children in drop-off classes must be toilet-trained.

PARENT/CHILD CLASSES

PARK PALS

(Ages 2-4) Discover the outdoors with your grown-up pal. See a bird, meet a beetle, visit a forest, and more, while focusing on monthly nature themes.

261103-01 \$8.00 All Warm for Winter
F 12/4-12/4 9:30A-10:30A

261103-02 \$8.00 Delightful Deer
F 12/18-12/18 9:30A-10:30A

261103-03 \$8.00 Chickadee-dee-dee
(Snow date 1/15)

F 1/8-1/8 9:30A-10:30A

261103-04 \$8.00 Swirling Snow
F 1/22-1/22 9:30A-10:30A

(Snow date 1/29)

261103-05 \$8.00 Grady the Groundhog
F 2/5-2/5 9:30A-10:30A

(Snow date 2/12)

261103-06 \$8.00 Frolicking Foxes
F 2/19-2/19 9:30A-10:30A

(Snow date 2/26)

DROP-OFF CLASSES

NATURE EXPLORERS

(Ages 4-6) Excite your child's sense of wonder in this on-going nature-based program. Young explorers will use their senses in open-ended investigations of nature, through play, stories, music, art, and observation. The Discovery Grove, an outdoor environment tailored especially for young explorers, and the Education Center Classroom will be home-base, with trails, ponds, meadows, and woods further enhancing this fun learning experience.

261105-01 \$14.00 Winter Berries

Tu	12/1-12/1	9:30A-11:30A
261105-02	\$14.00	Digging for Dinos
Tu	12/15-12/15	9:30A-11:30A
261105-03	\$14.00	Are You Sleeping Mr. Bear?
Tu	1/5-1/5	9:30A-11:30A
		(Snow date 1/12)
261105-04	\$14.00	Beautiful Birdies
Tu	1/19-1/19	9:30A-11:30A
		(Snow date 1/26)
261105-05	\$14.00	A Groundhogs Shadow
Tu	2/2-2/2	9:30A-11:30A
		(Snow date 2/9)
261105-06	\$14.00	Lunar Discoveries
Tu	2/16-2/16	9:30A-11:30A
		(Snow date 2/23)

SCOUT PROGRAMS

These programs meet most badge requirements. Adult must accompany scouts. Other times and badges available. Call for information. Register online with WebTrac. Leaders and chaperones are free and do not register.

DAISY GIRL SCOUT ACTIVITIES

Try out the Between Earth and Sky Journey while experiencing the wonders of the park or just bring your girls for an exciting tour of the local wilderness.

Call ahead

Days vary 12/1-2/29 10:00A-5:00P

BROWNIE GIRL SCOUT BADGES

Complete various badges while exploring the park. Badges include but aren't limited to Hiker, Bugs, Senses, Letterboxer, and more.

Call ahead

Days vary 12/1-2/29 10:00A-5:00P

JUNIOR GIRL SCOUT BADGES

Visit nature while completing requirements for badges like: Geocaching, Animal Habitats, Camper, Flowers, and more.

Call ahead

Days vary 12/1-2/29 10:00A-5:00P

CUB SCOUT ADVENTURES

New programs available for all Cub Scout levels. Fulfill some or all of the requirements for the new core and elective adventures while enjoying the outdoors. Old programs still available.

Call ahead

Days vary 12/1-2/29 10:00A-5:00P

MULTIAGE HIKES & INTERPRETIVE PROGRAMS

For the following programs, children **MUST** be accompanied by a **REGISTERED** adult unless otherwise noted. Minimum numbers required to run programs; please call in advance to register.

TREASURES OF THE PARK

(All ages) Explore the log cabin and historic house! Make a nature craft and play old-time games. No registration required.

Free event

Tu	12/22-12/22	10:30A-12:00P
Tu	12/29-12/29	1:00P-2:30P

LANESVILLE OPEN HOUSE

(All ages) Discover the history of this National Register of Historic Places listed property. No registration required.

Free event

Sa	12/12-12/12	1:00P-3:00P
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Free event

Sa	1/23-1/23	1:00P-3:00P
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Free event

Sa	2/6-2/6	1:00P-3:00P
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FROGSHACKLE OPEN HOUSE

(All ages) Do you love animals? How about fossils, sea shells, bird's nests, and feathers? Well why not explore our nature center with treasure troves of hands on nature items.

Free event

Sa	12/12-12/12	1:00P-3:00P
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Free event

Sa	1/23-1/23	1:00P-3:00P
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Free event

Sa	2/6-2/6	1:00P-3:00P
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EVENING ENVIRONMENTAL ENCOUNTERS

(All ages) Join a naturalist and help discover the park's wildlife by participating in some citizen science! Take a hike, explore your surroundings, and return to a roaring campfire and toasted marshmallows (provided).

261719-01 \$5.00

Sa	1/9-1/9	4:30P-5:45P
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CITIZEN SCIENCE CORNER

(All ages) Come check out the Citizen Science Corner at the Visitor Center and help the park find out what's living around us. Grab a sightings sheet before you head out on the trails and tell us what you've found. Help us monitor our local wildlife. Adult and child versions available.

Free event

Daily	12/1-2/29	9:00A-5:00P
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DISCOVERY ROOM ADVENTURE

(All ages) Stop by the visitor center any day of the week to visit with our live animals and explore a wealth of interesting items. Can you guess how many tree frogs we have or why our snake is orange?

Free event

Daily	12/1-2/29	9:00A-5:00P
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JUNIOR RANGER PROGRAM

(Ages 6 & up) Explore park history and nature, complete an activity book, take the Junior Ranger pledge, and receive your patch.

Pay at door \$2.00

Daily	12/1-2/29	9:00A-5:00P
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DISCOVERY GROVE BIRTHDAY PARTY

(Ages 2 & up) Explore our exciting outdoor play space on your birthday! Play music, dig in the dirt, climb over logs, walk through a maze, and more. Staff will guide you through many fun age-appropriate activities to help celebrate your special day. Call for information and reservations.

Call ahead \$85.00

Days vary	12/1-2/29	9:00A-5:00P
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NATURE BIRTHDAY PARTY

(Ages 4 & up) Celebrate your birthday with outdoor style! Choose themes like: Reptiles, Nature Safari, Birds, etc. Can include visit with park's turtles & snake. Call for information and reservations.

Call ahead \$100.00

Days vary	12/1-2/29	9:00A-5:00P
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ADVENTURE BIRTHDAY PARTY

(Ages 7 & up) Up for a bit of adventure? Try out fishing, geocaching, or campfire fun. Can include visit with park's turtles & snake. Call for information and reservations.

Call ahead \$135.00

Days vary	12/1-2/29	9:00A-5:00P
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ARCHERY BIRTHDAY PARTY

(Ages 9 & up) Gather your friends for an exciting archery experience. Learn the basics and get shooting. Maximum 18 children. Call for information and reservations.

Call ahead \$150.00

Days vary	12/1-2/29	9:00A-5:00P
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GROUP ARCHERY

(Ages 9 & up) Grab a group of friends or family and fire away. Learn the basics and hit the range. Maximum 18 people. Call for information and reservations.

Call ahead \$10.00

Days vary	12/1-2/29	9:00A-5:00P
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SCHOOL FIELD TRIPS

(All ages) Bring your class to experience SOL guided environmental education or history related field trips. Call for information and reservations.

Call ahead \$3.50

Days vary	12/1-2/29	9:00A-5:00P
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ELEMENTARY HOME SCHOOL FIELD TRIPS

(All ages) Have a small group looking for some exciting science or history fun? Join a park naturalist for themed educational field trips. Call for information and reservations.

Call ahead \$3.50

Days vary	12/1-2/29	9:00A-5:00P
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HISTORIC IMMERSIONS

(All ages) Have a privately led experience in our richly historic location. Enjoy an 1870s school-house reenactment. Find out what life was like in our 1779 Lanesville farm house. Take a walk down one of America's first highways. Call for information and reservations.

Call ahead \$3.50

Days vary	12/1-2/29	9:00A-5:00P
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NATURE EXCURSIONS

(All ages) Join one of our Naturalist Instructors on a private tour through the wild areas of Claude Moore Park. Take a walk around the ponds or have a personal visit with our live reptiles. Many topics available. Call for information and reservations.

Call ahead \$3.50

Days vary	12/1-2/29	9:00A-5:00P
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GROUP CAMPFIRE

(All ages) Bring your group to join a naturalist for some campfire fun. We'll build the fire and supply the marshmallows and sticks. Games and activities available, or just have us build and tend a fire for your special event. Call for information and to schedule.

Call ahead

Days vary	12/1-2/29	10:00A-9:00P
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Loudoun County
PRCS
Like us on



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CLAUDE MOORE COMMUNITY CENTER

46111 Loudoun Park Lane
Sterling, VA 20164

571-258-3500

M-Th 8:00A-8:00P

F 8:00A-5:00P Sa 9:00A-2:00P

**Supply & material fees are payable
to the instructor at the first class.**

PRESCHOOL PROGRAMS

DROP-IN ACTIVITIES CARD

(All ages) A CMCC Drop-in Activities Card allows you to make a one-time purchase for any of our drop-in classes, including Before Care. Each card is good for 10 visits. If you register online, bring your receipt with you to the center to redeem your card. Call 571-258-3500 for more information.

210710-01 \$50.00
Su-Sa 12/1-2/28 12:00A-12:00P

LITTLE LEARNERS

(Ages 3-4) Introduces basic preschool skills through stories, art, creative movement and play. Pack a small snack & drink. No class 12/22, 12/24, 12/29, 12/31.

210102-01 \$250.00
Tu,Th 12/1-2/25 9:30A-11:30A

MY FIRST PRESCHOOL T,TH AM

(Ages 2-2½) Your child's first preschool class is a unique experience with books, songs, socialization, art, games, music dance and more! Register in person at Claude Moore Community Center. Proof of age required. No class 12/22, 12/24, 12/29, 12/31.

810122-06 \$220.00
Tu,Th 12/1-2/25 9:30A-11:00A

MY FIRST PRESCHOOL TU, TH PM

(Ages 2-2½) See description for Tu, Th AM. No class 12/22, 12/24, 12/29, 12/31.

810123-06 \$220.00
Tu,Th 12/1-2/25 11:30A-1:00P

MY FIRST PRESCHOOL M, W AM

(Ages 2-2½) See description for Tu, Th AM. No class 12/21, 12/23, 12/28, 12/30, 1/18, 2/15.

810120-06 \$200.00
M,W 12/2-2/29 9:30A-11:00A

MY FIRST PRESCHOOL M, W PM

(Ages 2-2½) See description for Tu, Th AM. No class 12/21, 12/23, 12/28, 12/30, 1/18 & 2/15.

Call 571-258-3500 for more information.

810121-06 \$200.00
M,W 12/2-2/29 11:30A-1:00P

MOM & ME STAY & PLAY

(Ages 1-2) Moms will stay and play with their little ones, participating in a variety of activities including blocks, sorting, open-ended art activities, parachute fun, songs and dancing. No class 12/25.

210105-01 \$18.00
F 12/4-12/18 9:15A-10:00A
210105-02 \$24.00
F 1/8-1/29 9:15A-10:00A
210105-03 \$24.00
F 2/5-2/26 9:15A-10:00A

ORNAMENTS GALORE

(Ages 3-5) Create and decorate a different ornament each week to take home to be displayed in your home for the holidays.

210103-01 \$24.00
F 12/4-12/18 12:00P-2:00P

PRESCHOOL HOLIDAY CAMP

(Ages 3-5) Drop your children off for games, crafts, creative movement, stories and social interaction with children their own age. Please bring a snack, drink and lunch.

210106-01 \$25.00 Winter Wonderland
M 12/21-12/21 9:00A-2:00P
210106-02 \$25.00 Polar Express
Tu 12/22-12/22 9:00A-2:00P
210106-03 \$25.00 Frozen
W 12/23-12/23 9:00A-2:00P
210106-04 \$25.00 Winter Animals
M 12/28-12/28 9:00A-2:00P
210106-05 \$25.00 Wacky Dress Up Day
Tu 12/29-12/29 9:00A-2:00P
210106-06 \$25.00 Snow Much Fun!
W 12/30-12/30 9:00A-2:00P
210106-07 \$25.00 Moonbounce Mania
Th 12/31-12/31 9:00A-2:00P

MOM AND ME HAVE WINTER FUN

(1-2½) Enjoy this time together to do art, sing, play and do some creative movement. Each month is a different theme. January: All that Glitters is Snow, February: Heart to Heart. No class 1/18, 2/15.

210104-01 \$18.00
M 1/4-1/25 9:15A-10:00A
210104-02 \$24.00
M 2/1-2/29 9:15A-10:00A

DEW DROP FAIRIES

(Age 3-5½) We will learn creative movement and ballet skills while working on taking turns,

listening skills, and have fun. Wear black or pink leotard, pink tights, and pink leather ballet shoes please. This is a drop off program. Instructor: GERALYN WARD.

210155-01 \$50.00
Tu 1/12-2/16 10:15A-11:00A

TINY TULIP BALLERINAS

(Ages 2½-3½) In this great introduction to dance, children will learn basic skills while working on taking turns, listening skills and having fun. Wear black or pink leotard, pink tights, and pink leather ballet shoes. This is a drop off program. Instructor: GERALYN WARD.

210156-01 \$40.00
W 1/13-2/17 9:30A-10:00A

STORY BALLET

(Ages 2½-4½) In this introduction to ballet, we learn ballet skills while working on taking turns, listening skills and having fun. Wear black or pink leotard, pink tights, and pink leather ballet shoes please. This is a drop off program. Instructor: GERALYN WARD.

210157-01 \$50.00
W 1/13-2/17 10:15A-11:00A

ROSEBUD DANCERS

(Ages 2½-4½) An introduction to ballet and lyrical dancing. We will work on taking turns and listening skills. Wear black or pink leotard, pink tights, and pink leather ballet shoes please. This is a drop off program. Instructor: GERALYN WARD.

210159-01 \$40.00
Tu 1/12-2/16 9:30A-10:00A

MONDAY LUNCH & FUN

(Ages 3-5) Bring your lunch and drink. Have lunch with friends, play games, listen to stories and lots more fun. Outdoor play daily, weather permitting. No peanuts or tree nuts please. No program 12/21, 12/28.

210160-01 \$24.00
M 12/7-12/14 11:30A-2:00P
210160-02 \$12.00
M 12/7-12/7 11:30A-2:00P
210160-03 \$12.00
M 12/14-12/14 11:30A-2:00P
210160-04 \$36.00
M 1/4-1/25 11:30A-2:00P
210160-05 \$12.00
M 1/4-1/4 11:30A-2:00P
210160-06 \$12.00
M 1/11-1/11 11:30A-2:00P
210160-07 \$12.00
M 1/25-1/25 11:30A-2:00P
210160-08 \$48.00
M 2/1-2/29 11:30A-2:00P
210160-09 \$12.00

M	2/1-2/1	11:30A-2:00P
210160-10	\$12.00	
M	2/8-2/8	11:30A-2:00P
210160-11	\$12.00	
M	2/22-2/22	11:30A-2:00P
210160-12	\$12.00	
M	2/29-2/29	11:30A-2:00P

TUESDAY LUNCH & FUN

(Ages 3-5) See description for Monday Lunch & Fun.

210164-01	\$36.00	
Tu	12/1-12/15	11:30A-2:00P
210164-02	\$12.00	
Tu	12/1-12/1	11:30A-2:00P
210164-03	\$12.00	
Tu	12/8-12/8	11:30A-2:00P
210164-04	\$12.00	
Tu	12/15-12/15	11:30A-2:00P
210164-05	\$48.00	
Tu	1/5-1/26	11:30A-2:00P
210164-06	\$12.00	
Tu	1/5-1/5	11:30A-2:00P
210164-07	\$12.00	
Tu	1/12-1/12	11:30A-2:00P
210164-08	\$12.00	
Tu	1/19-1/19	11:30A-2:00P
210164-09	\$12.00	
Tu	1/26-1/26	11:30A-2:00P
210164-10	\$48.00	
Tu	2/2-2/23	11:30A-2:00P
210164-11	\$12.00	
Tu	2/2-2/2	11:30A-2:00P
210164-12	\$12.00	
Tu	2/9-2/9	11:30A-2:00P
210164-13	\$12.00	
Tu	2/16-2/16	11:30A-2:00P
210164-14	\$12.00	
Tu	2/23-2/23	11:30A-2:00P

WEDNESDAY LUNCH & FUN

(Ages 3-5) See description for Monday Lunch & Fun. No program 12/23 & 12/30.

210161-01	\$36.00	
W	12/2-12/16	11:30A-2:00P
210161-02	\$12.00	
W	12/2-12/2	11:30A-2:00P
210161-03	\$12.00	
W	12/9-12/9	11:30A-2:00P
210161-04	\$12.00	
W	12/16-12/16	11:30A-2:00P
210161-05	\$48.00	
W	1/6-1/27	11:30A-2:00P
210161-06	\$12.00	
W	1/6-1/6	11:30A-2:00P
210161-07	\$12.00	
W	1/13-1/13	11:30A-2:00P

210161-08	\$12.00	
W	1/20-1/20	11:30A-2:00P
210161-09	\$12.00	
W	1/27-1/27	11:30A-2:00P
210161-10	\$48.00	
W	2/3-2/24	11:30A-2:00P
210161-11	\$12.00	
W	2/3-2/3	11:30A-2:00P
210161-12	\$12.00	
W	2/10-2/10	11:30A-2:00P
210161-13	\$12.00	
W	2/17-2/17	11:30A-2:00P
210161-14	\$12.00	
W	2/24-2/24	11:30A-2:00P

THURSDAY LUNCH & FUN

(Ages 3-5) See description for Monday Lunch & Fun. No program 12/24 & 12/31.

210165-01	\$36.00	
Th	12/3-12/17	11:30A-2:00P
210165-02	\$12.00	
Th	12/3-12/3	11:30A-2:00P
210165-03	\$12.00	
Th	12/10-12/10	11:30A-2:00P
210165-04	\$12.00	
Th	12/17-12/17	11:30A-2:00P
210165-05	\$48.00	
Th	1/7-1/28	11:30A-2:00P
210165-06	\$12.00	
Th	1/7-1/7	11:30A-2:00P
210165-07	\$12.00	
Th	1/14-1/14	11:30A-2:00P
210165-08	\$12.00	
Th	1/21-1/21	11:30A-2:00P
210165-09	\$12.00	
Th	1/28-1/28	11:30A-2:00P
210165-10	\$48.00	
Th	2/4-2/25	11:30A-2:00P
210165-11	\$12.00	
Th	2/4-2/4	11:30A-2:00P
210165-12	\$12.00	
Th	2/11-2/11	11:30A-2:00P
210165-13	\$12.00	
Th	2/18-2/18	11:30A-2:00P
210165-14	\$12.00	
Th	2/25-2/25	11:30A-2:00P

FRIDAY LUNCH & FUN

(Ages 3-5) See description for Monday Lunch & Fun.

210162-01	\$36.00	
F	12/4-12/18	11:30A-2:00P
210162-02	\$12.00	
F	12/4-12/4	11:30A-2:00P
210162-03	\$12.00	
F	12/11-12/11	11:30A-2:00P
210162-04	\$12.00	

F	12/18-12/18	11:30A-2:00P
210162-05	\$36.00	
F	1/8-1/22	11:30A-2:00P
210162-06	\$12.00	
F	1/8-1/8	11:30A-2:00P
210162-07	\$12.00	
F	1/15-1/15	11:30A-2:00P
210162-08	\$12.00	
F	1/22-1/22	11:30A-2:00P
210162-09	\$48.00	
F	2/5-2/26	11:30A-2:00P
210162-10	\$12.00	
F	2/5-2/5	11:30A-2:00P
210162-11	\$12.00	
F	2/12-2/12	11:30A-2:00P
210162-12	\$12.00	
F	2/19-2/19	11:30A-2:00P
210162-13	\$12.00	
F	2/26-2/26	11:30A-2:00P

JR. LEGO ROBOTICS

(Ages 3-4) In this class, students will explore mechanisms and structural design through the use of LEGO® Technology. They will build out of LEGO® bricks, enhancing their spatial awareness, hand-eye coordination, and reinforce basic understanding of shapes and colors. They will begin to develop their vocabulary and communication skills in order to explain how the model works; enhance their ability to establish links between cause and effect, and reflect on how to find answers. No class 1/18, 2/15. Instruction by All Star Tech.

210116-01	\$150.00	
M	1/4-2/22	3:00P-3:45P

EVERYBODY CAN COOK!

(Ages 4-5) Children will be involved in the entire cooking process from learning how to use a variety of kitchen tools, reading a recipe, measuring and preparing their own food. If your child has food allergies please call center prior to class. There is additional paperwork that needs to be filled out, as well as menu adjustments, if necessary. 571-258-3500

210110-01	\$30.00	
Tu	1/5-1/26	12:00P-2:00P

SCIENCE SENSATIONS

(Ages 3 ½-5) Explore a world of hands-on experiments such as making snow, crystals, energy and more.

210108-01	\$30.00	
W	1/6-1/27	3:15P-4:45P

MUSIC TOGETHER

(Ages Birth-4) Music Together is a research-based and internationally recognized music and movement program. It engages early

childhood music development for children and their caregivers through mixed-aged classes. Come have a blast making music with us!

210107-01	\$128.00 (+\$40 materials)
Th	1/7-2/25 9:30A-10:15A
210107-02	\$128.00 (+\$40 materials)
Th	1/7-2/25 10:30A-11:15A
210107-03	\$128.00 (+\$40 materials)
Sa	1/9-2/27 10:00A-10:45A

SOUP'S UP!

(Ages 3½-5) Celebrate National Soup Month with us! We will be making and trying several different kinds of soup including vegetable, broccoli cheese and chicken noodle of course! If your child has food allergies please call center prior to class. There is additional paperwork that needs to be filled out, as well as menu adjustments, if necessary.

210115-01	\$10.00
F	1/15-1/15 12:00P-2:00P

AMAZING ATHLETES

(Ages 4-6) Amazing Athletes is a children's fitness program designed to teach developmental lessons from sports, along with activities proven to build and mature a child's motor development, hand-eye coordination and cardiovascular fitness.. Children must wear sneakers. Instructor: Robert Jackson.

210163-01	\$84.00
Tu	1/19-3/8 12:30P-1:15P
210163-02	\$84.00
Th	1/21-3/10 4:00P-4:45P
210163-03	Free Demo
Tu	1/12-1/12 12:00P-12:45P

LET'S GET MOVING

(Ages 3-5) Join us for this six week fitness class. Your preschoolers will improve their gross motor skills through bean bag games, balance beam exercises, parachute games and creative movement. No class 2/15.

210114-01	\$40.00
M	1/25-2/29 10:15A-11:00A

MESSY ART

(Ages 3-5) Use your creativity in these open ended art classes as we create masterpieces while making a mess, using a variety of art supplies and mediums. Bring a snack and drink.

210118-01	\$32.00
Tu	2/2-2/23 12:00P-2:00P

BOOK BUZZ

(Ages 3½-5) Each week, we will read and explore a different book through crafts, songs, activities and creative movement.

210117-01	\$32.00
F	2/5-2/26 3:15P-4:45P

CHINESE NEW YEAR PARTY

(Ages 3-5) It's the year of the monkey! Join us in celebrating with a monkey craft, fortune cookies, Chinese games and much more!

210119-01	\$12.00
M	2/8-2/8 6:00P-7:30P

ELEMENTARY PROGRAMS

LEGO® ROBOTICS

(Ages 5-12) In this class, students will explore mechanisms and structural design through the use of LEGO® Technology. Through the investigation of simple and motorized machines, the use of gears and sensors, and through programming the robots they build, they will learn the basics of physics and the concepts behind real machines. They will build out of LEGO® bricks, investigate motorized machines, calibrate and capture wind, study gearing mechanisms, alternative energy, and more. The class is project and team-based, providing training and experience in teamwork and project management skills as well as training in mechanical engineering, problem solving and debugging, and presentation skills. Instruction by All Star Tech. No class 1/18, 2/15.

210209-01	\$220.00
M	1/4-2/22 4:00P-5:00P

HAND-BUILT POTTERY

(Ages 6-9) Create pottery without a wheel. Discover the world of hand-building with clay. This class is for students interested in working with clay and/or gaining more experience.

210200-01	\$12.00
Th	1/21-1/21 4:00P-5:30P

PAINT MANIA

(Ages 6-9) If you enjoy painting and would like to learn some clever techniques this is the class for you.

210201-01	\$8.00
Th	2/18-2/18 4:00P-5:00P

WINTER BREAK FUN

(Ages 6-9) Register early and don't miss this fun packed camp. Enjoy your break from school with holiday fun, games, painting, crafts, swimming daily and lots more fun. Bring your lunch, 2 snacks, water bottle, swim suit, towel, and plastic bag daily. Wear closed toed shoes for rock wall climbing.

210202-01	\$39.00	Holiday Crafts
M	12/21-12/21	7:30A-6:00P
210202-02	\$39.00	Winter's on Its Way
Tu	12/22-12/22	7:30A-6:00P
210202-03	\$39.00	Holiday Fun
W	12/23-12/23	7:30A-6:00P
210202-04	\$42.00	Winter Critters (Field Trip)

M	12/28-12/28	7:30A-6:00P
210202-05	\$39.00	Let It Snow
Tu	12/29-12/29	7:30A-6:00P
210202-06	\$39.00	Frozen Winter Delight
W	12/30-12/30	7:30A-6:00P
210202-07	\$39.00	Blast Off to New Year's
Th	12/31-12/31	7:30A-6:00P

I AM THE ARTIST

(Ages 4-6) Enjoy listening to the book "I Am the Artist" and create a masterpiece to take home.

210203-01	\$8.00
Th	2/4-2/4 4:00P-5:00P

SNOW DAY BOOK/CRAFT

(Ages 4-6) We'll enjoy the book "Snow Day" and make a frosty fun craft too!

210204-01	\$8.00
Th	1/7-1/7 4:00P-5:00P

New! MINECRAFT ANIMATION

(Ages 6-9) In this class, students will be introduced to basic animation techniques using Minecraft characters and stages. Kids will expand their observation skills and imagination by studying motion in reality and how it influences motion in animation. Students will create various short animation exercises and projects by applying basic acting theories and animation principles to scenes they create.

210205-01	\$149.00
Sa	1/23-2/27 12:00P-1:00P

TEEN PROGRAMS

New! MINECRAFT ANIMATION

(Ages 10-14) See description for Ages 6-9.

210300-01	\$149.00
Sa	1/23-2/27 10:00A-11:30A

New! 3D GAME DESIGN USING UNREAL

(Ages 9-14) Powered by the LEGO MINDSTORM Education Ev3 Base Set and Software, our Lego Robotics class combines the exciting world of Lego with programming to manipulate and program your own personal robot. Learn how to use the simple, but powerful software to create commands with drag and drop visual programming. Configure different sensors that track motion, light, and touch to create the ultimate robot! Students will work together as a small team of young engineers to build and program their designs. This class is great for children who are hands on and like working together in small teams.

210301-01	\$149.00
Th	1/21-2/25 3:00P-4:00P

ADULT PROGRAMS

ZUMBA

(Ages 18 & up) Zumba is a Latin-inspired, "feel-happy" fitness class that tones the body with easy to follow steps for any fitness level! Bring a water bottle and wear comfortable clothing.

210502-01 \$50.00
Th 1/14-2/18 10:00A-11:00A

BIRTHDAY PARTY PACKAGES

MOONBOUNCE BIRTHDAY PARTY

(Ages 3-9) This birthday party is designed to offer wholesome fun for up to 15 children, while giving the parents the convenience of having the party at CMCC and the fun of a moonbounce. Add a sno-cone or popcorn machine to the party for additional fee of \$25. To book your next birthday celebration, call 571-258-3500 or stop by CMCC.

210721-01 \$150.00
Su-Sa 12/1-12/31
210721-02 \$150.00
Su-Sa 1/1-1/31
210721-03 \$150.00
Su-Sa 2/1-2/28

CMRC Annual Pass Sale
15% discount
Nov 15- Jan 15

www.loudoun.gov/claudemoorerec
or call 571-258-3600



CLAUDE MOORE RECREATION CENTER

46105 Loudoun Park Lane
Sterling, VA 20164

571-258-3600

571-258-3601 (fax)

<http://www.loudoun.gov/claudemoorerec>

Facility Hours:*

M-F 5:00A-9:30P • Sa-Su 8:00A - 8:00P

Closed Thanksgiving Day, 11/26

Closing 12:00PM on 12/24

Closed 12/25

Closing 12:00PM on 12/31

Closed 1/1/2016

Competition Pool

M-F 5:00A-9:15P • Sa-Su 8:00A-7:45P

Leisure Pool & Spa

M-F 9:00A-8:45P • Sa-Su 11:00A-7:45P

***Please call for availability of the leisure pool and rock wall: Hours are subject to change.**

ADMISSION FEES

All admissions include age appropriate access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the rock wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase.

Daily	Resident	Non-Res
Under 3	Free	Free
(plastic training pants required)		
Ages 3-17	\$3.75	\$5.75
Adults 18-54	\$5.50	\$8.25
Ages 55+	\$3.75	\$5.75
Chaperone Fee*	\$2.00	\$2.00

*Adults accompanying youth 5-12, but not utilizing CMRC.

MUST be in pool with children under 5 pay full admission fee.

Admission Pass (25 admissions no expiration)

Ages 3-17 & 55+	\$85	\$128
Ages 18-54	\$120	\$180

Monthly Passes (unlimited use)

Single Adult	\$46	\$69
Two Adults (Family)	\$71	\$107
Family Dependent	\$12	\$18
Family	\$84	\$125
Student Pass*	\$34	\$50
Senior	\$34	\$50
Senior Couple	\$52	\$78

15% Off Nov. 15-Jan. 15!

(Sale on Annual passes ONLY)

Annual Membership (unlimited use)

Single Adult	\$550	\$825
Two Adults (Family)	\$850	\$1275

Family Dependent	\$140	\$210
Family	\$1000	\$1500
Student Pass*	\$400	\$600
Senior	\$400	\$600
Senior Couple	\$620	\$930

*Individual with valid school ID

GENERAL INFORMATION

FACILITY RENTALS

Rental options include a carpeted, multi-purpose room, catering kitchen, gymnasium, conference room, and small classrooms. Visit us for a tour and to schedule your event. Payment is due at time of reservation.

RECREATION CENTER BIRTHDAY PARTIES

Swim or play with your guests and enjoy a meal in one of our Party Rooms. Party packages are available Friday evenings, Saturdays and Sundays for groups of 15 participants or less. Visit us online for package details, prices, and forms; Stop by to secure a date. Full payment is due at time of reservation.

AQUATICS & SAFETY PROGRAMS

LIFEGUARD CLASS

Prerequisites: Must be 15 by last class and be able to complete a 300-yd swim and get 10lb. brick from bottom of at least 9 ft. of water at first class. Bring swimsuit and towel. Attendance is mandatory at every class

273290-01	\$300.00	
Sa, Su, M, Tu,	12/26-12/29	10:00A-6:00P
273290-02	\$300.00	
Sa, Su	1/16-1/24	10:00A-6:00P
273290-03	\$300.00	
Sa, Su	2/20-2/28	10:00A-6:00P

INTRO TO WATER FITNESS

(Ages 16 & up) New to water fitness? This is the class for you! Low- impact, shallow-water class incorporates strength training, cardiovascular fitness, resistance equipment, and the unique properties of water to improve balance and coordination, increase flexibility, and build endurance.

273465-01	\$80.00	
Tu, Th	1/5-1/28	9:15A-10:05A
273465-02	\$80.00	
Tu, Th	2/2-2/25	9:15A-10:05A

DEEP WATER AEROBICS

(Ages 16 & up) A water-fitness, exercise program that will help improve flexibility, cardiovascular conditioning, muscular strength, and endurance. Fun, zero gravity pull, appropriate for

those who are comfortable in the deep end.

273466-01	\$80.00	
Tu,Th	1/5-1/28	10:15A-11:05A
273466-02	\$80.00	
Tu,Th	2/2-2/25	10:15A-11:05A

PRIVATE/SEMI-PRIVATE SWIM LESSONS

(Ages 6 & up) These lessons offer individualized attention. Half-hour lessons are scheduled on a monthly basis and arranged according to instructor availability. Enrollments must be made at the CMRC Front Desk.

Resident	Private	Semi-private
4 lessons	\$150	\$100
Non-resident	Private	Semi-private
4 lessons	\$225	\$150

CLAUDE MOORE AQUATICS*

Swim Lesson Evaluations:
F 12/18, 1/29, 2/26 5:00P-7:00P
*Uncertain about the level in which to enroll your child? Schedule a Swim Evaluation by contacting Ryan.Keelor@Loudoun.gov.

PRESCHOOL SWIM CLASSES

PARENT/CHILD LEVEL 1

(Ages 6-36 mos) Class will focus on water adjustment and safety skills. Parent must be in water. No class 12/25-1/3, 1/29-1/31.

Activity Number 273151

Sec	Dates	Day	Time	Fee
1	11/30-12/16M,W		9:00A- 9:30A	\$69
2	11/30-12/16M,W		12:00P-12:30P	\$69
3	11/30-12/16M,W		4:10P- 4:40P	\$69
4	1/4-1/27	M,W	9:00A- 9:30A	\$90
5	1/4-1/27	M,W	12:00P-12:30P	\$90
6	1/4-1/27	M,W	4:10P- 4:40P	\$90
7	2/1-2/24	M,W	9:00A- 9:30A	\$90
8	2/1-2/24	M,W	12:00P-12:30P	\$90
9	2/1-2/24	M,W	4:10P- 4:40P	\$90
10	12/1-12/17Tu,Th		4:50P- 5:20P	\$69
11	1/5-1/28	Tu,Th	4:50P- 5:20P	\$90
12	2/2-2/25	Tu,Th	4:50P- 5:20P	\$90
15	12/4-2/26	F	9:00A- 9:30A	\$114
16	12/4-2/26	F	4:10P- 4:40P	\$114
18	12/5-2/27	Sa	8:35A- 9:05A	\$114
19	12/6-2/28	Su	8:00A- 8:30A	\$114

PARENT/CHILD LEVEL 2

(Ages 24-48 mos) Class will focus on water adjustment, safety skills and skill readiness. Parent must be in water. No class 12/25-1/3, 1/29-1/31.

Activity Number 273152

Sec	Dates	Day	Time	Fee
1	11/30-12/16M,W		5:30P- 6:00P	\$69

2	1/4-1/27	M,W	5:30P- 6:00P	\$90
3	2/1-2/24	M,W	5:30P- 6:00P	\$90
5	12/1-12/17Tu,Th		9:00A- 9:30A	\$69
6	12/1-12/17Tu,Th		12:00-12:30P	\$69
8	1/5-1/28	Tu,Th	9:00A- 9:30A	\$90
9	1/5-1/28	Tu,Th	12:00P-12:30P	\$90
11	2/2-2/25	Tu,Th	9:00A- 9:30A	\$90
12	2/2-2/25	Tu,Th	12:00P-12:30P	\$90
15	12/4-2/26	F	5:30P- 6:00P	\$114
16	12/5-2/27	Sa	9:45A-10:15A	\$114
17	12/6-2/28	Su	9:10A- 9:40A	\$114

PRESCHOOL LEVEL 1

(Ages 3-5) Child must be able to leave parent willingly and follow directions. Goals of the class include entering independently, submerging face & blowing bubbles for at least 3 seconds, floating on back for 3 seconds and gliding on front at least 2 body lengths. No class 12/25-1/3, 1/29-1/31.

Activity Number 273153

Sec	Dates	Day	Time	Fee
1	11/30-12/16M,W		9:40A-10:10A	\$69
2	11/30-12/16M,W		12:40P- 1:10P	\$69
3	11/30-12/16M,W		4:50P- 5:20P	\$69
4	11/30-12/16M,W		6:10P- 6:40P	\$69
5	1/4-1/27	M,W	9:40A-10:10A	\$90
6	1/4-1/27	M,W	12:40P- 1:10P	\$90
7	1/4-1/27	M,W	4:50P- 5:20P	\$90
8	1/4-1/27	M,W	6:10P- 6:40P	\$90
9	2/1-2/24	M,W	9:40A-10:10A	\$90
10	2/1-2/24	M,W	12:40P- 1:10P	\$90
11	2/1-2/24	M,W	4:50P- 5:20P	\$90
12	2/1-2/24	M,W	6:10P- 6:40P	\$90
14	12/1-12/17Tu,Th		9:40A-10:10A	\$69
15	12/1-12/17Tu,Th		12:40P- 1:10P	\$69
16	12/1-12/17Tu,Th		4:10P- 4:40P	\$69
17	12/1-12/17Tu,Th		5:30P- 6:00P	\$69
18	1/5-1/28	Tu,Th	9:40A-10:10A	\$90
19	1/5-1/28	Tu,Th	12:40P- 1:10P	\$90
20	1/5-1/28	Tu,Th	4:10P- 4:40P	\$90
21	1/5-1/28	Tu,Th	5:30P- 6:00P	\$90
22	2/2-2/25	Tu,Th	9:40A-10:10A	\$90
23	2/2-2/25	Tu,Th	12:40P- 1:10P	\$90
24	2/2-2/25	Tu,Th	4:10P- 4:40P	\$90
25	2/2-2/25	Tu,Th	5:30P- 6:00P	\$90
28	12/4-2/26	F	9:40A-10:10A	\$114
29	12/4-2/26	F	12:40P- 1:10P	\$114
30	12/4-2/26	F	3:30P- 4:10P	\$114
31	12/4-2/26	F	4:50P- 5:20P	\$114
34	12/5-2/27	Sa	9:10A- 9:40A	\$114
35	12/5-2/27	Sa	10:20A-10:50A	\$114
36	12/6-2/28	Su	9:45A-10:15A	\$114
37	12/6-2/28	Su	11:00A-11:30A	\$114

PRESCHOOL LEVEL 2

(Ages 3-5) Child must be able to complete

objectives of preschool level 1. Goals of the class include gliding on front 3 body lengths, floating for 15 seconds then recovering to a vertical position, opening eyes under water, swimming using combined arm and leg actions on front for 3 body lengths. No class 12/25-1/3, 1/29-1/31.

Activity Number 273154

Sec	Dates	Day	Time	Fee
1	11/30-12/16M,W		10:20A-10:50A	\$69
2	11/30-12/16M,W		1:20P- 1:50P	\$69
3	11/30-12/16M,W		3:30P- 4:00P	\$69
4	11/30-12/16M,W		6:10P- 6:40P	\$69
5	1/4-1/27	M,W	10:20A-10:50A	\$90
6	1/4-1/27	M,W	1:20P- 1:50P	\$90
7	1/4-1/27	M,W	3:30P- 4:00P	\$90
8	1/4-1/27	M,W	6:10P- 6:40P	\$90
9	2/1-2/24	M,W	10:20A-10:50A	\$90
10	2/1-2/24	M,W	1:20P- 1:50P	\$90
11	2/1-2/24	M,W	3:30P- 4:00P	\$90
12	2/1-2/24	M,W	6:10P- 6:40P	\$90
15	12/1-12/17Tu,Th		10:20A-10:50A	\$69
16	12/1-12/17Tu,Th		1:20P- 1:50P	\$69
17	12/1-12/17Tu,Th		5:30P- 6:00P	\$69
18	12/1-12/17Tu,Th		6:50P- 7:20P	\$69
19	1/5-1/28	Tu,Th	10:20A-10:50A	\$90
20	1/5-1/28	Tu,Th	1:20P- 1:50P	\$90
21	1/5-1/28	Tu,Th	5:30P- 6:00P	\$90
22	1/5-1/28	Tu,Th	6:50P- 7:20P	\$90
23	2/2-2/25	Tu,Th	10:20A-10:50A	\$90
24	2/2-2/25	Tu,Th	1:20P- 1:50P	\$90
25	2/2-2/25	Tu,Th	5:30P- 6:00P	\$90
26	2/2-2/25	Tu,Th	6:50P- 7:20P	\$90
30	12/4-2/26	F	10:20A-10:50A	\$114
31	12/4-2/26	F	1:20P- 1:50P	\$114
32	12/4-2/26	F	3:30P- 4:00P	\$114
33	12/4-2/26	F	6:10P- 6:40P	\$114
34	12/5-2/27	Sa	8:00A- 8:30A	\$114
35	12/5-2/27	Sa	10:20A-10:50A	\$114
36	12/6-2/28	Su	8:35A- 9:05A	\$114
37	12/6-2/28	Su	11:00A-11:30A	\$114

PRESCHOOL LEVEL 3

(Ages 3-5) Child must be able to complete objectives of preschool level 2. Goals of class include, tread water & back float for 15 seconds each, gliding on back for 3 body lengths swimming using combined arm and leg actions on front for 5 body lengths, rolling to back float for 15 seconds, then continuing 5 additional body lengths. No class 12/25-1/3, 1/29-1/31.

Activity Number 273155

Sec	Dates	Day	Time	Fee
1	11/30-12/16M,W		11:00A-11:30A	\$69
2	11/30-12/16M,W		2:00P- 2:30P	\$69
3	11/30-12/16M,W		3:30P- 4:00P	\$69
4	11/30-12/16M,W		4:50P- 5:20P	\$69
5	1/4-1/27	M,W	11:00A-11:30A	\$90

6	1/4-1/27	M,W	2:00P- 2:30P	\$90
7	1/4-1/27	M,W	3:30P- 4:00P	\$90
8	1/4-1/27	M,W	4:50P- 5:20P	\$90
9	2/1-2/24	M,W	11:00A-11:30A	\$90
10	2/1-2/24	M,W	2:00P- 2:30P	\$90
11	2/1-2/24	M,W	3:30P- 4:00P	\$90
12	2/1-2/24	M,W	4:50P- 5:20P	\$90
15	12/1-12/17Tu,Th		11:00A-11:30A	\$69
16	12/1-12/17Tu,Th		2:00P- 2:30P	\$69
17	12/1-12/17Tu,Th		4:10P- 4:40P	\$69
18	12/1-12/17Tu,Th		6:50P- 7:20P	\$69
19	1/5-1/28	Tu,Th	11:00A-11:30A	\$90
20	1/5-1/28	Tu,Th	2:00P- 2:30P	\$90
21	1/5-1/28	Tu,Th	4:10P- 4:40P	\$90
22	1/5-1/28	Tu,Th	6:50P- 7:20P	\$90
23	2/2-2/25	Tu,Th	11:00A-11:30A	\$90
24	2/2-2/25	Tu,Th	2:00P- 2:30P	\$90
25	2/2-2/25	Tu,Th	4:10P- 4:40P	\$90
26	2/2-2/25	Tu,Th	6:50P- 7:20P	\$90
30	12/4-2/26	F	11:00A-11:30A	\$114
31	12/4-2/26	F	2:00P- 2:30P	\$114
32	12/4-2/26	F	4:50P- 5:20P	\$114
33	12/4-2/26	F	6:10P- 6:40P	\$114
34	12/5-2/27	Sa	8:00A- 8:30A	\$114
35	12/5-2/27	Sa	9:10A- 9:40A	\$114
36	12/5-2/27	Sa	10:20A-10:50A	\$114
37	12/6-2/28	Su	8:35A- 9:05A	\$114
38	12/6-2/28	Su	9:45A-10:15A	\$114

AMERICAN RED CROSS LEARN TO SWIM CLASSES

LEARN TO SWIM LEVEL 1

(Ages 6-12) Goals of the class include gliding on front for 2 body lengths, open eyes underwater and floating on back for 5 seconds. No class 12/25-1/3, 1/29-1/31.

Activity number 273251

Sec	Dates	Day	Time	Fee
1	11/30-12/16M,W		5:30P- 6:00P	\$69
2	11/30-12/16M,W		6:50P- 7:20P	\$69
3	1/4-1/27	M,W	5:30P- 6:00P	\$90
4	1/4-1/27	M,W	6:50P- 7:20P	\$90
5	2/1-2/24	M,W	5:30P- 6:00P	\$90
6	2/1-2/24	M,W	6:50P- 7:20P	\$90
7	12/1-12/17Tu,Th		3:30P- 4:00P	\$69
8	12/1-12/17Tu,Th		6:10P- 6:40P	\$69
9	12/1-12/17Tu,Th		7:30P- 8:00P	\$69
10	1/5-1/28	Tu,Th	3:30P- 4:00P	\$90
11	1/5-1/28	Tu,Th	6:10P- 6:40P	\$90
12	1/5-1/28	Tu,Th	7:30P- 8:00P	\$90
13	2/2-2/25	Tu,Th	3:30P- 4:00P	\$90
14	2/2-2/25	Tu,Th	6:10P- 6:40P	\$90
15	2/2-2/25	Tu,Th	7:30P- 8:00P	\$90
19	12/4-2/26	F	5:30P- 6:00P	\$114
20	12/4-2/26	F	6:50P- 7:20P	\$114

21	12/5-2/27	Sa	8:35A- 9:05A	\$114
22	12/5-2/27	Sa	11:00A-11:30A	\$114
23	12/6-2/28	Su	8:00A- 8:30A	\$114
24	12/6-2/28	Su	10:20A-10:50A	\$114

LEARN TO SWIM LEVEL 2

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 1. Goals of the class include swimming 5 body lengths on front, roll to back, float on back for 15 seconds then continue for 5 body lengths. Glide on front and back at least 2 body lengths. No class 12/25-1/3, 1/29-1/31.

Activity number 273252

Sec	Dates	Day	Time	Fee
1	11/30-12/16M,W		4:10P- 4:40P	\$69
2	11/30-12/16M,W		6:50P- 7:20P	\$69
3	1/4-1/27	M,W	4:10P- 4:40P	\$90
4	1/4-1/27	M,W	6:50P- 7:20P	\$90
5	2/1-2/24	M,W	4:10P- 4:40P	\$90
6	2/1-2/24	M,W	6:50P- 7:20P	\$90
7	12/1-12/17Tu,Th		3:30P- 4:00P	\$69
8	12/1-12/17Tu,Th		4:50P- 5:20P	\$69
9	12/1-12/17Tu,Th		6:10P- 6:40P	\$69
10	12/1-12/17Tu,Th		7:30P- 8:00P	\$69
11	1/5-1/28	Tu,Th	3:30P- 4:00P	\$90
12	1/5-1/28	Tu,Th	4:50P- 5:20P	\$90
13	1/5-1/28	Tu,Th	6:10P- 6:40P	\$90
14	1/5-1/28	Tu,Th	7:30P- 8:00P	\$90
15	2/2-2/25	Tu,Th	3:30P- 4:00P	\$90
16	2/2-2/25	Tu,Th	4:50P- 5:20P	\$90
17	2/2-2/25	Tu,Th	6:10P- 6:40P	\$90
18	2/2-2/25	Tu,Th	7:30P- 8:00P	\$90
20	12/4-2/26	F	4:10P- 4:40P	\$114
21	12/4-2/26	F	6:50P- 7:20P	\$114
22	12/5-2/27	Sa	9:45A-10:15A	\$114
23	12/5-2/27	Sa	11:00A-11:30A	\$114
24	12/6-2/28	Su	9:10A- 9:40A	\$114
25	12/6-2/28	Su	10:20A-10:50A	\$114

LEARN TO SWIM LEVEL 3

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 2. Goals of the class include swim front crawl 15 yards, change direction and swim elementary backstroke 15 yards. Tread water or float for 1 minute and swim front crawl or elementary backstroke 25 yards. Perform breaststroke kick for 15 yards. No class 12/25-1/3, 1/29-1/31.

Activity number 273253

Sec	Dates	Day	Time	Fee
1	11/30-12/16M,W		4:20P- 5:00P	\$86
2	11/30-12/16M,W		6:00P- 6:40P	\$86
3	11/30-12/16M,W		6:50P- 7:30P	\$86
4	11/30-12/16M,W		7:40P- 8:20P	\$86
5	1/4-1/27	M,W	4:20P- 5:00P	\$114
6	1/4-1/27	M,W	6:00P- 6:40P	\$114

7	1/4-1/27	M,W	6:50P- 7:30P	\$114
8	1/4-1/27	M,W	7:40P- 8:20P	\$114
9	2/1-2/24	M,W	4:20P- 5:00P	\$114
10	2/1-2/24	M,W	6:00P- 6:40P	\$114
11	2/1-2/24	M,W	6:50P- 7:30P	\$114
12	2/1-2/24	M,W	7:40P- 8:20P	\$114
15	12/1-12/17Tu,Th		3:30P- 4:10P	\$86
16	12/1-12/17Tu,Th		5:10P- 5:50P	\$86
17	12/1-12/17Tu,Th		6:50P- 7:20P	\$86
18	12/1-12/17Tu,Th		7:40P- 8:20P	\$86
19	1/5-1/28	Tu,Th	3:30P- 4:10P	\$114
20	1/5-1/28	Tu,Th	5:10P- 5:50P	\$114
21	1/5-1/28	Tu,Th	6:50P- 7:30P	\$114
22	1/5-1/28	Tu,Th	7:40P- 8:20P	\$114
23	2/2-2/25	Tu,Th	3:30P- 4:10P	\$114
24	2/2-2/25	Tu,Th	7:40P- 8:20P	\$114
27	12/4-2/26	F	4:20P- 5:50P	\$140
28	12/4-2/26	F	6:00P- 6:40P	\$140
29	12/4-2/26	F	6:50P- 7:30P	\$140
30	12/4-2/26	F	7:40P- 8:20P	\$140
31	12/5-2/27	Sa	8:00A-8:40P	\$140
32	12/5-2/27	Sa	9:40A-10:20A	\$140
33	12/5-2/27	Sa	11:20A-12:00P	\$140
34	12/6-2/28	Su	8:50A- 9:30A	\$140
35	12/6-2/28	Su	9:40A-10:20A	\$140
36	12/6-2/28	Su	10:30A-11:10A	\$140
37	12/6-2/28	Su	12:10P-12:50P	\$140

LEARN TO SWIM LEVEL 4

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 3. Goals of the class include performing a feet-first entry, swimming front crawl & elementary backstroke for 25 yards. Swimming breaststroke, backcrawl and butterfly for 15 yards. No class 12/25-1/3, 1/29-1/31.

Activity number 273254

Sec	Dates	Day	Time	Fee
1	11/30-12/16M,W		4:20P- 5:00P	\$86
2	11/30-12/16M,W		6:00P- 6:40P	\$86
3	11/30-12/16M,W		7:40P- 8:20P	\$86
4	1/4-1/27	M,W	4:20P- 5:00P	\$114
5	1/4-1/27	M,W	6:00P- 6:40P	\$114
6	1/4-1/27	M,W	7:40P- 8:20P	\$114
7	2/1-2/24	M,W	4:20P- 5:00P	\$114
8	2/1-2/24	M,W	6:00P- 6:40P	\$114
9	2/1-2/24	M,W	7:40P- 8:20P	\$114
12	12/1-12/17Tu,Th		3:30P- 4:10P	\$86
13	12/1-12/17Tu,Th		5:10P- 5:50P	\$86
14	12/1-12/17Tu,Th		6:00P- 6:40P	\$86
15	12/1-12/17Tu,Th		6:50P- 7:30P	\$86
16	1/5-1/28	Tu,Th	3:30P- 4:10P	\$114
17	1/5-1/28	Tu,Th	5:10P- 5:50P	\$114
18	1/5-1/28	Tu,Th	6:00P- 6:40P	\$114
19	1/5-1/28	Tu,Th	6:50P- 7:30P	\$114
20	2/2-2/25	Tu,Th	4:10P- 4:50P	\$114
21	2/2-2/27	Tu,Th	6:40P-7:20P	\$114

25	12/4-2/26	F	4:20P- 5:00P	\$140
26	12/4-2/26	F	5:10P- 5:50P	\$140
27	12/4-2/26	F	6:00P- 6:40P	\$140
28	12/4-2/26	F	7:40P- 8:20P	\$140
29	12/5-2/27	Sa	8:00A- 8:40A	\$140
30	12/5-2/27	Sa	9:40A-10:20A	\$140
31	12/5-2/27	Sa	11:20A-12:00P	\$140
32	12/6-2/28	Su	8:50A- 9:30A	\$140
33	12/6-2/28	Su	9:40A-10:20A	\$140
34	12/6-2/28	Su	10:30A-11:10A	\$140
35	12/6-2/28	Su	12:10P-12:50P	\$140

LEARN TO SWIM LEVEL 5

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 4. Goals of the class include swimming front crawl & elementary backstroke for 50 yards. Swimming breaststroke, back crawl and butterfly for 25 yards. No class 12/25-12/2, 1/29-1/31.

Activity number 273255

Sec	Dates	Day	Time	Fee
1	11/30-12/16M,W		3:30P- 4:10P	\$86
2	11/30-12/16M,W		5:10P- 5:50P	\$86
3	1/4-1/27	M,W	3:30P- 4:10P	\$114
4	1/4-1/27	M,W	5:10P- 5:50P	\$114
5	2/1-2/24	M,W	3:30P- 4:10P	\$114
6	2/1-2/24	M,W	5:10P- 5:50P	\$114
9	12/1-12/17Tu,Th		4:20P- 5:00P	\$86
10	12/1-12/17Tu,Th		7:40P- 8:20P	\$86
11	1/5-1/28	Tu,Th	4:20P- 5:00P	\$114
12	1/5-1/28	Tu,Th	7:40P- 8:20P	\$114
14	2/2-2/25	Tu,Th	5:00P- 5:40P	\$114
17	12/4-2/26	F	3:30P- 4:10P	\$140
18	12/4-2/26	F	6:50P- 7:30P	\$140
19	12/5-2/27	Sa	8:50A- 9:30A	\$140
20	12/5-2/27	Sa	12:10P-12:50P	\$140
21	12/6-2/28	Su	8:00A- 8:40A	\$140
22	12/6-2/28	Su	11:20A-12:00P	\$140

LEARN TO SWIM LEVEL 6.1

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 5. Goals of the class include swimming stroke of choice for 500 yards, swimming at least 50 yards of each stroke. No class 12/25-1/3, 1/29-1/31.

Activity number 273256

Sec	Dates	Day	Time	Fee
1	11/30-12/16M,W		3:30P- 4:10P	\$86
2	11/30-12/16M,W		6:50P- 7:30P	\$86
3	1/4-1/27	M,W	3:30P- 4:10P	\$114
4	1/4-1/27	M,W	6:50P- 7:30P	\$114
5	2/1-2/24	M,W	3:30P- 4:10P	\$114
6	2/1-2/24	M,W	6:50P- 7:30P	\$114
9	12/1-12/17Tu,Th		4:20P- 5:00P	\$86
10	12/1-12/17Tu,Th		6:00P- 6:40P	\$86
11	1/5-1/28	Tu,Th	4:20P- 5:00P	\$114

12	1/5-1/28	Tu,Th	6:00P- 6:40P	\$114
13	2/2-2/25	Tu,Th	5:50P- 6:30P	\$114
16	12/4-2/26	F	3:30P- 4:10P	\$140
17	12/4-2/26	F	5:10P- 5:50P	\$140
18	12/5-2/27	Sa	8:50A- 9:30A	\$140
19	12/5-2/27	Sa	10:30A-11:10A	\$140
20	12/5-2/27	Sa	12:10P-12:50P	\$140
21	12/6-2/28	Su	11:20A-12:00P	\$140

ADULT LEVEL 1

(Ages 13 & up) Goals of class include submerging face in water, swimming independently on front for 5 yards. No class 12/25-1/3 & 1/29-1/31.

Activity number 273461

Sec	Dates	Day	Time	Fee
1	11/30-12/16M,W		8:20P- 9:00P	\$86
2	1/4-1/27	M,W	8:20P- 9:00P	\$114
3	2/1-2/24	M,W	8:20P- 9:00P	\$114
4	12/5-2/27	Sa	12:10P-12:50P	\$140
5	12/6-2/28	Su	12:00P-12:40P	\$140

ADULT LEVEL 2

(Ages 13 & up) Goals of class include swimming 25 yards using both front and back crawl and floating on back for 10 seconds. No class 12/25-1/3, 1/29-1/31.

Activity number 273462

Sec	Dates	Day	Time	Fee
1	12/1-12/17Tu,Th		8:20P- 9:00P	\$86
2	1/5-1/28	Tu,Th	8:20P- 9:00P	\$114
3	2/2-2/25	Tu,Th	8:20P- 9:00P	\$114
4	12/5-2/27	Sa	1:00P- 1:40P	\$140
5	12/6-2/28	Su	12:50P- 1:30P	\$140

ADULT LEVEL 3

(Ages 13 & up) Goals of class include continuing to develop skills based on students goals. No class 12/25-1/3, 1/29-1/31.

Activity number 273463

Sec	Dates	Day	Time	Fee
1	12/4-2/26	F	8:20P- 9:00P	\$140

FITNESS & SPORTS PROGRAMS - YOUTH

FITKIDS® TUMBLING

(Ages 3-5) Fitness class - may be strenuous. Flip, jump and roll into tumbling fun! Floor exercises (basic tumbling skills) and balance beam work will build confidence, self-esteem, coordination, and strength. Perfect introductory class!

273111-01	\$50.00
Tu	1/12-2/2 11:45A-12:25P

FITKIDS® SOCCER

(Ages 3-5) There will be lots of running, kicking, laughing and making new friends while learning the basics of soccer. We will cover trapping, dribbling, passing, shooting & other fun games.

273139-01	\$50.00
Tu	1/12-2/2 11:00A-11:40A
273139-02	\$50.00
Tu	1/12-2/2 5:15P-5:55P

FITKIDS® FLOOR HOCKEY

(Ages 3-5) Floor Hockey is a super place for young players with tons of energy. Develops skills and hand-eye coordination. This camp will focus on the fundamentals of hockey, teamwork, and sportsmanship.

273140-01	\$50.00
Tu	1/12-2/2 4:30P-5:10P

FITKIDS® MOM & ME SOCCER/TBALL

(Ages 2-3) 4 weeks. Children will learn all about SOCCER AND T-BALL with the help of their parent/caregiver and one of our enthusiastic coaches. The class will focus on 2 weeks of Soccer and 2 weeks of T-Ball. Soccer skills will include trapping, dribbling, passing, and shooting. T-Ball skills will focus on batting, throwing and catching skills. Parent or caregiver must be present.

273160-01	\$50.00
Tu	1/12-2/2 10:15A-10:55A

TINY TENNIS

(Ages 4-6) This class is a great way to introduce your child to tennis. Kids will work on hand-eye coordination, racquet handling, hitting, serving and the rules. Must bring a child racquet and three balls.

273166-01	\$88.00
Su	12/6-2/21 10:30A-11:20A

BEGINNING TENNIS FOR YOUTH

Ages (6-8) This class is a great way to introduce your child to tennis. Work on hand-eye coordination, racquet handling, hitting, serving and the rules. Must bring a child racquet and three balls.

273212-01	\$88.00
Su	12/6-2/21 9:30A-10:20A

BASKETBALL ACADEMY (AGES 6-8)

(Age 6-8) Swoosh! Learn the basics of basketball. Passing, dribbling, shooting, and teamwork.

273202-01	\$88.00
Sa	12/5-2/20 11:00A-11:50A
273202-02	\$88.00
M	12/7-2/22 4:00P-4:50P

BASKETBALL ACADEMY (AGES 9-11)

(Age 9-11) Improve B-Ball skills and techniques such as footwork, passing,

agility, and game strategy.

273204-01	\$88.00	
Sa	12/5-2/20	10:00A-10:50A
273204-02	\$88.00	
M	12/7-2/22	5:00P-5:50P

BASKETBALL ACADEMY (AGES 11-13)

(Age 11-13) See description for Ages 9-11.

273205-01	\$88.00	
Sa	12/5-2/20	9:00A-9:50A
273205-02	\$88.00	
M	12/7-2/22	6:00P-6:55P

VOLLEYBALL 4 STARTERS

(Ages 11-16) Learn the basics of Volleyball. Pass, set, bump, serve, spike, rules of game, and teamwork. Games will be played.

273329-01	\$88.00	
Su	12/6-2/21	12:00P-12:50P

VOLLEYBALL 4 INTERMEDIATE

(Ages 12-16) See description for Volleyball 4 Starters.

273302-01	\$88.00	
Su	12/6-2/21	2:00P-2:50P

FITNESS & SPORTS PROGRAMS - ADULTS

BEGINNING INDOOR TENNIS

(Ages 18 & up) Have you ever wanted to learn tennis? Winter is a great time to learn. This class will introduce you to the sport; you will learn all the basics including strokes, rules, scoring, foot work and techniques. This class is for those who have not played before or are just getting started.

273537-01	\$88.00	
Su	12/6-2/21	8:30A-9:30A

VOLLEYBALL BASICS-ADULTS

(Ages 18 & up) Develop the fundamentals - passing, setting, hitting, blocking, and game-situation decision-making.

273714-01	\$88.00	
Su	12/6-2/21	1:00P-1:50P

GROUP EXERCISE

INTRO TO WATER FITNESS

(Ages 16 & up) See description under Aquatics & Safety Programs.

273465-01	\$60.00	
Tu,Th	1/5-1/28	9:15A-10:05A
273465-02	\$60.00	
Tu,Th	2/2-2/25	9:15A-10:05A

DEEP WATER AEROBICS

(Ages 16 & up) See description under Aquatics and Safety Programs.

273466-01	\$60.00	
Tu,Th	1/5-1/28	10:15A-11:05A
273466-02	\$60.00	
Tu,Th	2/2-2/25	10:15A-11:05A

HATHA YOGA

(Ages 18 & up) Traditional yoga designed to help align the body through a series of poses (asanas) while drawing attention to the breath. Build strength, flexibility, and energy flow while cultivating calmness in the mind. Beginners are welcome.

273540-01	\$88.00	
M	12/7-2/22	7:15P-8:30P

YIN YOGA

(Ages 18 & up) Quieter yoga using longer-held poses to benefit the body's deeper connective tissue. This is a perfect complement to high-impact forms of exercise; while also a great meditative practice to help still the mind.

273541-01	\$88.00	
W	12/2-1/20	9:15A-10:30A

*More group classes coming soon. Be on the lookout for flyers at the Rec. Center!

MARTIAL ARTS/SELF-DEFENSE PROGRAMS

TAI CHI 4 ADULTS

(Ages 18 & up) Tai chi is an ancient Chinese form of mind, body and spirit exercise that uses slow, circular movements to build strength, flexibility, and balance. No class 12/29.

Instructor: Lorraine Kelley.

273510-01	\$110.00	
Tu	12/8-2/16	7:15P-8:15P

ART & COOKING CLASSES

Supply & material fees are payable to the instructor at the first class.

RHYME-A-LOT BY ABRAKADOODLE®

(Ages 3-5) Rhyme, sing, play, and create with songs and rhymes! Rhymes come to life through art in the creative hands of Abrakadoodle preschoolers! Sing songs, make a 3D spaghetti collage, create a textured ant hill, climb aboard a colorful freight train, and visit the market in the imaginative world of Rhyme-A-Lot!!

273168-01	\$82.00 (+\$20 supplies)	
Tu	12/1-1/5	10:30A-11:15A

273168-02	\$82.00 (+\$20 supplies)	
Tu	1/19-2/23	10:30A-11:15A

GUILT-FREE HOLIDAY TREATS

(Ages 16 & up) Enjoy tasty snacks and desserts without the guilt. Learn healthy, delicious alternatives to the usual holiday fare and feel great throughout the season. Appetizers, dips, bonbons, cheesecakes, and more. 4 sessions.

273542-01	\$50.00 (+\$20 supplies)	
Tu	12/1-12/22	6:30P-7:45P

WINTER BREAK CAMP

WINTER SPORTS CAMP

(Ages 6-12) This camp teaches fundamentals of a variety of sports including football, basketball, soccer, floor hockey and many others. Come ready to get active and meet new friends. Each day focuses on one or two different sports. Swimming and rock climbing will be included. Thursday will be a half day ending at 11:30am

273242-01	\$160.00	
M,Tu,W,Th	12/21-12/24	9:00A-4:00P
273242-02	\$160.00	
M,Tu,W,Th	12/28-12/31	9:00A-4:00P

EARLY MORNING EXTENDED CARE

(Ages 6-13) Early Morning Extended Care provides supervision for campers that must be dropped off before the camp start time. Campers can choose from a variety of activities including: crafts, board games and gym time.

273243-01	\$20.00	
M,Tu,W,Th	12/21-12/24	7:00A-9:00A
273243-02	\$20.00	
M,Tu,W,Th	12/28-12/31	7:00A-9:00A

AFTERNOON EXTENDED CARE

(Ages 6-16) Afternoon Extended Care provides supervision for campers that must be picked up after the camp end time. Campers can choose from a variety of activities including: crafts, board games and gym time. Camper must be attending an afternoon Claude Moore Recreation Camp.

273244-01	\$15.00	
M,Tu,W	12/21-12/23	4:00P-6:00P
273244-02	\$15.00	
M,Tu,W	12/28-12/30	4:00P-6:00P

SPECIAL EVENTS

CLAUDE MOORE M.S. TEEN CLUB

(Ages 11-14) Teen Club provides a fun, safe environment for middle school youth every Friday night featuring special events, food, fun, friendship and more. Not held on weeks/week-

ends with school holidays.

Pay at door \$5.00

F on-going 6:30P-9:15P

DOUGLASS COMMUNITY CENTER

405 East Market Street
Leesburg, VA 20176

703-771-5913

M-F 8:00A-10:00P Sa 8:00A-4:00P

**Supply & material fees are payable
to the instructor at the first class.**

TODDLER & PRESCHOOL AGE PROGRAMS

TEENY TOTS

(Ages 2-3) Designed as a stepping stone into Preschool. Learn socialization with age appropriate activities, creative play, and instructed activity time. Parents are not required to stay.

104100-04	\$70.00	
Tu,Th	12/1-12/22	9:30A-11:30A
104100-05	\$70.00	
Tu,Th	1/5-1/26	9:30A-11:30A
104100-06	\$80.00	
Tu,Th	2/2-2/25	9:30A-11:30A
104100-07	\$80.00	
Tu,Th	3/1-3/31	9:30A-11:30A
104100-08	\$80.00	
Tu,Th	4/5-4/28	9:30A-11:30A
104100-09	\$80.00	
Tu,Th	5/3-5/26	9:30A-11:30A

LITTLE LEARNERS

(Ages 2-3) Designed as a stepping stone into Preschool, this class teaches socialization with age appropriate activities, creative play, and instructed activity time. Parents are not required to stay.

104105-04	\$80.00	
M,W	12/2-12/28	9:30A-11:30A
104105-05	\$70.00	
M,W	1/4-1/27	9:30A-11:30A
104105-06	\$80.00	
M,W	2/1-2/24	9:30A-11:30A
104105-07	\$70.00	
M,W	3/2-3/30	9:30A-11:30A
104105-08	\$80.00	
M,W	4/4-4/27	9:30A-11:30A
104105-09	\$80.00	
M,W	5/2-5/25	9:30A-11:30A

SPANISH LITTLE LEARNERS

(Ages 3-5) Spark and maintain children's interest

in Spanish by engaging them in creative and enjoyable cultural activities such as dancing, singing, literature, art and games. Through immersion, children will learn the Spanish language naturally and easily as they master basic preschool skills.

204100-01	\$55.00	
M,W	12/2-12/16	11:00A-12:30P
204100-02	\$75.00	
M,W	1/4-1/27	11:00A-12:30P
204100-03	\$75.00	
M,W	2/1-2/24	11:00A-12:30P

DISNEY FUN

(Ages 18-36 mos) Celebrate Walt Disney's birthday through crafts, games, and Disney stories. Parent participation required.

204104-01	\$5.00	
F	12/4-12/4	9:30A-10:00A

FRANTIC FRIDAY

(Ages 3-5) Meet new friends and/or extend your preschool day with lunch and fun activities with your friends. Bring a lunch. No class 2/12.

204106-01	\$10.00	
F	12/4-12/4	11:00A-12:30P
204106-02	\$10.00	
F	12/11-12/11	11:00A-12:30P
204106-03	\$10.00	
F	12/18-12/18	11:00A-12:30P
204106-04	\$10.00	
F	1/8-1/8	11:00A-12:30P
204106-05	\$10.00	
F	1/15-1/15	11:00A-12:30P
204106-06	\$10.00	
F	1/22-1/22	11:00A-12:30P
204106-07	\$10.00	
F	1/29-1/29	11:00A-12:30P
204106-08	\$10.00	
F	2/5-2/5	11:00A-12:30P
204106-09	\$10.00	
F	2/19-2/19	11:00A-12:30P
204106-10	\$10.00	
F	2/26-2/26	11:00A-12:30P

GYM JAM

(Ages 2-3) You'll love this fun introduction to group gym play. Your child will improve their motor skills by playing with our balls, tunnels, and recreational equipment. Parent participation required.

204105-01	\$25.00	
Sa	12/5-12/19	9:00A-9:45A
204105-02	\$30.00	
Sa	1/9-1/30	9:00A-9:45A
204105-03	\$30.00	
Sa	2/6-2/27	9:00A-9:45A

RUDOLPH FUN

(Ages 12-24 mos) Celebrate the season by creating a red nosed reindeer. Parent participation required.

204109-01	\$5.00	
Tu	12/8-12/8	10:15A-10:45A

WINTER FINE MOTOR FUN

(Ages 15-30 mos) Let your child enjoy fun, theme based activities using their fine motor skills. Includes cutting with scissors, playing with playdough, using tweezers, lacing and stringing beads.

204101-01	\$20.00	
Sa	12/12-12/19	10:00A-11:00A
204101-02	\$40.00	
Sa	1/9-1/30	10:00A-11:00A
204101-03	\$40.00	
Sa	2/6-2/27	10:00A-11:00A

MESSY ME

(Ages 2-4) Creativity is unlimited using Playdough, shaving cream, Jello, spray/splatter paint, and more! The mess stays with us! Wear old clothes, smocks provided. Parent participation required.

204117-01	\$5.00	
W	12/16-12/16	10:15A-10:45A
204117-02	\$5.00	
W	1/13-1/13	10:15A-10:45A
204117-03	\$5.00	
W	2/17-2/17	10:15A-10:45A

CHRISTMAS PARTY

(Ages 1-5) Join us for some Christmas fun! Enjoy lunch and cookies with your friends while listening to holiday music and making a craft.

204114-01	\$10.00	Ages 3-5
Th	12/17-12/17	11:00A-12:30P
204114-02	\$5.00	Ages 1-3
F	12/18-12/18	10:00A-10:30P

ORNAMENT FUN

(Ages 3-5) Make an assortment of memorable ornaments for your tree at home. Pack a lunch and join us for some ornament fun!

204122-01	\$10.00	
Th	12/17-12/17	3:00P-4:00P

ALL ABOARD

(Ages 2-3) Choo Choo! Chug along to Douglass and make a paper train and decorate your own train whistle! Parent participation required.

204115-01	\$5.00	
F	12/18-12/18	9:15A-9:45A

PRESCHOOL WINTER CAMP

(Ages 3-5) Let your preschooler enjoy playing games, making edible treats, crafts, and spend-

ing time with friends during Winter Break.

104170-01	\$60.00	
M, Tu, W	12/21-12/23	9:00A-12:00P
104170-02	\$80.00	
M, Tu, W, Th	12/28-12/31	9:00A-12:00P

LET IT SNOW

(Ages 18-36 mos) Make glittery snowflakes and snow scene art to celebrate the season. Parent participation required.

204129-01	\$5.00	
F	1/8-1/8	9:30A-10:00A

SNOWMAN SHAPE FUN

(Ages 2-3) Toddlers get to learn and reinforce shape recognition while creating snowman crafts. Parent participation required.

204128-01	\$5.00	
Tu	1/12-1/12	10:30A-11:00A

VALENTINE PARTY

(Ages 1-5 years) Join us for a Valentine snack while making that special someone a card.

204151-01	\$5.00	Ages 1-3
F	2/12-2/12	10:00A-10:30A
204151-02	\$10.00	Ages 3-5
F	2/12-2/12	11:00A-12:30P

LITTLE VALENTINE MAILBOX

(Ages 2-3) Create a crafty mailbox to store your special Valentines! Parent participation required.

204152-01	\$5.00	
Th	2/11-2/11	10:15A-10:45A

FUN WITH DR. SEUSS

(Ages 18-36 mos) Make Dr. Seuss crafts while listening to his famous stories. Parent participation required.

204169-01	\$5.00	
F	2/26-2/26	9:30A-10:00A

OPEN GYM

(Ages 2-5) Enjoy scooters, balls, the balance beam, tunnels and much more. This is a great way for children and parents to get together, and we clean up the mess!

Pay at door	\$2.00	
W	ongoing	3:30P-4:30P

ELEMENTARY AGE PROGRAMS

NO-BAKE COOKING FUN

(Ages 5-10) This class gives your child hands on experience with following recipes by measuring, pouring and cutting to make winter treats with friends! No class 12/26.

204214-01	\$120.00	
Sa	12/12-2/27	11:30-1:30A

HOLIDAY EXPRESS PJ PARTY

(Ages 5-11) Need some extra time to shop or just have a night out? Bring your child to us for an evening of fun! We will have pizza, do a craft, and watch a movie. Your child can wear PJ's.

204201-01	\$30.00	Child
Sa	12/19-12/19	5:00P-9:00P
204201-02	\$15.00	Each add'l child
Sa	12/19-12/19	5:00P-9:00P

SCHOOL'S OUT REVOLUTION

(Grades 1-8) School's out! Camp is in! Our camp has it all! Campers will be split into small groups with their very own counselor. All campers will rotate through the various activity stations during the day. Activities include LEGOs®, games and puzzles, arts and crafts, video games, active and cooperative play, scooters, movies, and plenty of time to chill with their friends. Bring a lunch, drink and snack.

104215-04	\$120.00	Winter Break
M, Tu, W	12/21-12/23	7:00A-6:00P
104215-05	\$160.00	New Year's Break
M, Tu, W, Th	12/28-12/31	7:00A-6:00P
204242-01	\$40.00	Martin Luther King Day
M	1/18-1/18	7:00A-6:00P
204242-02	\$40.00	Teacher Workday
F	1/29-1/29	7:00A-6:00P
204242-03	\$40.00	Presidents Day
M	2/15-2/15	7:00A-6:00P

MIDNIGHT MADNESS

(Grades 6-12) Recreational activities including basketball. For middle and high school students throughout the year.

Free event

F	On-going	8:30P-10:00P
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MULTIAGE PROGRAMS

STAY HEALTHY & FIT THIS HOLIDAY

(Ages 17 & up) FREE pedometer for those who attend! With so much food and snacks this holiday season, learn tips to control your sweet tooth, and how to stay active even in cold weather. INTotal Health is a Medicaid Managed Care Organization and is part of Inova, a not-for-profit healthcare system based in Northern Virginia serving more than two million people in the greater DC area. INTotal Health is accredited by the National Committee for Quality Assurance (NCQA) and remains committed to improving the health of the communities it serves.

Como permanecer Saludable y en Forma en esta temporada de Festividades: PODÓMETRO Gratis para los que asistan! Con tanta comida y aperitivos en estas fiestas aprenda consejos para controlar su gusto por lo dulce, y cómo

mantenerse active incluso en el clima frío. INTotal Salud es una organización de atención médica administrada y es parte de Inova, un sistema de salud sin fines de lucro con sede en el norte de Virginia que atienden a más de dos millones de personas cada año en el área metropolitana de Washington DC. INTotal Salud está acreditado por el Comité Nacional de Aseguramiento de la Calidad (NCQA) y mantiene su compromiso de mejorar la salud de las comunidades, que sirve.

Free event

204334-01	Spanish	
Th	12/3, 12/17	6:30P-7:30P
204334-02	English	
Th	12/3, 12/17	7:30P-8:30P

HOLIDAY DECORATING 101

(Ages 17 & up) Make a unique ornament, six napkin rings, and a wreath. Learn decorating ideas for a front porch, hallway entrance, mantle and table setting. Learn how to use wire, glitter glue, ribbons, wrapping paper and more! Prior to the class, sort through your own decorations. Do you want to use colored or white lights? What look do you want to present - traditional, whimsical, or classic? Will you use fresh or fake items for trimming? Bring in a box of fresh and/or old items (e.g., cuttings from soft pine trees, holly bushes, old ornaments or swags, wreaths, etc.). So many options... so little time!

204505-01	\$30.00	
Sa	12/5-12/5	1:00P-3:00P

COLD Vs FLU

(Ages 17 & up) Not sure when you have a common cold or something worse like the flu? Learn the signs and symptoms, when you should see a doctor and what you can do to help relieve symptoms. INTotal Health is a Medicaid Managed Care Organization and is part of Inova, a not-for-profit healthcare system based in Northern Virginia serving more than two million people in the greater DC area. INTotal Health is accredited by the National Committee for Quality Assurance (NCQA) and remains committed to improving the health of the communities it serves.

Resfriado vs. Gripe: No está seguro si usted tiene un resfriado común o algo peor como la gripe? Entonces esta clase es sólo para ti! Identifique los signos y síntomas para que sepa cuándo ver a un médico. También lo que usted puede hacer para ayudar a aliviar los síntomas. INTotal Salud es una organización de atención médica administrada y es parte de Inova, un sistema de salud sin fines de lucro con sede en el norte de Virginia que atienden a más de dos millones de personas cada año en el área metropolitana de Washington DC. INTotal Salud está acreditado por el Comité Nacional de Aseguramiento de la Calidad (NCQA) y mantiene su compromiso de mejorar la salud de las comunidades, que sirve.

Free event

204335-01	Spanish	
Th	1/7, 1/21	6:30P-7:30P
204335-02	English	
Th	1/7, 1/21	7:30P-8:30P

HEART HEALTH

(Ages 17 & up) Celebrate heart health month by learning about the risks for heart disease, including heart attack. Learn the four steps to recognizing if you or someone you know is having a stroke. INTototal Health is a Medicaid Managed Care Organization and is part of Inova, a not-for-profit healthcare system based in Northern Virginia serving more than two million people in the greater DC area. INTototal Health is accredited by the National Committee for Quality Assurance (NCQA) and remains committed to improving the health of the communities it serves.

Salud del Corazón: Celebre el mes de la salud del corazón, aprendiendo acerca de los riesgos de enfermedades del corazón, incluyendo ataques al corazón. Aprenda los 4 pasos para saber si usted o alguien que usted conoce está teniendo un derrame cerebral. Intotal Salud es una organización de atención médica administrada y es parte de Inova, un sistema de salud sin fines de lucro con sede en el norte de Virginia que atienden a más de dos millones de personas cada año en el área metropolitana de Washington DC. Intotal Salud está acreditado por el Comité Nacional de Aseguramiento de la Calidad (NCQA) y mantiene su compromiso de mejorar la salud de las comunidades, que sirve.

Free event

204336-01	Spanish	
Th	2/4, 2/18	6:30P-7:30P
204336-02	English	
Th	2/4, 2/18	7:30P-8:30P



**CMRC Annual
Pass Sale
15% discount
Nov 15- Jan 15**

DULLES SOUTH MULTIPURPOSE CENTER

24950 Riding Center Drive
South Riding, VA 20152

571-258-3456

M, W, F 7:00A-6:30P

Tu, Th 7:00A-9:00P

SA 8:00A-2:00P

***Supply & material fees are payable
to the instructor at the first class.***

PRESCHOOL AGE PROGRAMS

SNOW DAY FUN CAMP

(Ages 3-5) School closed due to snow? Join Ms. Shawn and Ms. Suman for a fun day of arts, crafts, games, and more! Program will run, based on county school closed and county government is open. Please pack a peanut free lunch, water bottle and clothing to play outside.

205147-01	\$30.00	
M, Tu, W, Th, F	12/1-3/1	9:00A-1:00P

TINY TOT TUMBLING

(Ages 1-3) Join your toddler for this fun movement class. Practice skills like tumbling, climbing, balancing, and bouncing. Share in a song or parachute game! Instructor: Coach Carol.

205103-01	\$28.00	
Tu	12/1-12/15	9:00A-9:30A
205103-02	\$28.00	
Tu	12/1-12/15	9:45A-10:15A
205103-03	\$28.00	
W	12/2-12/16	9:00A-9:30A
205103-04	\$28.00	
W	12/2-12/16	9:45A-10:15A
205103-05	\$37.00	
Tu	1/5-1/26	9:00A-9:30A
205103-06	\$37.00	
Tu	1/5-1/26	9:45A-10:15A
205103-07	\$37.00	
W	1/6-1/27	9:00A-9:30A
205103-08	\$37.00	
W	1/6-1/27	9:45A-10:15A
205103-09	\$37.00	
Tu	2/2-2/23	9:00A-9:30A
205103-10	\$37.00	
Tu	2/2-2/23	9:45A-10:15A
205103-11	\$37.00	
Th	2/4-2/25	9:00A-9:30A
205103-12	\$37.00	
Th	2/4-2/25	9:45A-10:15A

BLAZIN' BASKETBALL

(Ages 3-5) Your little hoopster will learn the

fundamentals like shooting, and passing in a non-competitive fun class. No class 2/15. Instructor: Coach Carol.

205100-01	\$28.00	
Tu	12/1-12/15	11:00A-12:00P
205100-02	\$28.00	
W	12/2-12/16	1:00P-2:00P
205100-03	\$37.00	
W	1/6-1/27	11:00A-12:00P
205100-04	\$28.00	
M	2/1-2/22	11:00A-12:00P

PLAYGROUND GAMES

(Ages 3-5) Your little one will enjoy some "old school" games in a relaxed, low structure atmosphere. They will learn duck, duck, goose; kickball; scooters; hula hoops; parachute games and more! No class 1/18. Instructor: Coach Carol

205106-01	\$28.00	
Tu	12/1-12/15	1:00P-2:00P
205106-02	\$28.00	
Th	12/3-12/17	11:00A-12:00P
205106-03	\$28.00	
M	1/4-1/25	11:00A-12:00P

ROLLING AND TUMBLING

(Ages 3-5) Come run, bounce, roll and tumble through this low structure movement class. Instructor: Coach Carol

205116-01	\$37.00	
W	12/2-12/16	11:00A-12:00P
205116-02	\$43.00	
Tu	1/5-1/26	11:00A-12:00P

1-2-3 DANCE WITH ME!

(Ages 4-5) A fun introduction to ballet and tap for your pre-schooler. In addition to providing your child with a solid foundation of basic ballet and tap skills this class offers your child creative movement with music. The children will work on a ballet dance and a tap dance to be performed for parents at the last class. Dance attire is not required. Instructor: Kelly Hostetter.

205171-01	\$106.00	
Th	12/3-2/18	8:30A-9:30A

ADVANCED SOCCER

(Ages 4-6) Perfect for the afternoon kindergartener or older preschooler. Take your soccer skills to the next level with fun times in the gym. Perfect your kicking, passing, scoring all while having fun. Instructor: Coach Carol.

205113-01	\$28.00	
Th	12/3-12/17	9:00A-10:00A

ADVANCED BASKETBALL

(Ages 4-6) This class is for the child who is slightly on the older side of preschool or already in Kindergarten who wants to take his or her

basketball skills to the next level. Your child will join Miss Carol for some fun in the gym. Instructor: Coach Carol

205111-01	\$28.00	
Th	12/3-12/17	1:00P-2:00P
205111-02	\$37.00	
Th	1/7-1/28	1:00P-2:00P

GAMES, MUSIC, & PARACHUTES

(Ages 1½-3) Join your toddler in the gym for free play and parachute fun, balls, music and games. This is a good, low structure introductory class for your little one. Instructor: Coach Jenny.

205122-01	\$21.00	
F	12/4-12/18	9:15A-9:45A
205122-02	\$28.00	
F	1/8-1/29	10:00A-10:30A

MOMMY & ME SOCCER

(Ages 1½-3) Join your little kicker and learn the basic fundamentals of soccer. They will have fun while learning to run, kick, pass, stop, and score all while playing games and activities. Instructor: Coach Jenny.

205124-01	\$21.00	
F	12/4-12/18	10:00A-10:30A
205124-02	\$28.00	
F	2/5-2/26	10:00A-10:30A

HOCKEY FUN

(Ages 3-5) Learn the exciting sport of hockey in the fun energized class. Your child will learn to handle the stick, pass the puck, score goals and more! Instructor: Coach Jenny.

205119-01	\$31.00	
F	12/4-12/18	11:00A-12:00P

SUPER SOCCER

(Age 3-5) Learn the fundamentals of soccer in this energized, fun class. Run, kick, score and more! No class 2/15. Instructor: Coach Carol.

205105-01	\$19.00	
M	12/7-12/14	11:00A-12:00P
205105-02	\$37.00	
Th	1/7-1/28	11:00A-12:00P
205105-03	\$28.00	
M	2/1-2/22	1:00P-2:00P

ADVANCED SPORTS MIX

(Ages 4-6) This class is for the child who is on the older side of preschool or already in Kindergarten who wants to take his or her skills to the next level. Your child will join Coach Carol for some sports fun in the gym. Get a feel for all kinds of sports and see what you like! A new sport will be introduced each week. Sports will be basketball, soccer, football, hockey and more! No class 1/18. Instructor: Coach Carol

205108-01	\$28.00	
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M	1/4-1/25	9:00A-10:00A
205108-02	\$37.00	
Tu	2/2-2/23	1:00P-2:00P

HIP HOCKEY

(Ages 3-5) Learn the exciting sport of hockey in this fun energized class. Your child will learn to handle the stick, pass the puck, score goals, and more! No class 1/18. Instructor: Coach Carol.

205109-01	\$28.00	
M	1/4-1/25	1:00P-2:00P

OBSTACLE COURSE GALORE

(Ages 3-5) Join this fun new class! Each day there will be a new age appropriate obstacle course challenge! Have fun running, jumping, and climbing through the course! Instructor: Coach Carol.

205110-01	\$37.00	
Tu	1/5-1/26	1:00P-2:00P
205110-02	\$37.00	
Th	2/4-2/25	11:00A-12:00P
205110-03	\$37.00	
W	2/3-2/24	1:00P-2:00P

SPORTS MADNESS

(Ages 3-5) Your child will join Miss Carol for some sports fun in the gym. Get a feel for all kinds of sports and see what you like! A new sport will be introduced each week. Sports will include basketball, soccer, football, hockey, and more! Instructor: Coach Carol.

205120-01	\$37.00	
W	1/6-1/27	1:00P-2:00P
205120-02	\$37.00	
Tu	2/2-2/23	11:00A-12:00P

PARACHUTE BALLS & FUN!

(Ages 1½-3) Join your toddler in the gym for free play and fun with parachute games, balls, music and movement. This is a good low structure introductory class for you little one! Instructor: Coach Carol. No class 1/14.

205107-01	\$19.00	
Th	1/7-1/28	9:00A-9:30A
205107-02	\$19.00	
Th	1/7-1/28	9:45A-10:15A

MOMMY & ME OBSTACLE COURSE

(Ages 1½-3) Join your toddler for an age appropriate obstacle course challenge! Have fun running, jumping and climbing through the course. No class 1/15. Instructor: Coach Jenny.

205128-01	\$21.00	
F	1/8-1/29	9:15A-9:45A

SOCCER FUN

(Ages 3-5) Learn the fundamentals of soccer in this energized, fun class. Run, kick, score and

more! Instructor: Coach Jenny.

205104-01	\$41.00	
F	1/8-1/29	11:00A-12:00P

MUSIC TOGETHER

(Ages Birth-4yrs) Children develop a love of music through the research-based, developmentally appropriate curriculum for parents, children and primary care givers. Instructor: Music Together.

205189-01	\$128.00 (+\$40 supplies)	
M	1/11-2/29	9:00A-9:45A
205189-02	\$128.00 (+\$40 supplies)	
M	1/11-2/29	10:00A-10:45A
205189-03	\$128.00 (+\$40 supplies)	
Sa	1/9-2/27	10:00A-10:45A

LEGO ROBOTICS

(Ages 3-5) Students will explore mechanisms and structural design through the use of LEGO® Technology. They will build out of LEGO® bricks, enhancing their spatial awareness, hand-eye coordination, and reinforce basic understanding of shapes and colors. They will begin to develop their vocabulary and communication skills in order to explain how the model works; enhance their ability to establish links between cause and effect, and reflect on how to find answers. They will learn basic computer skills, icon recognition, drag and drop technique, and learning to follow sequences and patterns to program their model. Instructor: All Star Tech.

205181-01	\$95.00	
W	1/13-2/17	3:00P-4:00P

FUN WITH DRAWING PRE-K

(Ages 3½-5) Preschoolers learn drawing skills, develop kindergarten readiness and create fun, rewarding works of art. Our teachers use familiar images, stepwise instruction and positive direction to encourage preschoolers' independent drawings. Our curriculum is varied and challenging, with new, engaging drawing lessons every week, and every session. Our goal is to guide our young artists' development of motor and cognitive skills in a fun, creative environment. Instructor: Young Rembrandts.

205154-01	\$90.00	
Sa	1/16-2/20	9:30A-10:15A

ADVANCED FOOTBALL

(Ages 4-6) This class is for the child who is slightly on the older side of preschool or already in Kindergarten who wants to take his or her football skills to the next level. Work on passing, catching, kicking off the tee, scoring touchdowns and more! No class 2/15. Instructor: Coach Carol.

205114-01	\$28.00	
M	2/1-2/22	9:00A-10:00A

MOONBOUNCE MANIA

(Ages 1½-3) Join your toddler in one of our amazing moon bounces and have a blast! Instructor: Coach Carol.

205112-01 \$28.00
W 2/3-2/24 9:45A-10:15A

CRAZY FOR MOONBOUNCES

(Ages 3-5) Go crazy for one our amazing and fantastically fun moon bounces! Instructor: Coach Carol.

205118-01 \$37.00
W 2/3-2/24 11:00A-12:00P
205118-02 \$37.00
W 2/3-2/24 1:00P-2:00P

MOMMY & ME BASKETBALL

(Ages 1½-3) Join your little one and learn the basic fundamentals of basketball. They will learn to run, dribble, pass and shoot all while playing games and having fun. Instructor: Coach Jenny.

205117-01 \$28.00
F 2/5-2/26 9:15A-9:45A

MIX IT UP SPORTS

(Ages 3-5) Join Coach Jenny for some sports fun! This is a great way to introduce several sports to your little one so they can get a feel for the ones they enjoy. A new sport will be introduced each week. Sports may include basketball, soccer, football, hockey and more. Instructor: Coach Jenny.

205125-01 \$41.00
F 2/5-2/26 11:00A-12:00P

ELEMENTARY & MIDDLE SCHOOL AGE PROGRAMS**BALLET & TAP BASICS**

(Ages 5-7) A fun introduction to the basic fundamental skills every dancer learns in Ballet and Tap. In addition to learning the basic skills your dancer will learn how to refine those skills. Your dancer will have fun expressing themselves through movement and music. Your dancer will work on a ballet dance and a tap dance to be performed for parents at the last class. Proper dance attire is recommended. No class 12/23 and 12/30. Instructor: Kelly Hostetter

205271-01 \$106.00
W 12/2-2/17 3:45P-4:45P

WINTER BREAK ADVENTURE CAMP

(Ages 6-14) Ready for ADVENTURE? We will spend a few days traveling to different parks and attractions to do some winter hiking and adventuring! Locations may include Sugarloaf Mountain, Shenandoah National Park, Catcotin Mountain Park, and museums throughout the

area. Please pack a peanut free lunch/snack, water bottle and sneakers/hiking shoes.

205298-01 \$105.00
M,Tu,W 12/21-12/23 7:30A-6:00P
205298-02 \$140.00
M,Tu,W,Th 12/28-12/31 7:30A-6:00P

ART OF THE HOLIDAYS WORKSHOP

(Ages 6-12) Celebrate the beauty of the winter holiday season with seasonal-themed characters and scenes. We will use both realistic drawing techniques and cartooning skills to create individual characters and a scenes from different cultural traditions, and bring them to life with color pencils and markers. We will draw traditional figures such as angels, candles, festive displays and colorful costumes, and whimsical holiday imagery such as reindeer and snowmen. Keep the holiday spirit in your heart with the gift that lasts a lifetime - the skill and joy of drawing! Instructor: Young Rembrandts.

205225-01 \$135.00
M,Tu,W 12/21-12/23 1:00P-4:00P
205225-02 \$180.00
M,Tu,W,Th 12/28-12/31 9:00A-12:00P

COMPUTER REPAIR

(Ages 8-12) Students will learn fundamental computer repair skills as well as how to use the computer as a creative learning tool. Campers will learn the basics in computer hardware, troubleshooting, basic networking, and laptop repair. The hands-on experience will provide students the basics in computer science, engineering, and electronics and will inspire children and adults to meet future challenges and encourage them to love learning new technologies! Our education programs are project and team-based, providing training and experience in teamwork and project management skills. Instructor: All Star Tech.

205282-01 \$120.00
M,Tu,W 12/28-12/30 2:00P-5:00P

SILVER KNIGHT CHESS

(Ages 5-12) Learn chess from a Silver Knights Chess coach! We teach more than 3,500 children each week. State and national champions have come from our programs, but most of our students are just looking to have fun! Class time is split between lesson and play. Lessons range from learning the rules to advanced tournament strategies, depending on the children. Play time is structured to pair each student against an opponent of similar skill. All grades and skill levels are welcome. Students will have the opportunity to play in tournaments. Silver Knights will supply all the equipment during chess club. Instructor: Silver Knights Chess.

205214-01 \$109.00
Tu 1/5-3/8 5:00P-6:00P

LEGO® ROBOTICS

(Ages 6-12) Students will explore mechanisms and structural design through the use of LEGO® Technology. They will build with LEGO® bricks, enhancing their spatial awareness, hand-eye coordination, and reinforce basic understanding of shapes and colors. They will begin to develop their vocabulary and communication skills in order to explain how the model works; enhance their ability to establish links between cause and effect, and reflect on how to find answers. They will learn basic computer skills, icon recognition, drag and drop technique, and learning to follow sequences and patterns to program their model. Instructor: All Star Tech.

205281-01 \$120.00
W 1/13-2/17 4:15P-5:15P

FUN WITH CARTOONING

(Ages 6-12) Students learn and develop their ability to draw cartoon imagery, including action, irony and emotional expression of characters. We use stepwise instruction to encourage students to create their own independent versions of our cartoon lessons, with animated characters in humorous settings. Our curriculum is varied and challenging, with new, engaging cartooning lessons every week, and every session. Our goal is to provide students with a fun introduction to cartooning techniques such as exaggeration, caricature and personification, to make playful art of their own. Instructor: Young Rembrandts.

205222-01 \$90.00
Th 1/14-2/18 5:15P-6:15P
205222-02 \$135.00
Sa 1/16-2/20 12:30P-2:00P

FUN WITH DRAWING

(Ages 6-12) Students learn and develop drawing skills and art appreciation through our progressive, open-ended approach to drawing. We use stepwise instruction to inspire students' independent drawings, including seasonal, realistic and abstract images. Our curriculum is varied and challenging, with new, engaging drawing lessons every week, and every session. Our goal is to provide children with the skills and confidence to create fun and rewarding artwork in and out of our class. Instructor: Young Rembrandts.

205221-01 \$90.00
F 1/15-2/19 5:15P-6:15P
205221-02 \$135.00
Sa 1/16-2/20 10:30A-12:00P

CARNIVAL DAY!

(Ages 6-10) Join us on your day off from school for a day of carnival games, crafts, fun, and madness! Daily activities will run 9a.m.-4p.m. Pack a lunch, two snacks, and a water bottle. Dress appropriately for both indoor and outdoor activities!

205297-01	\$35.00	
M	1/18-1/18	7:30A-6:00P
205297-02	\$35.00	
M	2/15-2/15	7:30A-6:00P

MINECRAFT PROGRAMMING WITH LUA

(Grades 1-3) Using a custom mod called "ComputerCraft", students will learn how to program robots called "Turtles" inside the world of Minecraft. Kids will utilize problem-solving skills by learning how to program their robots to complete various tasks such as programming their turtles to automatically build, mine, and craft items and structures. They will be introduced to programming if-then-else statements, for-while loops, and implement their own functions using LUA, a simple scripting language. Looking for a fun way to introduce your child to programming? Why not do it using a game they love! Basic reading skills required. Experience playing Minecraft preferred, but not required. Please email us for details. Returning students benefit from NEW exercises and lessons! Instructor: C3 Cyber Club.

205246-01	\$149.00	
Tu	1/19-2/23	3:00P-4:00P

MINECRAFT PROGRAMMING WITH LUA

(Grades 4-8) See description for Grades 1-3.

205247-01	\$149.00	
Tu	1/19-2/23	4:15P-5:15P

WINTER BLAST!

(Ages 6-10) Come join us on your day off from school for a day of winter themed games, crafts, and fantastic fun! Daily activities will run 9a.m.-4 p.m. Pack a lunch, two snacks, and a water bottle. Dress appropriately for both indoor and outdoor activities! This date is for the movable student holiday and is tentative.

205296-01	\$35.00	
F	1/29-1/29	7:30A-6:00P

Tu	12/15-12/15	7:00P-8:00P
205505-06	\$6.00	
Th	12/17-12/17	7:00P-8:00P
205505-07	\$6.00	
Tu	12/22-12/22	7:00P-8:00P
205505-08	\$6.00	
Tu	12/29-12/29	7:00P-8:00P
205505-09	\$6.00	
Tu	1/5-1/5	7:00P-8:00P
205505-10	\$6.00	
Th	1/7-1/7	7:00P-8:00P
205505-11	\$6.00	
Tu	1/12-1/12	7:00P-8:00P
205505-12	\$6.00	
Th	1/14-1/14	7:00P-8:00P
205505-13	\$6.00	
Tu	1/19-1/19	7:00P-8:00P
205505-14	\$6.00	
Th	1/21-1/21	7:00P-8:00P
205505-15	\$6.00	
Tu	1/26-1/26	7:00P-8:00P
205505-16	\$6.00	
Th	1/28-1/28	7:00P-8:00P
205505-17	\$6.00	
Tu	2/2-2/2	7:00P-8:00P
205505-18	\$6.00	
Th	2/4-2/4	7:00P-8:00P
205505-19	\$6.00	
Tu	2/9-2/9	7:00P-8:00P
205505-20	\$6.00	
Th	2/11-2/11	7:00P-8:00P
205505-21	\$6.00	
Tu	2/16-2/16	7:00P-8:00P
205505-22	\$6.00	
Th	2/18-2/18	7:00P-8:00P
205505-23	\$6.00	
Tu	2/23-2/23	7:00P-8:00P
205505-24	\$6.00	
Th	2/25-2/25	7:00P-8:00P

M	12/7-12/7	7:00A-7:45A
205506-06	\$6.00	
Tu	12/8-12/8	8:00P-8:45P
205506-07	\$6.00	
W	12/9-12/9	7:00A-7:45A
205506-08	\$6.00	
Th	12/10-12/10	8:00P-8:45P
205506-09	\$6.00	
Sa	12/9-12/9	8:00A-8:45A
205506-10	\$6.00	
M	12/14-12/14	7:00A-7:45A
205506-11	\$6.00	
Tu	12/15-12/15	8:00P-8:45P
205506-12	\$6.00	
W	12/16-12/16	7:00A-7:45A
205506-13	\$6.00	
Th	12/13-12/13	8:00P-8:45P
205506-23	\$6.00	
M	1/4-1/4	7:00A-7:45A
205506-24	\$6.00	
Tu	1/5-1/5	8:00P-8:45P
205506-25	\$6.00	
W	1/6-1/6	7:00A-7:45A
205506-26	\$6.00	
Th	1/7-1/7	8:00P-8:45P
205506-27	\$6.00	
Sa	1/9-1/9	8:00A-8:45A
205506-28	\$6.00	
M	1/11-1/11	7:00A-7:45A
205506-29	\$6.00	
Tu	1/12-1/12	8:00P-8:45P
205506-30	\$6.00	
W	1/13-1/13	7:00A-7:45A
205506-31	\$6.00	
Th	1/14-1/14	8:00P-8:45P
205506-32	\$6.00	
Sa	1/16-1/16	8:00A-8:45A
205506-33	\$6.00	
M	1/18-1/18	7:00A-7:45A
205506-34	\$6.00	
Tu	1/19-1/19	8:00P-8:45P
205506-35	\$6.00	
W	1/20-1/20	7:00A-7:45A
205506-36	\$6.00	
Th	1/21-1/21	8:00P-8:45P
205506-37	\$6.00	
Sa	1/23-1/23	8:00A-8:45A
205506-38	\$6.00	
M	1/25-1/25	7:00A-7:45A
205506-39	\$6.00	
Tu	1/26-1/26	8:00P-8:45P
205506-40	\$6.00	
W	1/27-1/27	7:00A-7:45A
205506-41	\$6.00	
Th	1/28-1/28	8:00P-8:45P
205506-42	\$6.00	

ADULT PROGRAMS**ZUMBA**

(Ages 18 & up) A high-low-impact dance class with Latin style. Learn Salsa, Samba, Merengue and more while getting a great workout. Please don't forget your water bottle and hand towel. No class 12/24 or 12/31. Instructor: Kelly Hostetter.

205505-01	\$6.00	
Tu	12/1-12/1	7:00P-8:00P
205505-02	\$6.00	
Th	12/3-12/3	7:00P-8:00P
205505-03	\$6.00	
Tu	12/8-12/8	7:00P-8:00P
205505-04	\$6.00	
Th	12/10-12/10	7:00P-8:00P
205505-05	\$6.00	

BODY BLAST

(Ages 18 & up) This class will work on your quads, chest, back, shoulders, hamstrings and glutes, biceps, triceps and core. Work at your own level and end with an effective final stretch to ensure your body is able to come back to do it all again. Perform the demonstrated movement progression that better works to you. You are stronger than you think you are! Instructor: Levinia DeSouza. No class 12/3, 12/19-1/2.

205506-01	\$6.00	
Tu	12/1-12/1	8:00P-8:45P
205506-02	\$6.00	
W	12/2-12/2	7:00A-7:45A
205506-04	\$6.00	
Sa	12/5-12/5	8:00A-8:45A
205506-05	\$6.00	

Sa	1/30-1/30	8:00A-8:45A
205506-43	\$6.00	
M	2/1-2/1	7:00A-7:45A
205506-44	\$6.00	
Tu	2/2-2/2	8:00P-8:45P
205506-45	\$6.00	
W	2/3-2/3	7:00A-7:45A
205506-46	\$6.00	
Th	2/4-2/4	8:00P-8:45P
205506-47	\$6.00	
Sa	2/6-2/6	8:00A-8:45A
205506-48	\$6.00	
M	2/8-2/8	7:00A-7:45A
205506-49	\$6.00	
Tu	2/9-2/9	8:00P-8:45P
205506-50	\$6.00	
W	2/10-2/10	7:00A-7:45A
205506-51	\$6.00	
Th	2/11-2/11	8:00P-8:45P
205506-52	\$6.00	
Sa	2/13-2/13	8:00A-8:45A
205506-53	\$6.00	
M	2/15-2/15	7:00A-7:45A
205506-54	\$6.00	
Tu	2/16-2/16	8:00P-8:45P
205506-55	\$6.00	
W	2/17-2/17	7:00A-7:45A
205506-56	\$6.00	
Th	2/18-2/18	8:00P-8:45P
205506-57	\$6.00	
Sa	2/20-2/20	8:00A-8:45A
205506-58	\$6.00	
M	2/22-2/22	7:00A-7:45A
205506-59	\$6.00	
Tu	2/23-2/23	8:00P-8:45P
205506-60	\$6.00	
W	2/24-2/24	7:00A-7:45A
205506-61	\$6.00	
Th	2/25-2/25	8:00P-8:45P
205506-62	\$6.00	
Sa	2/27-2/27	8:00A-8:45A
205506-63	\$6.00	
M	2/29-2/29	7:00A-7:45A

SENIOR PROGRAMS

DULLES SOUTH SENIOR CENTER

(Ages 55 & up) For information, look under the section for "Dulles South Senior Activity Center" or call 571-258-3883.

MULTIAGE PROGRAMS

DSMC NEWSLETTER LIST

(All ages) Want to keep up to date on all the fun

programs going on at DSMC? Want to hear any news about Phase 2 & 3 of the building? Sign up for our monthly newsletter and be the first to know!

605999-99 Free event

UNFORGETTABLE BIRTHDAY PARTIES

(Ages 3 & up) Want to have an unforgettable birthday party? Plan it with us! All of our big toys and inflatables are available for on-site rentals. We have a mini golf course, moon bounces, jousting area, obstacle courses, slide, human spheres, sumo suits, pony hops and more! Call 571-258-3456 for prices and availability!

HAVING AN EVENT?

All of our facilities are available for rent. Call 571-258-3456 for prices and availability!

FRANKLIN PARK

17501 Franklin Park Drive

Purcellville, VA 20132

540-338-7603

Park Hours: Daily 7:00A-Dusk

Office Hours: M-F 9:00A-5:00P

INSTRUCTORS WANTED!

We're looking for instructors who are willing to share their talents with the community in nature and education. Please call 540-338-7603.

GENERAL INFORMATION

FACILITY RENTALS

Franklin Park, located in scenic Western Loudoun County, spans over 200 acres of recreational space with athletic fields, hiking trails, 18-hole disc golf course, stocked pond, leisure and lap pools and more. Our pavilions, gazebos, athletic fields, and other accommodations make Franklin Park the perfect location for your next event. Call for more information; payment is due at time of reservation.

ADVENTURE BIRTHDAY PARTIES

(All ages) Celebrate your birthday by trying out fishing, archery, or a fun campfire at Franklin Park! Packages include all materials and equipment, plus an instructor. Tent or pavilion rentals options are also available. Please call for more information and to schedule your party.

SCOUT PROGRAMS

Are you a scout group looking to complete badge requirements, build teamwork or spend a fun day together trying a new activity? Contact

sarah.delise@loudoun.gov for more information.

FRANKLIN PARK ADVISORY BOARD

(Ages 18 & up) Franklin Park's Advisory Committee is a volunteer-based organization that serves to provide input and help guide park improvement projects, community events and park activities. Committee members work with staff to determine how development of the park can achieve desirable aesthetics while enhancing recreational use for the community. For more information about the board or to provide feedback, please contact the park manager at 540-338-7603 or dan.mcniel@loudoun.gov.

MULTIAGE OUTDOOR PROGRAMS

FULL MOON CAMPFIRE

(All ages) Enjoy Franklin Park at night and view the waning full moon. We'll spend the evening around a campfire doing different activities to learn about the moon, winter astronomy and nocturnal animals' adaptations to being active at night. S'mores and hot beverages are included.

262123-01 \$5.00

Su 2/21-2/21 6:30P-8:00P

WINTER HIKE & HOT COCOA

(All ages) Don't let the cold weather become a reason for you to hibernate! Escape the winter blues and join us for a guided interpretive hike along Franklin Park's trails. Our winter trek that will lead hikers on a 1.5-mile meander through the peaceful and well-kempt hiking trails throughout the Park. Afterwards, we'll enjoy a delicious cup of hot cocoa to warm up.

Free event

Su 1/24-1/24 10:00A-11:00A

PRESCHOOL AGE PROGRAMS

ART THROUGH NATURE

(Ages 2-5) Explore a different type of art each week! Nature will serve as our inspiration as we have fun and use our creativity to create a new project using a variety of art materials and processes.

Location: Franklin Parks Arts Center

262121-01 \$10.00 Visual Art

F 1/22-1/22 10:00A-11:00A

262121-02 \$10.00 Creative Movement

F 1/29-1/29 10:00A-11:00A

262121-03 \$10.00 Reduced, Reused, Recycled

F 2/5-2/5 10:00A-11:00A

262121-04 \$10.00 Mixed Media

F 2/12-2/12 10:00A-11:00A

262121-05 \$10.00 Natural Elements

F	2/19-2/19	10:00A-11:00A
262121-06	\$10.00	Performance Art
F	2/26-2/26	10:00A-11:00A

AFTER-PUPPET ART

Enjoy a morning full of theatre, fun, and imagination! Franklin Park Arts Center offers monthly puppet shows, and you can extend the entertainment by joining "After-Puppet Art" for a snack and craft related to each month's show! Registration fee only includes price of the activity. Admission to puppet show is just \$5/person and can be paid at the door. Activity takes place immediately after puppet show ends.

262122-02	\$5.00	11th Finger
W	1/13-1/13	11:00A-11:45A
262122-03	\$5.00	Under the Bonsai Tree
W	2/17-2/17	11:00A-11:45A

FRANKLIN PARK ARTS CENTER

36441 Blueridge View Lane
Purcellville, VA 20132

540-338-7973

M-F 9:00A-5:00P

See section for Franklin Park Arts Center Events & Exhibits for a schedule of winter performances and gallery exhibits.

ADULT PROGRAMS

LUNCH IN THE GALLERY

(Ages 18 & up) Art-goers, artists and art students, this monthly series is for you! Enjoy a casual lunch in the Franklin Park Arts Center Gallery. Local artists will demonstrate/discuss their process and give a tour of the Gallery art exhibit. Fee includes lunch.

263602-01	\$12.00	Glitz & Glamour
M	1/11-1/11	12:15P-1:30P
263602-02	\$12.00	Youth Art Show
M	2/22-2/22	12:15P-1:30P



Contact youthservices@loudoun.gov

LOUDOUN VALLEY COMMUNITY CENTER

320 West School Street
Purcellville, VA 20132

540-338-4122

M, Tu, W, Th, 7:00A-9:30P

F 7:00A-6:00P

Sa 8:00A-4:00P

PARENT & TODDLER PROGRAMS

Please note that these programs require parent/guardian participation or supervision.

TODDLER GYM TIME

(Ages 1½-4) This is a great opportunity for your toddler to work on gross motor skills, balance and sharing. Parents must stay. Instructor: Kitty Hughes

201111-01	\$30.00	
M	1/11-2/12	8:30A-9:15A
201111-02	\$35.00	
M	1/11-2/12	8:30A-9:15A

PENGUIN HAPPY FEET: MY TODDLER & ME

(Ages 1½-3) Ms. Brenda has a special chilly story to share and a song you will love to sing at home too! We will make a special penguin friend and share a treat that's a CHILLY DELIGHT! Instructor: Brenda Vinton.

201128-01	\$10.00	
F	12/4-12/4	10:00A-10:45A
201128-02	\$10.00	
F	12/4-12/4	11:00A-11:45A

ROUDOLPH'S RED NOSE: MY TODDLER & ME

(Ages 1½-3) Have fun with Rudolph the Red Nose Reindeer and his friends! Ms. Brenda will share the special story and song you will love to sing at home too! We will play a special reindeer game and make Rudolph's Red nose shine bright!! Instructor: Brenda Vinton.

201129-01	\$10.00	
F	12/11-12/11	10:00A-10:45A
201129-02	\$10.00	
F	12/11-12/11	11:00A-11:45A

JINGLE BELL ROCK: MY TODDLER & ME

(Ages 1½-3) Rock around to the jingle bell sound! Ms. Brenda will help you make your very own jingle bell decoration for your family. Join in our jingle bell song and story time to help celebrate the holiday season! Look in our jingle bell sensory table for some jingle bell treats! Instructor: Brenda Vinton.

201130-01	\$10.00	
F	12/18-12/18	10:00A-10:45A
201130-02	\$10.00	
F	12/18-12/18	11:00A-11:45A

POLAR BEAR PALS: MY TODDLER & ME

(Ages 1½-3) Play with our Polar Bear Pals! Ms. Brenda will explore these wonderful animals with you and your adult! We will make a fuzzy Polar Bear friend and hear a cute Polar Bear story. Get on board we are heading to the Arctic to find out about the POLAR BEAR! Instructor: Brenda Vinton.

201131-01	\$10.00	
F	1/8-1/8	10:00A-10:45A
201131-02	\$10.00	
F	1/8-1/8	11:00A-11:45A

BIG BIRD'S FEEDER: MY TODDLER & ME

(Ages 1½-3) Make Big Bird his own feeder! Ms. Brenda will help you put together a special bird feeder that Big Bird and his friends can enjoy! We will use the sensory table to find Sesame Street goodies and dance to a special Big Bird song!! Instructor: Brenda Vinton.

201132-01	\$10.00	
F	1/15-1/15	10:00A-10:45A
201132-02	\$10.00	
F	1/15-1/15	11:00A-11:45A

FROSTY'S BIG SURPRISE: MY TODDLER & ME

(Ages 1½-3) Find out what Frosty the Snowman's big surprise is? Ms. Brenda will help you make a snowman and share a special story about Frosty, He is a real rascal! Explore in our sensory table and find winter goodies! Instructor: Brenda Vinton.

201133-01	\$10.00	
F	1/22-1/22	10:00A-10:45A
201133-02	\$10.00	
F	1/22-1/22	11:00A-11:45A

GROUND HOG SPIES: MY TODDLER & ME

(Ages 1½-3) Find that sneaky ground hog! We have to be good spies to catch him and his shadow! He is a cutie creature we all love. Let's make our own ground hog and listen to a special story about his big day! Shhhh, groundhog spies have to be quiet to catch him out of his underground home! Instructor: Brenda Vinton.

201135-01	\$10.00	
F	1/29-1/29	10:00A-10:45A
201135-02	\$10.00	
F	1/29-1/29	11:00A-11:45A

WHERE'S MY NOSE?: MY TODDLER & ME

(Ages 1½-3) Learn about your five senses! Ms. Brenda will help you explore sight, sound, hearing, taste, and touch. We all use these special gifts every day, "So, where's your nose?" We will

sing a song and hear a story about these extraordinary body parts. Ms. Brenda has a special craft for you to make! Instructor: Brenda Vinton.

201134-01	\$10.00	
F	2/5-2/5	10:00A-10:45A
201134-02	\$10.00	
F	2/5-2/5	11:00A-11:45A

HUGS & KISSES: MY TODDLER & ME

(Ages 1½-3) You and Ms. Brenda will make special valentines for your someone special! We will share some treats, sing our own valentine song and dance the happy LOVE dance! Instructor: Brenda Vinton.

201136-01	\$10.00	
F	2/12-2/12	10:00A-10:45A
201136-02	\$10.00	
F	2/12-2/12	11:00A-11:45A

3 LITTLE KITTENS: MY TODDLER & ME

(Ages 1½-3) Find the 3 little kittens' mittens! Ms. Brenda will help you make magnificent mittens! We will use the sensory table to find more kitty goodies AND listen to that special story we all LOVE! Instructor: Brenda Vinton.

201137-01	\$10.00	
F	2/19-2/19	10:00A-10:45A
201137-02	\$10.00	
F	2/19-2/19	11:00A-11:45A

COOKIE MONSTER'S COOKIE: MY TODDLER & ME

(Ages 1½-3) Have some Cookie Monster fun! You and Ms. Brenda will decorate a gorgeous cookie just for you. Be careful! That Cookie Monster loves cookies, so hang on to it. We will listen to a fun story about Cookie Monster and his friends! Our sensory table is full of Sesame Street® goodies for you to find! Instructor: Brenda Vinton.

201138-01	\$10.00	
F	2/26-2/26	10:00A-10:45A
201138-02	\$10.00	
F	2/26-2/26	11:00A-11:45A

PRESCHOOL AGE PROGRAMS

MORNING PLAYTIME

(Ages 2-5) Your child can play while you take a class or exercise. Maximum one hour per day. Parent must stay on site during this program. Purchase a punch card for \$50 for 15 punches/tickets. Register in person to receive your punch card. Instructor Sandy Nave

201101-01	\$50.00	
M,Tu,W,Th	12/1-2/29	8:00A-10:30A
F	12/4-2/26	8:00A-9:45A

LEGO/DUPLO DAY

(Ages 2-5) Children build to their heart's content, while improving their dexterity. Bring a snack to class. Team and individual projects will be offered.

201153-01	\$14.00	
F	2/5-2/5	1:00P-2:30P

RUBBER STAMP ART

(Ages 2½-4) Choose from pictures, cards, envelopes or letterhead to decorate, or do some of each. Please send a snack and a drink.

201154-01	\$7.00	
W	2/10-2/10	10:00A-10:45A

JR. LEGO® ROBOTICS

(Ages 3-4) Students will explore mechanisms and structural design through the use of LEGO® Technology. Benefits of building out of LEGO® bricks include enhancing their spatial awareness and hand-eye coordination, reinforcing their understanding of shapes and colors and increasing their vocabulary and communication skills. Explaining how the model works will enhance their ability to establish links between cause and effect and to reflect on how to find answers. Instructor: All-Star Tech.

201155-01	\$160.00	
Sa	1/16-3/5	10:00A-10:45A

PRESCHOOL & KINDERGARTEN AGE PROGRAMS

KINDERGARTEN KIDS for Emerick ES @ LVCC

(Ages 5-6) Looking for additional preparation for your afternoon kindergartner? Kindergarten Kids will fill your child's morning with engaging hands-on activities in math, science, art, language, and music. Cara Gloeckner is a teacher who believes learning should be fun! Enhance your child's kindergarten experience. Pack a lunch and get ready for some fun! Kindergarten Kid students attending Emerick Elementary will be escorted to school after class. Contact sandy.nave@loudoun.gov or call 540-338-4122.

201103-01	\$335.00	5 days
M,Tu,W,Th,F	12/1-12/18	8:00A-11:15A
201103-03	\$220.00	3 days
Tu,W,Th	12/1-12/17	8:00A-11:15A

GARTHORS CHILDREN'S STORIES

(Ages 3-5) Mr. Garth loves to share his favorite children's authors and stories. Join Garth and your friends for an adventurous afternoon as you dive into the make believe world of Bill Martin Jr, Peggy Rathman, David Shannon and many more popular children's authors of all times! Plus, take home a special craft based on the book of the week. GARTHORS is fun for all, with stories, crafts, songs and play all rolled into one big

adventure! Instructor: Garth Adams.

201109-01	\$23.00	<i>Cloudy With Meatballs</i>
M	12/7-12/7	11:45A-2:30P
201109-02	\$23.00	<i>The Lion & the Mouse</i>
M	12/14-12/14	11:45A-2:30P
201109-03	\$23.00	<i>Chicka, Chicka, Boom, Boom</i>
M	1/4-1/4	11:45A-2:30P
201109-04	\$23.00	<i>No David</i>
M	1/11-1/11	11:45A-2:30P
201109-05	\$23.00	<i>Pat the Bunny</i>
M	1/25-1/25	11:45A-2:30P
201109-06	\$23.00	<i>Brown Bear, Brown Bear</i>
M	2/1-2/1	11:45A-2:30P
201109-07	\$23.00	<i>Caps For Sale</i>
M	2/8-2/8	11:45A-2:30P
201109-08	\$23.00	<i>Guess How Much I Love You?</i>
M	2/22-2/22	11:45A-2:30P
201109-09	\$23.00	<i>Good Night Gorilla</i>
M	2/29-2/29	11:45A-2:30P

CULINARY KIDS - MONDAY

(Ages 3½-6) Do you enjoy cooking? Join Ms. Stephanie and cook your way through the ABC's in Culinary Kids! We will prepare and learn about foods of the alphabet, how to read a recipe and use kitchen tools, plus talk about healthy food choices. Kids will experience the joy of preparing food hands on! Once all the preparation and cleanup is done, we will sit down and enjoy our culinary delight! Bring a lunch to this AFTERS program. Instructor: Stephanie Royhab.

201102-01	\$42.00	December
M	12/7-12/14	11:45A-2:30P
201102-02	\$62.00	January
M	1/4-1/25	11:45A-2:30P
201102-03	\$82.00	February
M	2/1-2/29	11:45A-2:30P

WONDERFUL WORLD OF DISNEY

(Ages 3-5) Step into our MAGIC WORLD each week with a Disney- themed story and activities! Ms. Elizabeth, our resident Disney expert, will introduce a slice from some of your favorite Disney stories and characters. Art, drama, themed foods, music, songs and games are all part of this ADVENTURE! Put on your Mickey ears, grab Minnie and jump into "The Wonderful World of Disney®" every Tuesday. Monthly and weekly registration is available. Instructor: Elizabeth Licciardone,

201106-01	\$62.00	December
Tu	12/1-12/15	11:45A-2:30P
201106-02	\$82.00	January
Tu	1/5-1/26	11:45A-2:30P
201106-03	\$82.00	February
Tu	2/2-2/23	11:45A-2:30P
201106-04	\$23.00	Ratatouille
Tu	12/1-12/1	11:45A-2:30P
201106-05	\$23.00	Finding Nemo

Tu	12/8-12/8	11:45A-2:30P
201106-06	\$23.00	Tarzan
Tu	12/15-12/15	11:45A-2:30P
201106-07	\$23.00	Snow White
Tu	1/5-1/5	11:45A-2:30P
201106-08	\$23.00	Inside Out
Tu	1/12-1/12	11:45A-2:30P
201106-09	\$23.00	Winnie the Pooh
Tu	1/19-1/19	11:45A-2:30P
201106-10	\$23.00	Mulan
Tu	1/26-1/26	11:45A-2:30P
201106-11	\$23.00	Lady & the Tramp
Tu	2/2-2/2	11:45A-2:30P
201106-12	\$23.00	Pirates of the Caribbean
Tu	2/9-2/9	11:45A-2:30P
201106-13	\$23.00	Jungle Book
Tu	2/16-2/16	11:45A-2:30P
201106-14	\$23.00	Monsters University
Tu	2/23-2/23	11:45A-2:30P

GARTH'S ALPHABET ANIMAL ATLAS

(Ages 3-5) Mr. Garth is an EXPERT on the Animal Kingdom and he wants to share his knowledge with you! Each week, we will move through the alphabet and look at the lives of animals from armadillos and antelope to geckos and grizzly bears don't forget baboons, chameleons, dolphins, emus, flying foxes, hyenas, jack rabbits, and kookaburras! Garth shares all of his knowledge of habitats, characteristics, and life cycles! Join the fun, come along with a friend and discover animals you never knew! Bring a lunch to this AFTERS program Instructor: Garth Adams.

201108-12	\$62.00	December
W	12/2-12/16	11:45A-2:30P
201108-13	\$82.00	January
W	1/6-1/27	11:45A-2:30P
201108-14	\$82.00	February
W	2/3-2/24	11:45A-2:30P
201108-01	\$23.00	Lemurs, Llama & Lynx
W	12/2-12/2	11:45A-2:30P
201108-02	\$23.00	Monkeys, Manatee & Moose
W	12/9-12/9	11:45A-2:30P
201108-03	\$23.00	Numbats, Nurse Shark & Newt
W	12/16-12/16	11:45A-2:30P
201108-04	\$23.00	Otter, Ostrich & Opossum
W	1/6-1/6	11:45A-2:30P
201108-05	\$23.00	Peacocks, Polar Bear & Platypus
W	1/13-1/13	11:45A-2:30P
201108-06	\$23.00	Quails, Quokka & Quoll
W	1/20-1/20	11:45A-2:30P
201108-07	\$23.00	Reindeers, Rhinoceros & Raccoon
W	1/27-1/27	11:45A-2:30P

201108-08	\$23.00	Sea Lions, Snakes & Swans
W	2/3-2/3	11:45A-2:30P
201108-09	\$23.00	Tortoise, Tasmanian Devil & Tucan
W	2/10-2/10	11:45A-2:30P
201108-10	\$23.00	Umbrella Bird, Uakari & Urial
W	2/17-2/17	11:45A-2:30P
201108-11	\$23.00	Vampire Bat, Vulture & Vervet Monkey
W	2/24-2/24	11:45A-2:30P

ARTVENTURES: MINI MASTERS

(Ages 3½-5) Calling all pint-sized Picassos! In this literature-based art class students will explore the work of the Masters and get a lesson in art history. Meghan will show you how to use art materials to create open-ended projects inspired by famous artist. Join this fabulous program and let Meghan share her passion of art with YOU! Bring a lunch to this AFTERS program. Instructor: Meghan Cantrall.

201115-01	\$62.00	December
Th	12/3-12/17	11:45A-2:30P
201115-02	\$82.00	January
Th	1/7-1/28	11:45A-2:30P
201115-03	\$82.00	February
Th	2/4-2/25	11:45A-2:30P
201115-04	\$23.00	
Th	12/3-12/3	11:45A-2:30P
201115-05	\$23.00	
Th	12/10-12/10	11:45A-2:30P
201115-06	\$23.00	
Th	12/17-12/17	11:45A-2:30P
201115-07	\$23.00	
Th	1/7-1/7	11:45A-2:30P
201115-08	\$23.00	
Th	1/14-1/14	11:45A-2:30P
201115-09	\$23.00	
Th	1/21-1/21	11:45A-2:30P
201115-10	\$23.00	
Th	1/28-1/28	11:45A-2:30P
201115-11	\$23.00	
Th	2/4-2/4	11:45A-2:30P
201115-12	\$23.00	
Th	2/11-2/11	11:45A-2:30P
201115-13	\$23.00	
Th	2/18-2/18	11:45A-2:30P
201115-14	\$23.00	
Th	2/25-2/25	11:45A-2:30P

CULINARY KIDS/THURSDAY

(Ages 3-6) Do you enjoy cooking? Join Ms. Stephanie and cook your way through the ABC's in Culinary Kids! We will prepare and learn about foods of the alphabet, how to read a recipe and use kitchen tools plus talk about healthy food

choices. Kids will experience the joy of preparing food hands on! Once all the preparation and cleanup is done we will sit down and enjoy our culinary delight! Bring a lunch to this AFTERS program. Instructor: Stephanie Royhab.

201110-01	\$62.00	December
Th	12/3-12/17	11:45A-2:30P
201110-02	\$82.00	January
Th	1/7-1/28	11:45A-2:30P
201110-03	\$82.00	February
Th	2/4-2/25	11:45A-2:30P

DISCOVERY ZONE

(Ages 3½-6) Are you curious and excited to discover about many things? Then, come to the Discovery Zone! Each week, a different instructor will share their wealth of knowledge on many subjects. We will explore, complete challenges and crafts as well as play games and have a few treats too! Join our cast of instructors that you are familiar with from LVCC. Bring a lunch to this AFTERS program. Instructors: Elizabeth, Cara, Meghan, and Sandy.

201112-01	\$23.00	A Slimy Surprise
F	12/4-12/4	11:45A-2:30P
201112-02	\$23.00	Nutcracker Sweet
F	12/11-12/11	11:45A-2:30P
201112-03	\$23.00	Favorite Holiday Cooking
F	12/18-12/18	11:45A-2:30P
201112-04	\$23.00	Polar Express
F	1/8-1/8	11:45A-2:30P
201112-05	\$23.00	Purcellville: My Home Town
F	1/15-1/15	11:45A-2:30P
201112-06	\$23.00	Crazy Craft Pack
F	1/22-1/22	11:45A-2:30P
201112-07	\$23.00	I Dig Dinosaurs
F	2/5-2/5	11:45A-2:30P
201112-08	\$23.00	Curious Kids Nature Discoveries
F	2/12-2/12	11:45A-2:30P
201112-09	\$23.00	American Girl Goes Camping
F	2/19-2/19	11:45A-2:30P
201112-10	\$23.00	Enchanted Castel
F	2/26-2/26	11:45A-2:30P

JUST ART

(Ages 3-6) If your favorite thing to do is Art, this is the class for you, because that's what we do, Just Art! Endless painting with tempera, watercolors, with race cars and marbles, texture painting, use your hands and your feet, your imagination is your only limit. Wear old clothes and bring a lunch to this AFTERS program. Instructor: Garth Adams.

201107-01	\$23.00	
F	12/4-12/4	11:45A-2:30P
201107-02	\$23.00	

F	12/11-12/11	11:45A-2:30P
201107-03	\$23.00	
F	12/18-12/18	11:45A-2:30P
201107-04	\$23.00	
F	1/8-1/8	11:45A-2:30P
201107-05	\$23.00	
F	1/15-1/15	11:45A-2:30P
201107-06	\$23.00	
F	1/22-1/22	11:45A-2:30P
201107-07	\$23.00	
F	1/29-1/29	11:45A-2:30P
201107-08	\$23.00	
F	2/5-2/5	11:45A-2:30P
201107-09	\$23.00	
F	2/12-2/12	11:45A-2:30P
201107-10	\$23.00	
F	2/19-2/19	11:45A-2:30P
201107-11	\$23.00	
F	2/26-2/26	11:45A-2:30P

TRIKES & SCOOTERS

(Ages 3½-6) The music will be pumping as children ride trikes and scooters in the gym.

201113-01	\$6.00	
W	1/20-1/20	12:45P-1:30P
201113-02	\$6.00	
F	2/19-2/19	12:45P-1:30P

STAR WARS SPACE GALACTICA

(Age 4-6) Calling all Jedi's! Get ready for a Star Wars Galactic extravaganza! You will mingle with all the Star Wars characters: Luke Skywalker, Yoda, Darth Vader, and Obi-Wan Kenobi and more! Build your own light saber, and a droid Lego star fighter. Ms. Elizabeth will share some fun Star War games, stories and a special snack that is out of this world! Let the FORCE be with you! Instructor: Elizabeth Licciardone.

201151-01	\$23.00	
F	2/5-2/5	11:45A-2:30P

HOMEMADE VALENTINES

(Ages 3-5) Children will create novelty valentines for their friends and families.

201157-01	\$15.00	
Th	2/11-2/11	11:30A-1:00P

VALENTINE PARENT/CHILD TEA

(Ages 2 & up) Invite your Valentine for a special tea and dancing. Bring your favorite tea set and we will do the rest. Light refreshments will be served.

201713-01	\$8/couple	
Sa	2/13	1:30P-2:30P
201713-02	\$4/additional parent/child	
Sa	2/13	1:30P-2:30P

KID BOP DANCE PARTY

(Ages 3-6) Get your feet grooving to Kid Bop favorites. Home schoolers are welcome.

201158-01	\$15.00	
M	1/25-2/22	10:30A-11:30A

LITTLE TYKES SCIENCE

(Ages 3½-5) Introduce your preschooler to the wonders of science. Simple experiments and projects will capture your child's attention and imagination.

201159-01	\$21.00	
W	1/13-1/27	10:00A-10:30A

HOLIDAY WORKSHOP

(Ages 3 & up) Holiday Workshop just in time for the holidays! Join our team of children's craft captains to help your children make their own holiday gifts for family and friends! We provide all the supplies and instruction plus tags and bags! It's all about having fun! A variety of fun crafts to choose from. Contact lynda.vill@loudoun.gov.

201800-01	\$15.00	
F	12/18-12/18	10:00A-2:00P

SCHOOL STREET MOVEMENT PROGRAMS

School Street Movement is LVCC's Dance, Tumbling, & Zumba Kids Program. All programs are currently open for registration except for our Joyful Dance. For School Street Movement information, contact sandy.nave@loudoun.gov.

ZUMBA KIDS

(Ages 5-9) Zumba Kids is designed for children in a fun and energetic way that breaks down all of the moves/routines for easier learning. Kids will enjoy the pace of the class, the fun routines, the rhythms of the different types of music and the games! It's a great way to get your kids active, while they make new friends and feel like every class is a party! Instructor: Christy Turnbull.

201150-01	\$126.50	
S	12/5/2/27	

ELEMENTARY AGE PROGRAMS

Wii PLAY DAYS

(Ages 5½-12) Children will have a Wii and board games along with crafts to keep them busy, while parents finish last-minute cleaning and shopping. Instructor: Kitty Hughes.

201202-01	\$25	
F	12/11-12/11	2:30P-5:30P
210202-02	\$25	
F	12/18-12/18	2:30P-5:30P

LEGO® ROBOTICS

(Ages 5-8) Students will use LEGO® bricks to explore mechanisms and structural design by investigating simple and motorized machines, the use of gears and sensors and through programming the robots they will build. Basic physics and machine concepts will aid students to construct motorized machines, calibrate and capture wind, and study gearing mechanisms and alternative energy. The class is project and team-based, providing training and experience in teamwork and project management skills as well as mechanical engineering, problem solving and debugging and presentation skills. Instructor: All-Star Tech.

201156-01	\$160.00	
Sa	1/16-3/5	11:00A-12:00P

COMPUTER REPAIR

(Ages 8-12) This class delves into fundamental computer repair skills as well as how to use the computer as a creative learning tool. Hands on experience in computer hardware, troubleshooting, basic networking, and laptop repair encompasses learning basic computer science, engineering and electronics. Our education programs are project and team-based to provide training and experience in teamwork and project management skills. Instructor: All-Star Tech.

201205-01	\$160.00	
Sa	1/16-3/5	1:45P-2:45P

CHESS & STRATEGY GAMES

(Ages 6-11) Improve mental concentration and understanding of skills necessary to play chess and/or checkers. Players will be matched according to experience and will progress to play the instructor and other participants. Instructor: Kitty Hughes.

201224-01	\$28.00	
Tu	1/12-2/2	3:30P-4:15P
201224-02	\$28.00	
Tu	2/16-3/8	3:30P-4:15P

WINTER BREAK CARE

(Ages 5½-11) Looking for fun activities to keep your child busy during the winter school break? Bring nut-free lunch and afternoon snacks for this program. Sign-up by 12/11 to ensure that the class runs. Instructor: Julia Traub.

201201-01	\$80.00	
M,Tu,W	12/21-12/23	1:00P-4:00P

JR. MINECRAFT PROGRAMMING

(Ages 7-9) Using a custom mod called "Computer craft," students learn how to program robots called "Turtles" inside the world of Minecraft. By using problem-solving skills, they will learn how to program their robots to complete various tasks and objectives. Lua, a simple scripting language will introduce your child to programming.

201206-01 \$149.00
Sa 1/23-2/27 9:00A-10:00A

JR. MINECRAFT ANIMATION

(Ages 7-9) Basic animation techniques will be introduced using Minecraft characters and stages to expand their observation skills and imagination. By studying motion in reality and how it influences motion in animation, students will create short animation projects. Does your child aspire to become an animator? Mine-ma-tor software can help that dream come true! Instructor: C3 Cyber Club

201208-01 \$149.00
Tu 1/19-2/23 9:00A-10:00A

WINTER BREAK CARE

(Ages 5½-11) Looking for fun activities to keep your child busy during the winter school break? Bring nut-free lunch and afternoon snacks for this program. Sign-up by December 11th to ensure that the class runs. Instructor: Julia Traub.

201201-01 \$80.00
M,Tu,W 12/21-12/23 1:00P-4:00P

HOLIDAY PROGRAM

(Ages 5½-11) Children will play games and make crafts at the center and then play at Chuck-E-Cheese. Instructor: Kitty Hughes.

201225-02 \$55.00
M 1/18-1/18 9:00P-5:00P

MOVEABLE TEACHER WORKDAY

(Ages 5½-11) Children will travel to Ashburn for laser tag. If weather allows, local playgrounds are on our agenda. Pack a hearty lunch and a water bottle. Instructor: Kitty Hughes.

201226-01 \$55.00
F 1/29-1/29 9:00A-5:00P

PRESIDENTS' DAY

(Ages 5½-11) Participants will play in the room, play outside and/or in the gym. Claude Moore Park and Uvar Hazy will be ours. Pack a lunch and an afternoon snack. Dress in warm layers for the playgrounds. Instructor: Kitty Hughes.

201227-01 \$55.00
M 2/15-2/15 9:00A-5:00P

MULTIAGE PROGRAMS

SPORTS CONDITIONING

(Ages 10-16) Make the most of your off season! Increase your overall fitness, while boosting your power, quickness and strength. Coach Robert, from Amazing Athletes, will work with your teens on the following skills: plyometric, strength training, agility work and functional training. Instructor: Robert Jackson

201311-01 \$430.00
Tu,Th 1/12-3/3 6:00P-7:00P
201311-02 \$30.00
Tu 1/12-1/12 6:00P-7:00P
201311-03 \$30.00
Th 1/14-1/14 6:00P-7:00P
201311-04 \$30.00
Tu 1/19-1/19 6:00P-7:00P
201311-05 \$30.00
Th 1/21-1/21 6:00P-7:00P
201311-06 \$30.00
Tu 1/26-1/26 6:00P-7:00P
201311-07 \$30.00
Th 1/28-1/28 6:00P-7:00P
201311-08 \$30.00
Tu 2/2-2/2 6:00P-7:00P
201311-09 \$30.00
Th 2/4-2/4 6:00P-7:00P
201311-10 \$30.00
Tu 2/9-2/9 6:00P-7:00P
201311-11 \$30.00
Th 2/11-2/11 6:00P-7:00P
201311-12 \$30.00
Tu 2/16-2/16 6:00P-7:00P
201311-13 \$30.00
Th 2/18-2/18 6:00P-7:00P
201311-14 \$30.00
Tu 2/23-2/23 6:00P-7:00P
201311-15 \$30.00
Th 2/25-2/25 6:00P-7:00P
201311-16 \$30.00
Tu 3/1-3/1 6:00P-7:00P
201311-17 \$30.00
Th 3/3-3/3 6:00P-7:00P

DIETRICH'S YOGO KIDS MINI CAMP

(Ages 3-8) By combining yoga, fitness music and fun, Dietrich's kid-friendly mini-camp will bring excitement and energy for all. Kid-centric stories and games are used to introduce breathing techniques, skills to de-stress and lessons that help them understand their connection to the world.

201114-01 \$99.00
M,Tu,W 12/28-12/30 9:00A-12:00P

LEGO® ROBOTICS

(Ages 9-12) In this project and team-based class, students will explore mechanisms and structural design through the use of LEGO® Technology. Building with LEGO® bricks, participants will investigate motorized machines, calibrate and capture wind, study gearing mechanisms and alternative energy through training in mechanical engineering, problem-solving and debugging. Instructor: All Star Tech.

201203-01 \$160.00
Sa 1/16-3/5 12:30P-1:30P

MINECRAFT PROGRAMMING

(Ages 10-14) In this class, students will learn how to create and texture their own blocks and items using the popular game Minecraft. Students will be introduced to very simple Java code, and learn how to create custom classes. Learn how to manipulate code from premade templates, and determine how each of your own items appear and behave. Students will learn how to create unique texture packs that they can use and modify at home! Does your child spend hours at a time playing Minecraft? Have them learn how to improve their gameplay experience, and create your own custom mods today!

201207-01 \$149.00
Sa 1/23-2/27 10:15A-11:15A

MINECRAFT ANIMATION

(Ages 10-14) Minecraft characters and stages will be used to introduce animation techniques. Studying motion in reality and how it influences animation will be accomplished through animation exercises and projects. Learning basic acting theories and animation principles is a must for aspiring animators! Instructor: 3C Cyber Club.

201209-01 \$149.00
Th 1/21-2/25 6:15P-7:15P

TEEN SHOPPING TRIP

(Ages 11-16) Find those last minute gifts for friends and family while you hang out with us! Space on the bus is limited, so sign-up early. The shopping destination is the Leesburg Five Below store.

201721-01 \$10.00
Th 12/17-12/17 4:30P-8:00P

201721-02 \$5/add'l family member
Th 12/17-12/17 4:30P-8:00P

EXCURSIONS

PARENT & CHILD TRIPS

(Ages 3-6) Are you new to the area or just want to find neat kid-friendly destinations? Come check us out! Parent and child will ride our bus and explore Berryville Playground. Pack a lunch.

201160-01 \$30.00
F 12/11-12/11 11:30A-2:00P

201160-02 \$25.00 Cici's Pizza
F 2/12-2/12 11:30A-2:00P

CHILDREN'S SCIENCE CENTER

(Ages 5 & up) Explore Northern Virginia's first interactive museum, where families engage in hands-on exhibits, activities and programs involving science, technology, engineering and mathematics (STEM) concepts. Registration covers transportation for one adult and one child.

Additional family members can register under section 02.

201714-01	\$20.00	Parent & Child
Sa	1/16-1/16	10:00A-3:00P
201714-02	\$8.00	Each add'l member
Sa	1/16-1/16	10:00A-3:00P

WATER-SKIING SANTA AT OLD TOWN

(Ages 5 & up) Parents must accompany children under 18. Travel to Old Town Alexandria to shop and see the crowd pleasing water-skiing Santa and his knee boarding reindeer. Fee covers transportation only.

201715-01	\$15.00 Transportation Fee	
Th	12/24-12/24	9:00A-4:00P

HOLIDAY LIGHTS TOUR

(All ages) Check out all the beautiful decorations and homes in the Purcellville area. Children under 16 must be accompanied by an adult.

201717-01	\$5/person	
F	12/18-12/18	6:00P-7:30P
201717-02	\$15/family of 4	
F	12/18-12/18	6:00P-7:30P

HEALTH & FITNESS PROGRAMS

FITNESS CENTER

(Ages 16 & up) Come in and work out. Get back in shape or just tone up. Must sign up in person at LVCC. Students must provide a student ID with birthdate.

201706-01	\$150.00	6 Months
M-Sa	12/1-2/29	7:00A-9:30P
201706-02	\$275.00	1 Year
M-Sa	12/1-2/29	7:00A-9:30P
201706-03	\$150.00	1 Year Sr/Student
M-Sa	12/1-2/29	7:00A-9:30P
201706-04	\$100.00	6 Month Sr/Student
M-Sa	12/1-2/29	7:00A-9:30P

FITNESS SUPER PASS

(Ages 16 & Up) Join the LVCC Fitness Center AND participate in any of our \$100 punch-card fitness programs for one SUPER PASS FEE. Eight different classes are available through the punch card system. Register in person at LVCC.

201710-01	\$350.00	6 Months
M-Sa	12/1-2/29	7:00A-9:30P
201710-02	\$350.00	1 Year Sr/Students
M-Sa	12/1-2/29	7:00A-9:30P
201710-03	\$650.00	1 Year
M-Sa	12/1-2/29	7:00A-9:30P

PERSONAL TRAINING

(Ages 16 & up) Members of the LVCC Fitness

Center can work with a certified personal trainer to learn proper use fitness equipment, set up a personal program, stay motivated and reach your fitness goals! Individual sessions or packages may be purchased. Appointments are made in advance. Instructor: Kathleen Mallampalli.

201510-01	\$35.00/Hour Packages Available	
M-Sa	12/1-2/29	8:00A-8:00P

TAI CHI

(Ages 16 & up) Tai Chi is a martial art that teaches strength, balance, relaxation and flexibility through the learning group repetition of a sequence of slow movements. Total of 16 classes per session. Instructor: Bob Gardner.

201515-01	\$110.00	Beginner
M,W	1/11-3/2	11:00A-12:00P
201515-02	\$110.00	Intermediate
M,W	1/11-3/2	10:00A-11:00A
201515-03	\$110.00	Advanced
M,W	1/11-3/2	9:00A-10:00A

PUNCH CARD FITNESS

Join us at LVCC for any of our eight punch-card fitness classes. Purchase your card at LVCC or on-line for \$100 for 15 classes. If purchased online, you must activate your card at LVCC. Drop-in option: \$9/class.

ZUMBA

(Ages 16 & up) Zumba fuses hypnotic Latin and international rhythms and easy-to-follow moves to create a one of a kind fitness program that will inspire you to dance your way to fitness. It's an exciting hour of calorie-burning, body-energizing, inspiring movements designed to engage and motivate. All fitness levels welcome. Instructor: Christy Turnbull and Amanda Estep.

201501-01	\$100.00	Christy
M	12/7-2/29	7:30P-8:40P
201501-03	\$100.00	Amanda
F	12/4-2/26	9:00A-10:00A

VINYASSA YOGA

(Ages 16 & up) This dynamic yoga class incorporates mindful movement and breathing techniques that will challenge your body and focus your mind. You will leave feeling great! Bring a towel, mat, and blocks or straps if you use them. Instructor: Faith Cooper.

201502-01	\$100.00	
M,W	12/2-2/29	7:00P-8:00P

GENTLE YOGA

(Ages 16 & up) A 50 minute beginner level class designed to teach basic yoga postures that will enhance your flexibility, strength and balance, and promote relaxation. The benefits of yoga for the body, mind and spirit are numerous, as well as a great way to take your fitness to the

next level. Bring a yoga mat, towel and water. Instructor: Faith Cooper.

201507-01	\$100.00	
M	12/7-2/29	8:00A-9:00A

ZOOMER FIT

(Ages 16 & up) This class is specifically designed with the mature adult in mind and offers a combination of low impact cardio options, muscular strength, endurance conditioning, balance and flexibility training. Although this class is designed for our Zoomer members, it is open to all ages for a fantastic workout! ZOOMER = Boomer with a ZIP! Instructor: Kathleen Mallampalli.

201504-01	\$100.00	
Tu,Th	12/1-2/23	8:00A-9:00A

FUN FITNESS

(Ages 16 & up) This monthly rotational class introduces a different, exciting workout format including Tabata, circuit training, interval training, and more! Every class is a total body workout that incorporates a fusion of strength, flexibility, cardio, and balance. All fitness levels welcome. Discover your inner athlete and get STRONG for LIFE! December: Buddy Up! Partner Training; January: Tabata Express; February: Heart Core Circuit Training. Instructor: Kathleen Mallampalli.

201503-01	\$100.00	
Tu,	12/1-2/23	9:15A-10:15A

R.I.P. TRAINING

(Age 16 & up) This total-body conditioning and strength class emphasizes movements we use in our everyday lives, as well as some concentrated core work (abdominal, back and balance). This class will challenge all of your major muscle groups, increase definition and tone, and improve bone density. Great music, fun people, and your choice of weights will inspire you to get the results you have been looking for! All fitness levels welcome! Instructor: Kathleen Mallampalli.

201505-01	\$100.00	
Th	12/3-2/25	9:15A-10:15A

SPECIAL EVENTS

HOLIDAY CAROLLING

(All ages) Bring your favorite holiday songs and lend your voice. Hot chocolate will be served afterwards to warm you up. This event is free, but requires advance registration.

201703-01	Free	
W	12/16-12/16	6:15P-7:00P

LOVETTSTVILLE COMMUNITY CENTER

57 E. Broad Way
Lovettsville, VA 20180

540-822-5284

M-Th 7:00A-9:30P F 7:00A-6:30P

**Supply & material fees are payable
to the instructor at the first class.**

PARENT & CHILD PROGRAMS

TUMBLE TOTS

(Ages 2-3 w/parent) Parent and child will be introduced to tumbling with mat movement. Participants should wear comfortable clothing. Instructor: Katharina Connor.

202112-01	\$30.00	
Tu	12/1-1/19	10:15A-10:45A
202112-02	\$30.00	
Tu	1/26-3/1	10:15A-10:45A

MOMMY & ME GYMNASTICS

(Ages 2-3 w/parent) Mommy & Me classes help develop a bond between parent and child while children learn and develop new skills in a safe, fun environment. Participants will develop their strength, flexibility, coordination and balance while learning early gymnastics skills in a more structured class. Children and parent should wear comfortable clothing. Instructor: Erin Lombardi.

202125-01	\$36.00	
W	1/6-1/27	10:15A-10:45A
202125-02	\$36.00	
W	2/3-2/24	10:15A-10:45A

PRESCHOOL AGE PROGRAMS

GROOVIN' MOVES & GAMES

(Ages 4-6) Learn simple dance moves and play fun games like Red Light, Green Light. Children will have a blast! Instructor: Katharina Connor.

202110-01	\$45.00	
Tu	12/1-1/19	11:00A-11:45A

TUESDAY ADVENTURES

(Ages 3-5) A new adventure each week! Pack a lunch. Instructor: Lisa Cope or Barbara Ray.

202105-01	\$13.00	Holiday Wreath
Tu	12/1-12/1	11:00A-12:30P
202105-02	\$13.00	Ornament & Tree
Tu	12/8-12/8	11:00A-12:30P
202105-03	\$13.00	Snowflakes
Tu	1/5-1/5	11:00A-12:30P
202105-04	\$13.00	Snowmen

Tu	1/19-1/19	11:00A-12:30P
202105-05	\$13.00	Animal Puppet
Tu	1/26-1/26	11:00A-12:30P
202105-06	\$13.00	Decoupage Mason Jar
Tu	2/2-2/2	11:00A-12:30P
202105-07	\$13.00	Heart Ornaments
Tu	2/16-2/16	11:00A-12:30P
202105-08	\$13.00	Toy Parachutes
Tu	2/23-2/23	11:00A-12:30P

LUNCH BUDDIES

(Ages 3-5) Here's your chance for some extra time while your child enjoys lunch and has a blast with their friends after preschool. Pack a lunch. Instructor: Lisa Cope.

202104-01	\$13.00	
W	12/2-12/2	11:00A-12:30P
202104-02	\$13.00	
W	12/16-12/16	11:00A-12:30P
202104-03	\$13.00	
W	1/13-1/13	11:00A-12:30P
202104-04	\$13.00	
W	1/27-1/27	11:00A-12:30P
202104-05	\$13.00	
W	2/10-2/10	11:00A-12:30P
202104-06	\$13.00	
W	2/24-2/24	11:00A-12:30P

TOTALLY TWO

(Ages 24 mos & up) Music, art, stories and socialization! This program is designed for children to attend without parent. Pack a snack. Instructor: Lisa Cope.

202100-01	\$66.00	
Th,F	12/3-12/18	8:30A-10:00A
202100-02	\$77.00	
Th,F	1/7-1/28	8:30A-10:00A
202100-03	\$88.00	
Th,F	2/4-2/26	8:30A-10:00A

ME AT THREE

(Ages 36 mos & up) Music, art, stories and socialization! This program is designed for children to attend without parent. Pack a snack. Instructor: Barbara Ray.

202101-01	\$66.00	
Th,F	12/3-12/18	8:30A-10:00A
202101-02	\$77.00	
Th,F	1/7-1/28	8:30A-10:00A
202101-03	\$88.00	
Th,F	2/4-2/26	8:30A-10:00A

SPORTIES 4 SHORTIES

(Ages 3-5) Develop kicking, running, throwing, catching, and good sportsmanship skills. Instructor: Tyler Itnyre.

202102-01	\$20.00	
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M	12/7-12/14	11:00A-11:45A
202102-02	\$20.00	
M	1/4-1/11	11:00A-11:45A
202102-03	\$20.00	
M	2/1-2/8	11:00A-11:45A

PEE WEE BOOK CLUB

(Ages 3-5) Enjoy a story and enhance reading skills through crafts and activities. Pack a lunch. Instructor: Lisa Cope.

202113-01	\$13.00	
W	12/9-12/9	11:00A-12:30P
202113-02	\$13.00	
W	1/6-1/6	11:00A-12:30P
202113-03	\$13.00	
W	1/20-1/20	11:00A-12:30P
202113-04	\$13.00	
W	2/3-2/3	11:00A-12:30P
202113-05	\$13.00	
W	2/17-2/17	11:00A-12:30P

PEE WEE LEGO® CLUB

(Ages 3-5) Play with your friends while being creative and working on fine motor skills...all with LEGOS® and DUPLOS®. Pack a lunch. Instructor: Lisa Cope.

202108-01	\$13.00	
M	12/14-12/14	11:00A-12:30P
202108-02	\$13.00	
M	1/25-1/25	11:00A-12:30P
202108-03	\$13.00	
M	2/29-2/29	11:00A-12:30P

LITTLE CHEFS

(Ages 3-5) It is no secret, kids love to cook! Start your culinarian out right and sign them up before all the food is gone. Chef Lisa will cater to your tiny one's taste buds and cook up a sweet treat to take home. Pack a lunch! Instructor: Lisa Cope.

202109-01	\$16.00	
Tu	12/15-12/15	11:00A-12:30P
202109-02	\$16.00	
Tu	1/12-1/12	11:00A-12:30P
202109-03	\$16.00	
Tu	2/9-2/9	11:00A-12:30P

PRE-GYMNASTICS

(Ages 4-6) The pre-gymnastics program will provide a safe and fun early gymnastics experience. Participants will develop their strength, flexibility, coordination and balance while learning basic gymnastics skills. In addition to basic skills, they will be introduced to balance beams and possibly other basic equipment. Participants should wear comfortable clothing and bring a water bottle. Instructor: Erin Lombardi.

202124-01	\$40.00	
Tu	1/5-1/26	11:00A-11:45A
202124-02	\$40.00	
W	1/6-1/27	11:00A-11:45A
202124-03	\$40.00	
Th	1/7-1/28	11:00A-11:45A
202124-04	\$40.00	
Tu	2/2-2/23	11:00A-11:45A
202124-05	\$40.00	
W	2/3-2/24	11:00A-11:45A
202124-06	\$40.00	
Th	2/4-2/25	11:00A-11:45A

KID'S YOGA

(Ages 4-6) If you think yoga is not for kids, think again! With this fun, engaging class, participants are taught yoga games that increase flexibility and motor movement skills. Instructor: Katharina Connor.

202119-01	\$45.00	
Tu	1/26-3/1	11:00A-11:45A

MINI MONETS

(Ages 4-6) Use your own hands and mind to create art! We will appreciate the work of famous artists and learn by their example. Starting with basics of supplies and techniques you will develop your understanding of fine art. Fun projects include drawing, painting, sculpture, collage and print making. Must be willing to smile and get messy. All supplies included. Instructor: Mo Thomas.

202107-01	\$48.00	
Th	2/4-2/25	11:00A-11:45A

ELEMENTARY AGE PROGRAMS**KIDS' CLUB**

(Ages 5-6) Calling all kindergarteners! Come join your friends and make some new ones while having fun after school! Activities will include games, delightful arts & crafts, sports, field trips, and much more just for kindergarteners. This program is a great way for kids to have some fun after school and extend their day. Participants should pack a lunch and bring their imagination with them. Instructor: Denise Dant.

202200-01	\$60.00	
M,W	12/2-12/16	11:00A-1:30P
202200-02	\$84.00	
M,W	1/4-1/27	11:00A-1:30P
202200-03	\$96.00	
M,W	2/1-2/29	11:00A-1:30P

HOMESCHOOL MULTI-SPORT

(Ages 6-12) Learn the fundamentals of different sports while improving hand-eye coordination, gross motor skills, cardiovascular health, muscle tone, confidence and teamwork. The program

allows every child to build their skills at their own pace within a non-competitive, learning-based environment that emphasizes patience, teamwork, and self-confidence. Instructor: Coach Robert Jackson from Amazing Athletes.

202264-01	\$96.00	
M	12/7-2/22	1:45P-2:45P

ELEMENTARY BASKETBALL

(Ages 5-11) Introductory class where emphasis is placed on individual skill development in ball handling, dribbling and shooting. Instructor: Robert Jackson of Amazing Athletes.

202207-01	\$96.00	
M	12/7-2/22	2:45P-3:45P

MAKE IT TAKE IT MONDAY

(Ages 5-11) Come after school to have a snack and make some fun seasonal crafts with Ms. Lisa! The crafts will change every class and make great decorations for around the house. Please see below for each session's craft. Instructor: Lisa Cope.

202211-01	\$13.00	Glitter Balls
M	12/7-12/7	2:45P-3:45P
202211-02	\$13.00	Snowflakes
M	12/14-12/14	2:45P-3:45P
202211-03	\$13.00	Snowmen
M	1/4-1/4	2:45P-3:45P
202211-04	\$13.00	Decoupage Mason Jars
M	1/25-1/25	2:45P-3:45P
202211-05	\$13.00	Hearts
M	2/1-2/1	2:45P-3:45P
202211-06	\$13.00	Treasure Box
M	2/22-2/22	2:45P-3:45P

JUNIOR CHEFS

(Ages 5-11) Pull up your sleeves, put on an apron, and let the fun begin! Instructor: Lisa Cope.

202202-01	\$13.00	
Tu	12/15-12/15	2:45P-3:45P
202202-02	\$13.00	
Tu	1/12-1/12	2:45P-3:45P
202202-03	\$13.00	
Tu	2/9-2/9	2:45P-3:45P

LEGO® CLUB

(Ages 6-11) Did you know more than 400 million children and adults will play with LEGO® bricks this year? Are you one of them? If so, meet up with some of the other LEGO® brick lovers to share ideas and projects. Each club meeting is an opportunity to explore and discover new topics. Instructor: Lisa Cope.

202208-01	\$8.00	
W	12/16-12/16	2:45P-3:45P
202208-02	\$8.00	
W	1/27-1/27	2:45P-3:45P

202208-03	\$8.00	
W	2/24-2/24	2:45P-3:45P

DODGEBALL

(Ages 6-11) Come play different versions of Dodgeball after school! Instructor: Tyler Itnyre.

202213-01	\$8.00	
F	12/18-12/18	2:45P-3:45P
202213-02	\$8.00	
F	1/22-1/22	2:45P-3:45P
202213-03	\$8.00	
F	2/26-2/26	2:45P-3:45P

MAD SCIENCE

(Ages 6-11) Explore a world of hands-on experiments and activities in the wonderful world of science! Instructor: Beth Metzger.

202203-01	\$13.00	Explosive Volcanoes
M	1/4-1/4	2:45P-3:45P
202203-02	\$13.00	Catapult Launches
M	2/8-2/8	2:45P-3:45P
202203-03	\$13.00	Balloon Powered Cars
M	2/29-2/29	2:45P-3:45P

LITTLE POM POMS

(Ages 4-6) Children will love learning basic choreographed routines. This program is a great way to learn the basics of cheer or work on skills already learned. Instructor: Erin Lombardi.

202111-01	\$30.00	
M	1/4-1/25	11:00A-11:45A
202111-02	\$30.00	
M	2/1-2/22	11:00A-11:45A

GYMNASTICS

(Ages 6-11) The gymnastics program is designed to be non-competitive. Participants will practice mat work, techniques on regulation and training size balance beams, and some skills on the uneven bars. Additional skills may be added as earlier skills are perfected. Skill advancement is based on participants overall readiness and ability. Students should wear comfortable clothing and bring a water bottle. Instructor: Erin Lombardi.

202216-01	\$48.00	
Tu	1/5-1/26	2:45P-3:45P
202216-02	\$48.00	
W	1/6-1/27	2:45P-3:45P
202216-03	\$48.00	
Th	1/7-1/28	2:45P-3:45P
202216-04	\$48.00	
Tu	2/2-2/23	2:45P-3:45P
202216-05	\$48.00	
W	2/3-2/24	2:45P-3:45P
202216-06	\$48.00	
Th	2/4-2/25	2:45P-3:45P

POM POMS

(Ages 5-11) A continuation of basic cheer skills with more focus on combinations of jumps and movements. At the culmination of the session, the Pom Poms will know a full set of cheers, a basic dance and a stunt set. Participants should wear comfortable clothing. Instructor: Erin Lombardi.

202206-01	\$48.00	
W	1/6-1/27	2:45P- 3:45P
202206-02	\$48.00	
W	2/3-2/24	2:45P- 3:45P

PLAY DAY W/MS. LISA

(Ages 5-11) This class is filled with fun, games and even a snack! Miss Lisa uses a combination of structured games and activities, mixed with some free play, to allow children to find an activity that matches their interest. The weather outside is cold and snowy so this is a great way to have fun with friends away from your home and get rid of some extra winter energy! Instructor: Lisa Cope.

202210-01	\$8.00	
M	1/11-1/11	2:45P- 3:45P
202210-02	\$8.00	
M	2/8-2/8	2:45P- 3:45P

MINECRAFT PROGRAMMING W/ LUA

(Ages 6-9) Using a custom mod called "ComputerCraft", students will learn how to program robots called "Turtles" inside the world of Minecraft. Kids will utilize problem solving skills by learning how to program their robots to complete various tasks such as programming their turtles to automatically build, mine, and craft items and structures. They will be introduced to programming if-then-else-statements, for-while loops, and implement their own functions using LUA, a simple scripting language. Looking for a fun way to introduce your child to programming? Why not do it using a game they love! Note: Basic reading skills required. Experience playing Minecraft preferred, but not required. Returning students benefit from new exercises and lessons! Instructor: C3 Cyber Club.

202214-01	\$145.00	
W	1/13-2/17	2:45P-3:45P

MIDDLE & HIGH SCHOOL AGE PROGRAMS

BASKETBALL DROP-IN

Schedule and fees for drop-in can be found at www.loudoun.gov/lovettsvillecc.

TEEN LOVCC

(Ages 13-17) Give back to your community by volunteering at the Lovettsville Community Center. Assist with special events, event set up and

take down, children's arts, crafts and games. Application is required prior to volunteering. Please email lovcc@loudoun.gov for more information.

PUSH VOLLEYBALL

(Ages 10-14) PUSH Volleyball will push your volleyball skills to the next level. Sessions are designed to teach the fundamentals with an emphasis on technical training. Learn and begin to master passing, setting, attacking, serving, blocking and other components of the game. Each session will offer athletes the opportunity to learn each specific skill, practice and execute components and strategies of the game, as well as high energy play time. Drop-in option available at \$35/class. Instructor: Chris Ann Strahan.

202310-01	\$150.00	
M, W	12/2-12/16	5:00P-6:30P
202310-02	\$210.00	
M, W	1/4-1/27	5:00P-6:30P
202310-03	\$240.00	
M	2/1-2/29	5:00P-6:30P

MIDDLE SCHOOL DODGEBALL

(Ages 11-14) Come play different versions of Dodgeball after school! Instructor: Tyler Itnyre.

202302-01	\$8.00	
Th	12/10-12/10	6:00P-7:00P
202302-02	\$8.00	
Th	2/18-2/18	6:00P-7:00P

ALL STAR CHEER-GYMNASTICS

(Ages 9-16) This program is for those looking to refine and develop gymnastics and cheer skills in a more experienced class. Anyone who is looking to join a cheer squad or keep learning gymnastics skills would benefit from program instruction and practice. Participants will work with Coach Erin on skills including tumbling, gymnastics, stunts, and jumps. Come out Tuesday nights and gain a competitive edge! Instructor: Erin Lombardi

202390-01	\$48.00	
Tu	1/5-1/26	5:00P- 6:00P
202390-02	\$48.00	
Tu	2/2-2/23	5:00P- 6:00P

SPORTS CONDITIONING

(Ages 10-16) This program is designed to promote health and increase overall fitness in all levels. Athletes stay in shape during their off season while increasing overall power and strength. Amazing Athletes will work with your teen on the following skills; plyometrics, strength training, agility work, and functional training. Register for complete series or individual drop-in session. Instructor: Amazing Athletes. No class 2/4, 2/9.

Complete series

202307-01	\$368.00
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Tu,Th	1/5-3/3	7:30P-8:30P
Drop-in	\$27/class	
202307-02	Tu	1/5
202307-03	Th	1/7
202307-04	Tu	1/12
202307-05	Th	1/14
202307-06	Tu	1/19
202307-07	Th	1/21
202307-08	Tu	1/26
202307-09	Th	1/28
202307-10	Tu	2/2
202307-11	Th	2/11
202307-12	Tu	2/16
202307-13	Th	2/18
202307-14	Tu	2/23
202307-15	Th	2/25
202307-16	Tu	3/1
202307-17	Th	3/3

MINECRAFT PROGRAMMING W/ LUA

(Ages 10-14) Using a custom mod called "ComputerCraft", students will learn how to program robots called "Turtles" inside the world of Minecraft. Kids will utilize problem solving skills by learning how to program their robots to complete various tasks such as programming their turtles to automatically build, mine, and craft items and structures. They will be introduced to programming if-then-else-statements, for-while loops, and implement their own functions using LUA, a simple scripting language. Looking for a fun way to introduce your child to programming? Why not do it using a game they love! Note: Basic reading skills required. Experience playing Minecraft preferred, but not required. Please email us for details. Returning students benefit from new exercises and lessons! Instructor: C3 Cyber Club.

202316-01	\$145.00	
W	1/13-2/17	4:00P-5:00P

ADULT PROGRAMS

BASKETBALL DROP-IN

Schedule and fees for drop-in can be found at www.loudoun.gov/lovettsvillecc.

BOOT CAMP

(Ages 16 & up) Are you bored with your workout...not seeing the results you want? It's time to join "Fitness Image Results Jeff Strahan Boot Camp!" Their drill instructors are highly qualified, motivational fitness professionals who will guide you and your body to a new you. Whatever your goals, your Boot Camp Instructor will help you achieve them. Whether you are just starting out with a training program, or you are a seasoned veteran, the Boot Camp program can be tailored to fit your needs. Re-energize your workout, your body and your mind by joining the team! Sign

up for the month and save 30% or drop-in is available for \$15/class. Instructor: Fitness Image Results.

202709-01	\$50.00	
M,W	12/2-12/16	7:00P-8:00P
202709-02	\$80.00	
M,W	1/4-1/27	7:00P-8:00P
202709-03	\$90.00	
M,W	2/1-2/29	7:00P-8:00P
202709-04	\$60.00	
Tu,Th	12/1-12/17	8:30A-9:30A
202709-05	\$80.00	
Tu,Th	1/5-1/28	8:30A-9:30A
202709-06	\$80.00	
Tu,Th	2/2-2/25	8:30A-9:30A

CABIN FEVER RELIEVER

(Ages 16 & up) Begin your New Year with a BANG! Burn off all of those extra calories from the holidays at our exercise extravaganza. Are you up for this exercise challenge? Guaranteed fun and giveaways. Please wear comfortable clothes and bring water. Instructors: Katharina Connor and Amy Horace.

202702-01	\$10.00	
M	1/4-1/4	6:45P-8:15P

YOGA FLOW 2

(Ages 16 & up) Get your day started right with a vigorous Vinyasa Flow yoga practice. This class is designed for people with prior experience with yoga or a similar practice (e.g. Pilates). This is not an advanced class, but more familiarity with the basic asana is helpful. Vinyasa is a dynamic form of yoga - postures are linked together and students will match each movement with their breath. Bring a mat, water, and wear comfortable clothing. Instructor: Jessica Ogden.

202750-01	\$80.00	
Tu	1/5-2/23	8:30A-9:30A

SLOW YOGA

(Ages 16 & up) This class is designed for yoga newbies or anyone who just wants a slower, more contemplative practice than Flow 2. Vinyasa Flow is a dynamic yoga practice, and we will move mindfully, matching each movement with the breath, modifying some of the linking postures to make them more accessible as you learn the basics. Bring a mat, water and wear comfortable clothing. Instructor: Jessica Ogden.

202752-01	\$80.00	
W	1/6-2/24	7:00P-8:00P

PUNCH CARD FITNESS

Purchase a 10-visit punch card for \$75 and use it for Ultimate Conditioning, PIYO, Pilates, Strength for Seniors and Fit & Fab. Must register

in person at LOVCC for punch card. For more information or to be added to the Adult Fitness email list, contact LOVCC@loudoun.gov.

ULTIMATE CONDITIONING

(Ages 16 & up) Combine muscular strength with endurance training. A total body workout for beginner to advance levels. This class changes the exercises every four weeks - no plateaus here! Instructor: Katharina Connor.

\$75/Fit Pass, \$9/drop-in	
Tu	12/1-2/23 9:00A-10:00A

PILATES

(Ages 16 & up) This class integrates basic mind/body skills and techniques in a group fitness setting using Pilates-based exercises. Prepare to work on building strength and muscle in this low impact class with maximum results. Bring a mat and water. Bring water and wear comfortable clothing. Instructor: Katharina Connor.

\$75/Fit Pass, \$9/drop-in	
M	12/7-2/29 7:00P-8:00P

PIYO

(Ages 16 & up) Are you looking to add a challenge to your workout routine? New to exercising and don't know where to start? Then try PIYO! It is a great mix of both Pilates and yoga exercises in a class that is designed to increase your strength and flexibility. It is truly the best of both worlds. This class is designed to accommodate students of varying fitness levels. Participants should wear comfortable clothing. Bring a mat and water. Instructor: Amy Horace.

\$75/Fit Pass, \$9/drop-in	
M	12/14-2/22 8:30A-9:30A
\$75/Fit Pass, \$9/drop-in	
Tu	12/15-2/23 7:00P-8:00P

SENIOR ADULT PROGRAMS

FIT & FABULOUS

(Ages 55 & up) Basic aerobics class with mat work. Workout moves and pacing will be suited to the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Wear comfortable athletic wear. Bring mat and water. Instructor: Katharina Connor.

\$75/Fit pass, \$9/drop-in	
Th	12/3-2/25 9:00A-10:00A

STRENGTH FOR SENIORS

(Ages 55 & up) This total body workout is a great way for seniors to get started with strength training. The exercises focus on building total body strength with an emphasis on improving balance, stability and flexibility. Wear comfortable clothing and bring water. Instructor: Katharina Connor.

\$75/Fit Pass, \$9/drop-in	
M	12/7-2/29 9:00A-10:00A

SOCIAL SENIORS

(Ages 55 & up) Enjoy home-cooked meals and great socialization with occasional guest speakers. Registration required by the preceding Tuesday.

Pay at door	\$5.00	
1st, 3rd Th	12/3-2/25	12:00P-1:30P

BLOOD PRESSURE CHECKS

(Ages 18 & up) The Loudoun Hospital Mobile Care Unit will be at the center for blood pressure checks. No registration required.

Free event

1st, 3rd Th	12/3-2/25	11:30A-12:00P
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HOLIDAY LUNCHEON

(Ages 55 & up) Location: Lovettsville Community Center. Get into the holiday mood with great food, socialization and of course entertainment by the Lovettsville Elementary Chorus. Reserve your spot by 12/14. Pay at the door. Call Lovettsville Community Center for more information 540-822-5284.

Pay at door	\$5.00	
Th	12/17-12/17	12:00P-1:30P

FAMILY PROGRAMS

FAMILY MOVIE NIGHT

(All ages) Come join us for a fun-filled Family Movie Night! Enjoy a movie in the company of friends and neighbors from the community. Snacks and drinks will be available for sale.

Free event

F	1/15-1/15	7:00P-9:00P
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FAMILY GLO PARTY

(Ages 4 & up) Bring the whole family for a night of fun and exciting aerobic dance moves! This is a fitness class that the whole family can enjoy that will tone the body with easy-to-follow steps for any fitness level. At this special event, we are going to turn off the lights and turn on the black light to make you glow! Also, we provide glow bracelets to make it colorful! Contact lovcc@loudoun.gov.

Pay at door	\$4/person, \$8/family of 4 or fewer \$1/each add'l member	
F	2/19-2/19	6:30P-7:30P

LUCKETTS COMMUNITY CENTER

42361 Lucketts Road
Leesburg, VA 20176

703-771-5281

M,T,W,F 7:00A-6:00P

Th 7:00A-9:00P

**Supply & material fees are payable
to the instructor at the first class.**

PRESCHOOL AGE PROGRAMS

LUNCH BUNCH-AM PRESCHOOL

(Ages 4-5) Join your friends after AM preschool for lunch, playtime and fun. Bring a nut-free lunch that does not need to be heated and a drink.

209101-01 \$10.00
W 12/2-2/24 11:30A-1:00P

LUNCH BUNCH-PM PRESCHOOL

(Ages 4-5) Meet your friends for lunch, playtime and fun before setting off for preschool. Bring a nut-free lunch that does not need to be heated and a drink.

209102-01 \$10.00
W 12/2-2/24 11:00A-12:30P

LUNCH BUNCH 3'S PRESCHOOL

(Ages 3-4) Join classmates after Preschool to enjoy lunch, fun and games. Bring a nut-free lunch that does not need to be heated and a drink.

209103-01 \$8.00
Th 12/3-2/25 11:30A-12:30P

AMAZING ATHLETES

(Ages 3-5) Amazing Athletes is a sports-based fitness program specifically designed to teach children developmental sports lessons, along with activities proven to enhance motor development, hand-eye coordination, and cardiovascular fitness. Children build their skills at their own pace within a non-competitive, learning based environment that emphasizes patience, teamwork, and self-confidence. Instructor: Robert Jackson

209104-01 \$84.00
M 1/4-2/29 11:30A-12:15P

FUN WITH DRAWING

(Ages 3-5) Bring out the best in your little artist! Preschoolers learn drawing skills, develop kindergarten readiness, and have fun in a nurturing environment. Shape and object recognition, manual dexterity, and visual-spatial planning are stepping stones to creating fun, rewarding art.

We demonstrate basic drawing techniques and encourage kids to add their own creative touch.
Instructor: Young Rembrandts

209105-01 \$112.00
F 2/5-4/1 11:30A-12:15P

LEGO® ROBOTICS

(Ages 3-5) Explore mechanisms and structural design through the use of LEGO® technology. Build out of LEGO® bricks, enhancing spatial awareness, hand-eye coordination, and basic understanding of shapes and colors. Develop vocabulary and communication skills in order to explain how the model works; and enhance ability to establish links between cause and effect. Learn basic computer skills, including icon recognition, drag and drop technique, and learn to follow sequences and patterns to program their model. Instructor: All Star Tech.

209106-01 \$150.00
F 1/15-3/11 11:30A-12:15P

COOK, MAKE & BAKE

(Ages 4-5) Explore the fun world of food, cooking and baking with Miss Helena! Make special holidays treats, learn fun food facts, and more! Enjoy what you've made for lunch together.

Instructor: Helena Bullock.

209108-01 \$115.00
W 1/13-3/2 11:30A-1:00P

ELEMENTARY AGE PROGRAMS

FUN WITH DRAWING & CARTOONING

(Ages 6-12) Learn drawing and art appreciation using a progressive, open-ended approach. Young artists build on basic drawing skills, experiment with line, color and form, and improve visual-motor reasoning in a fun, creative environment. Kids learn to draw action and expressions, and practice social sequencing and spatial organization. Each session includes seasonal drawings, an art history lesson, realistic and abstract images, and cartooning. Educational, artistic fun! Instructor: Young Rembrandts.

209207-01 \$120.00
F 2/5-4/1 3:00P-4:00P

MINECRAFT ANIMATION I

(Ages 6-8) For Grades 1-3. Students are introduced to basic 2D and 3D animation techniques using Minecraft characters and stages, and study motion in reality and how it influences motion in animation. Students create various short animation exercises and projects by applying basic acting theories and animation principles to scenes they create. Instructor: C3Cyber Club.

209209-01 \$145.00
F 1/15-2/26 3:00P-4:00P

MINECRAFT ANIMATION II

(Ages 9-11) For Grades 4-5. Students are introduced to basic animation techniques using Minecraft characters and stages. Kids expand their observation skills and imagination by studying motion in reality and how it influences motion in animation. Students create various short animation exercises and projects by applying basic acting theories and animation principles to scenes they create. Instructor: C3Cyber Club.

209208-01 \$145.00
Th 1/14-2/18 3:00P-4:00P

LEGO® ROBOTICS

(Ages 6-12) Students will explore mechanisms and structural design through the use of LEGO® technology, and the investigation of simple and motorized machines, the use of gears and sensors, and through programming the robots they build. They learn the basics of physics and the concepts behind real machines. Class is project and team-based, and provides training in mechanical engineering, problem solving, debugging and presentation skills. Instruction by All Star Tech.

209210-01 \$180.00
W 1/13-3/2 3:00P-4:00P

SCHOOL'S OUT FUN CAMPS

(Ages 6-12) Join us for School's Out Fun on school holidays! Children will enjoy a variety of exciting activities, from cooking and baking, to games and arts & crafts. Bring a nut-free lunch that does not need to be heated and a drink. Snacks will be provided.

209211-01 \$70/first child, \$60/add'l child
M 1/18-1/18 8:00A-6:00P

209211-02 \$70/first child, \$60/add'l child
F 1/29-1/29 8:00A-6:00P

209211-03 \$70/first child, \$60/add'l child
M 2/15-2/15 8:00A-6:00P

PLAY-WELL TEKNOLOGIES LEGO®

(Ages 6-12) Power up your engineering skills with tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level. Instructed by Play-Well TEKnologies.

209213-01 \$180.00
M 1/11-3/14 3:00P-4:00P

MULTIAGE PROGRAMS**YOGA**

(Ages 12 & up) Embark on your journey to a healthier body and mind through yoga practice with Instructor Peggy Leung, and build body strength, flexibility, balance, and a clear mind. Start or continue to restore, rejuvenate, and promote your body and mind well-being. Energize your body and mind with a series of breath synchronized yoga postures. The class is beneficial for all fitness levels. Wear a warm, comfortable outfit, and bring your yoga mat, two yoga blocks, and a water bottle.

209501-01 \$96.00
Sa 1/9-2/27 8:30A-9:45A

PIYO

(Ages 12 & up) PIYO is an athletic workout inspired by Yoga and Pilates. It includes strength training, muscle sculpting, and flexibility. Class is for all levels; modifications will be offered where needed. Wear comfortable workout clothes, and bring a yoga mat, small towel, and water bottle. Instructor: Peggy Leung.

209502-01 \$120.00
M 12/7-2/29 6:30P-7:30P

SILVER KNIGHTS CHESS

(All ages) Learn chess from a Silver Knights Chess coach. All ages and skill levels are welcome. Play time is structured to pair each student against an opponent of similar skill. State and national champions have come from our programs but most of our students are just looking to learn and have fun.

209503-01 \$136.00
Th 1/7-2/25 3:00P-4:00P

SENIOR POT LUCK

(Ages 55 & up) Great food! Good conversation! Meet your friends and make new ones. Bring a dish to share.

Free event
W 12/16, 1/20, 2/17 11:00A-1:00P

**MIDDLEBURG
COMMUNITY CENTER**

300 West Washington Street, P.O. Box 888
Middleburg, VA. 20118

540-687-6375

M-F 8:30A-5:30P

**Supply & material fees are payable
to the instructor at the first class.**

LICENSED PROGRAMS**PRESCHOOL: 2016-17 SCHOOL YEAR**

(Ages 3-5) We offer a nine-month preschool program licensed by the VA Department of Social Services. The class follows the Loudoun County Public School calendar. Your child will enjoy fun-filled mornings participating in learning activities, games, arts & crafts, story time and outdoor play. The Virginia Department of Social Services requires proof of current immunizations, proof of age, and childcare application form. There is a one-time non-refundable registration fee of \$45. Call 540-687-6375 to request an application.

\$231/month
M,W,F 9:00A-12:00P

PRESCHOOL AGE PROGRAMS**LUNCH BUNCH PASS**

(Ages 3-5) Extend your child's fun with their preschool friends! We'll have lunch, play time, and maybe play a game or two. Pass is good for 10 visits and expires at the end of the 2015-2016 preschool year.

108101-01 \$140.00
M,W,F 9/9-5/20 12:00P-2:00P

MY 1ST PRESCHOOL

(Ages 18 mos-3 yrs) Is your child not quite ready for preschool, but ready to join a group? Toddlers will learn shapes, colors, and fine motor skills as they play and connect with others. This is a continuous program for the school year. We follow the LCPS schedule and winter closings.

208100-01 \$60.00
Tu,Th 12/1-12/17 9:00A-10:30A
208100-02 \$90.00
Tu,Th 1/5-1/28 9:00A-10:30A
208100-03 \$90.00
Tu,Th 2/2-2/25 9:00A-10:30A

DIETRICH'S NINJAS

(Ages 3-6) The ultimate kid's activity! An action-packed curriculum that disguises learning critical life skills as fun-filled NINJA games. Our unparalleled approach combining therapeutic

play and martial arts themed activities puts your child ahead of their class, teaching NINJAs to focus, increasing their coordination, and preparing them for the listening and discipline challenges of elementary school. Instructor: Dietrich's Karate

208106-01 \$128.00
W 1/6-2/24 2:00P-3:00P

ELEMENTARY AGE PROGRAMS**COMMUNITY KIDS CLUB**

(Ages 5-12) Each week, students will work on a community service related project that will positively affect their community.

208206-01 \$10.00
M 1/4-2/29 3:15P-4:15P

LEGO® ROBOTICS

(Grades K-5) In this class, students will explore mechanisms and structural design through the use of LEGO® Technology. Through the investigation of simple and motorized machines, the use of gears and sensors, and through programming the robots they build, they will learn the basics of physics and the concepts behind real machines. They will build out of LEGO® bricks, investigate motorized machines, calibrate and capture wind, study gearing mechanisms, alternative energy, and more. The class is project and team-based, providing training and experience in teamwork and project management skills as well as training in mechanical engineering, problem solving and debugging, and presentation skills.

208205-01 \$160.00
Tu 1/5-3/1 3:15P-4:15P

BLACK BELT LEADERSHIP

(Ages 5-12) Class will focus on giving kids the critical skills they need to success throughout life; learning bullying prevention techniques, boundary setting, proper body language, anger management skills, confidence building, teamwork, and the difference between assertive and aggressive. The second session will give the students the opportunity to advance in skills and responsibility through the Leadership Training program. Instructor: Dietrich's Karate.

208207-01 \$148.00 Basic Training
W 1/6-2/24 3:15P-4:15P
208207-02 \$188.00 Leadership Training
W 1/6-2/24 3:15P-4:15P

QUILTING & DESIGN

(Ages 6-12) Using a simple piecing method, students will learn to create a striking design. Each sewing class will focus on the core fundamentals of machine sewing/quilting. Instructor: Andrea Chapman.

208208-01 \$128.00 (+\$25 supplies)
Th 1/7-2/25 3:15P-4:15P



SILVER KNIGHTS CHESS

(Ages 5-14) Club time is split between lesson and play. Lessons range from learning the rules to advanced tournament strategies, depending on the children. Play time is structured to pair each student against an opponent of similar skill. All grades and skill levels are welcome. Silver Knights will supply all the equipment during chess club. Students will have the opportunity to play in tournaments.

208209-01 \$144.00
F 1/8-3/4 3:15P-4:15P

A LITTLE SheEO

(Ages 8-13) Join us for a day of activities designed to empower your little girl as she becomes a business girl. We will pick a plan, design a brand, spend smart and have a heart. Bring a lunch, lots of ideas and a \$5 materials fee. Please call 540-687-6375 to register by Monday, 1/25.

208205-01 Free (+\$5 materials fee)
F 1/29-1/29 9:00A- 4:00P

SCHOOL'S OUT

(Ages 5-12) Days off doesn't mean you have to stay home! We will have a full day of games, crafts, a special recipe and activities. Call 540-687-6375 to RSVP one week prior to camp date.

208213-01 \$125.00 Winter Art
M,Tu,W 12/21-12/23 7:30A-5:00P
208213-02 \$55.00 Our Nation
M 1/18-1/18 7:30A-5:00P
208213-03 \$55.00 Games, Games, Games
F 1/29-1/29 7:30A-5:00P
208213-04 \$55.00 No-Bake Cooking
M 2/15-2/15 7:30A-5:00P

ADULT PROGRAMS**SENIOR YOGA**

(Ages 55 & up) This traditional yoga class, designed for senior adults, incorporates both stretching and strength postures while focusing on balance. Participants will enjoy increased strength, flexibility, balance, coordination, and energy in a gently challenging way. Participants should bring a blanket, pillow, or beach towel. Instructor: Stuart Hill.

208504-01 \$96.00
Tu 1/5-2/23 12:00P-1:00P

INTRO TO FERMENTATION

(All ages) During this hands-on workshop, you will learn the fundamentals of safely fermenting fruits and vegetables at home. Please note that alcoholic beverages such as beer and wine will not be covered. Registration includes all hand-outs and materials. All registered participants will take home a jar of fermented food. Call

540-687-6375 to RSVP by 2/5. Instructor: Maria Sohail, M.S.

Pay at door \$20.00
W 2/10-2/10 12:00P-3:00P

**PHILIP A. BOLEN
MEMORIAL PARK**

42405 Claudia Dr.
Leesburg, VA 20175
571-258-3487

Hours: Daily: Dawn to Dusk
Office: M-F 8:30A-5:00P
www.loudoun.gov/bolenpark

SCOUT PROGRAMS

Some scout badges are scheduled in advance, others by request. Adult must accompany scout. Minimum numbers are required to run programs. Leaders and chaperones are included for free and do not need to register. All scout programs include an outdoor portion, so please dress appropriately. These programs meet MOST badge requirements. For more information call 571-258-3485.

Daisies

Girls can meet requirements for Clover Petal by using their resources wisely at the park.
Days Vary \$5.00 9:00A-6:00P

Brownies

You can meet your requirements right here at Bolen! Currently offering the Hiker, Bugs, Senses, and Letterboxer.
Days Vary \$5.00 9:00A-6:00P

Juniors

Juniors can complete Gardener, Geocacher, Animal Habitats, and Flowers requirements while spending a day with friends in nature.
Days Vary \$5.00 9:00A-6:00P

Tiger Cub

Following adventures can be completed at the park: Backyard Jungle, Tigers in the Wild, and Games Tigers Play.
Days Vary \$5.00 9:00A-6:00P

Wolf Cub

Come out to Bolen to complete your Council Fire and Paws on the Path Adventure.
Days Vary \$5.00 9:00A-6:00P

Bear Cub

Spend the day at the park with your troop and

meet requirements at the same time! Currently offering Fur, Feathers, and Ferns Adventure.

Days Vary \$5.00 9:00A-6:00P

Webelos

Webelos can complete the following adventures at Bolen: Cast Iron Chef and Webelos Walkabout.

Days Vary \$5.00 9:00A-6:00P

**PHILOMONT
COMMUNITY CENTER**

36592 Jeb Stuart Road
Philomont, VA 20131
540-338-5882

M-F 8:30A-6:00P*

Supply & material fees are payable to the instructor at the first class.

*When Loudoun County Public Schools are closed the center will close at 5PM.

Pre-registration is required a minimum of 24-hrs prior to listed events, unless otherwise stated.

LICENSED PROGRAMS**PRESCHOOL**

(Ages 3-5) We offer a nine-month preschool program, which follows the Loudoun County school calendar. The State Department of Social Services requires proof of current immunization, proof of age and a child application form. Our program follows the Creative Curriculum Approach to Learning. Call for details and availability.

PRESCHOOL AGE PROGRAMS**MARVELOUS MONDAYS**

(Ages 3-5) Bring your lunch and stay after school for a variety of activities including stories, games, music and all-around fun! Please pack a lunch and a water bottle.

211100-01 \$30.00
M 12/7-12/14 12:00P-2:00P
211100-02 \$45.00
M 1/4-1/25 12:00A-2:00P
211100-03 \$60.00
M 2/1-2/29 12:00A-2:00P

TEAMWORK TUESDAYS

(Ages 3-5) Be a part of the after-school fun team at Teamwork Tuesdays! Children will participate in various activities such as music, games, stories and free play. Please pack a lunch and a water bottle.

211101-01 \$45.00

Tu	12/1-12/15	12:00P-2:00P
211101-02	\$60.00	
Tu	1/5-1/26	12:00P-2:00P
211101-03	\$60.00	
Tu	2/2-2/23	12:00P-2:00P

WONDERFUL WEDNESDAYS

(Ages 3-5) Come and eat lunch with your friends! Children will participate in free play and other activities. Please bring a lunch and a water bottle.

211102-01	\$45.00	
W	12/2-12/16	12:00A-2:00P
211102-02	\$60.00	
W	1/6-1/27	12:00A-2:00P
211102-03	\$45.00	
W	2/3-2/17	12:00A-2:00P

WACKY THURSDAYS

(Ages 3-5) Join all your school friends for this after-preschool activity. Children will enjoy different activities like games, free play, music and stories. Please pack a lunch and a water bottle.

211103-01	\$45.00	
Th	12/3-12/17	12:00P-2:00P
211103-02	\$60.00	
Th	1/7-1/28	12:00P-2:00P
211103-03	\$60.00	
Th	2/4-2/25	12:00P-2:00P

FANTASTIC FRIDAYS

(Ages 3-5) Children will enjoy this extended-day activity with their friends playing games, reading stories and playing inside and outside. Please bring a lunch and a water bottle.

211104-01	\$45.00	
F	12/4-12/18	12:00P-2:00P
211104-02	\$60.00	
F	1/8-1/29	12:00P-2:00P
211104-03	\$60.00	
F	2/5-2/26	12:00P-2:00P

ROYAL FOR A DAY

(Ages 3-5) Ladies and gentleman, presenting our preschool royals! In this class, our little preschoolers will become royals for a day. Young ladies and young gentleman may come dressed or borrow one of our outfits. We will have fun playing games and enjoying treats.

211106-01	\$20.00	
W	12/30-12/30	9:30A-12:30P

LITTLE EXPLORES

(Ages 2) In this class, your little explores will have fun with stories, games and crafts centered on a weekly theme. Please pack a snack and a water bottle.

211107-01	\$45.00	
Tu	12/1-12/15	9:15A-11:45A

211107-02	\$60.00	
Tu	1/5-1/26	9:15A-11:45A
211107-03	\$60.00	
Tu	2/2-2/23	9:15A-11:45A

LITTLE ADVENTURES

(Ages 2) Your little adventure will love this class! We will have lots of fun with stones, games and crafts centered on a weekly theme. Please pack a snack and a water bottle.

211108-01	\$45.00	
Th	12/3-12/17	9:15A-11:45A
211108-02	\$60.00	
Th	1/7-1/28	9:15A-11:45A
211108-03	\$60.00	
Th	2/4-2/25	9:15A-11:45A

TINY TOTS

(Ages 2) Join your toddler for this fun movement class! We will be rolling and tumbling as well as climbing and balancing, songs and parachute games will also be enjoyed.

211109-01	\$12.00	
Tu	12/1-12/15	11:45A-12:15P
211109-02	\$9.00	
Th	12/3-12/17	11:45A-12:15P
211109-03	\$12.00	
Tu	1/5-1/26	11:45A-12:15P
211109-04	\$12.00	
Th	1/7-1/28	11:45A-12:15P
211109-05	\$12.00	
Tu	2/2-2/23	11:45A-12:15P
211109-06	\$12.00	
Th	2/4-2/25	11:45A-12:15P

LUNCH WITH FIREFIGHTERS

(Ages 3-5) Spend the afternoon with real life superheroes! Travel to the station to learn about fire safety and enjoy lunch with the firefighters.

211111-01	\$15.00	
W	2/24-2/24	12:00P-2:00P

THE MUFFIN MAN & FRIENDS

(Ages 3-5) Have a morning of fun with nursery rhymes through games, and treats too! Banana nut muffins and juice will be served.

211112-01	\$12.00	
Tu	2/23-2/23	12:00A-1:30P

FRIENDSHIP TIME

(Ages 2-2½) Do you need some extra time for your little explorer and little adventurer? Join us 15 minutes before and 15 minutes after Tuesday or Thursday.

211113-01	\$7.50	
Tu	12/1-12/15	9:00A-12:00P
211113-02	\$7.50	
Th	12/3-12/17	9:00A-12:00P

211113-03	\$10.00	
Tu	1/5-1/26	9:00A-12:00P
211113-04	\$10.00	
Th	1/7-1/28	9:00A-12:00P
211113-05	\$10.00	
Tu	2/2-2/23	9:00A-12:00P
211113-06	\$10.00	
Th	2/4-2/25	9:00A-12:00P

ELEMENTARY AGE PROGRAMS**3 DAYS AFTER SCHOOL (MONTHLY)**

(Ages 6-11) Ride the bus after school from Banneker Elementary School for music, fitness, creativity, in/outdoor games. Pre-registration is required. Choose the same three days monthly.

211201-01	\$160.00	
M,Tu,W,Th,F	12/1-12/18	3:00P-6:00P
211201-02	\$160.00	
M,Tu,W,Th,F	1/4-1/29	3:00P-6:00P
211201-03	\$160.00	
M,Tu,W,Th,F	2/1-2/29	3:00P-6:00P

5 DAYS AFTER SCHOOL

(Ages 6-11) Ride the bus after school from Banneker Elementary for music, fitness, creativity, in/outdoor games and Friday "at the movies." Pre-registration is required.

211202-01	\$275.00	
M,Tu,W,Th,F	12/1-12/18	3:00P-6:00P
211202-02	\$275.00	
M,Tu,W,Th,F	1/4-1/29	3:00P-6:00P
211202-03	\$275.00	
M,Tu,W,Th,F	2/1-2/29	3:00P-6:00P

STEM 4 KIDS

(Ages 6-11) In this class, participants will get to take part in a variety of STEM-based activities. They will experiment with green science, renewable energy and electricity, DNA modules, LEGO® Robotics, computer repair skills, and much more! The hands-on experience will provide students the basics in science, engineering, and electronics and will inspire children to meet future challenges and encourage them to love learning new technologies! Our education programs provide experience in teamwork and project management skills.

211203-01	\$120.00	
Tu	1/19-2/23	3:30P-4:30P

JR. MINECRAFT PROGRAMMING

(Ages 6-9) Using a custom mod called "computer craft" students will learn how to program robots called "Turtles" inside the world of Minecraft. Kids will utilize problem solving skills by learning how to program their robots to complete various tasks and objectives such as programming their turtles to automatically build,

mine and craft items and structures. They will be introduced to programming if-then-else statements, for while loops, and implement their own functions using Lua, a simple scripting language. Looking for a fun way to introduce your child to programming? Why not do it using a game they love! Note: Basic reading skills required. Experience playing Minecraft preferred, but not required. Please email us for details. Pack a snack and a water bottle.

211204-01 \$144.00
Th 1/21-2/25 3:30P-4:30P

CUPCAKE WALK

(Ages 6-11) Join Ms. Nancy for some cupcakes fun! We will be decorating cupcakes and enjoy extra fun with our cupcake walk musical chairs. Please let PCC aware of any allergies prior to class.

211205-01 \$12.00
M 12/7-12/7 3:30P-5:00P

JUNIOR CHEFS

(Ages 6-11) Pull up your sleeves, put an apron and let the fun begin! Instructor: Nancy.

211207-01 \$12.00
Th 12/17-12/17 3:30P-5:00P

211207-02 \$12.00
Th 1/14-1/14 3:30P-5:00P

211207-03 \$12.00
Th 2/11-2/11 3:30P-5:00P

K-WILD

(Ages 4-6) This year, our program will focus on enhancing educational and social experiences that your child has at school. Each day, students will work on concepts they are learning in school to help reinforce letter and number recognition, sight words, writing skills, and science, history and math concepts. Other daily activities include indoor/outdoor free play, games, puzzles, music, story time, and art projects. We will enjoy lots of time outside learning and playing, so come ready for adventure!

211208-01 \$155.00
Tu,Th 12/1-12/17 11:30A-2:30P

211208-02 \$155.00
Tu,Th 1/5-1/28 11:30A-2:30P

211208-03 \$155.00
Tu,Th 2/2-2/25 11:30A-2:30P

211209-01 \$230.00
Tu,W,Th 12/1-12/17 11:30A-2:30P

211209-02 \$230.00
Tu,W,Th 1/5-1/28 11:30A-2:30P

211209-03 \$230.00
Tu,W,Th 2/2-2/25 11:30A-2:30P

SNOW DAY DROP-IN

(Ages 6-12) Come in from the cold and enjoy a day with your friends. We will enjoy all sorts of

activities and games including arts and crafts, movies, Wii, cooking, and playing outside in the snow! Please pack a lunch and a change of clothes in case we go outside.

211210-01 \$35.00
M,Tu,W,Th,F 11/13-2/13 9:00A-3:00P

HOLIDAY DROP-IN CAMPS

(Ages 5-10) Drop your camper in anytime between 9 a.m.-2 p.m. for some school's out fun! We will celebrate with different activities both indoors and outdoors, so come dressed for fun. Please pack a snack and a lunch. This camp is perfect for parents looking for extended care or just enough time for a couple of errands. Please call for more info.

211211-01 \$30.00
F 12/28-12/28 9:00A-2:00P

211211-02 \$30.00
Tu 12/29-12/29 9:00A-2:00P

NATIONAL RUBBER DUCKY DAY

(Ages 6-11) Did you know that the Rubber Ducky toy dates back to the late 1800s? Come celebrate National Rubber Ducky Day at Philomont Community Center where we'll play games, create some crafts and even get a rubber ducky to take home. Please pack a snack and a drink.

211212-01 \$12.00
W 1/13-1/13 3:30P-5:00P

NATIONAL POPCORN DAY

(Ages 6-11) Pop your way into a fun afternoon with Ms. Christina on National Popcorn Day! We will make and taste different types of popcorn and create a craft using popcorn. Come hungry and ready for some fun.

211213-01 \$12.00
Tu 1/19-1/19 3:00P-5:00P

WILL YOU BE OUR VALENTINES

(Ages 6-11) Have some Valentine's Day fun with all your friends at Philomont! We will create a Valentine's Day treats to share with Mom and Dad. Dress for a mess and ready to have fun. Parents, please notify staff of any allergies.

211214-01 \$12.00
F 2/12-2/12 3:30P-5:00P

MYSTERY FAIRY TALES DAY

(Ages 6-11) Calling all Fairy tale lovers! In this class we will read one mystery fairy tale. Create a craft from the story and enjoy a treat. Come ready for surprises all around. Please pack a snack and a drink.

211215-01 \$12.00
W 2/17-2/17 3:00P-5:00P

LEAP DAY

(Ages 6-11) It only happens every four years, so

come celebrate with us at PCC. We will have fun with various activities and games. Please pack a snack and a drink.

211216-01 \$12.00
M 2/29-2/29 3:00P-5:00P

ROUND HILL INDOOR AQUATIC CENTER

17010 Evening Star Drive
Round Hill, VA 20141

571-258-3562

M-F 6:30A-9:00P

Sa 8:00A-8:00P Su 12:00P-6:00P

PRESCHOOL MULTI-LEVEL

(Ages 3-5) This multi-level class is perfect for the child who is comfortable in the water, but learns by watching others. Great class for siblings.

232101-01 \$57.00
M,W 12/2-12/16 10:00A-10:30A

232101-02 \$79.00
M,W 1/4-1/27 10:00A-10:30A

232101-03 \$90.00
M,W 2/1-2/29 10:00A-10:30A

PARENT/CHILD

(Ages 6-36 mos) Through games and song, the class will focus on water adjustment and safety skills. Parent must be in the water. One child per parent.

232102-03 \$68.00
Sa 12/5-1/16 9:00A-9:30A

232102-04 \$79.00
M,W 1/4-1/27 9:10A-9:40A

232102-05 \$90.00
Tu,Th 1/5-1/28 4:00P-4:30P

232102-06 \$68.00
Sa 1/23-2/27 9:00A-9:30A

232102-07 \$90.00
M,W 2/1-2/29 9:10A-9:40A

232102-08 \$90.00
Tu,Th 2/2-2/25 4:00P-4:30P

PRESCHOOL LEVEL 1

(Ages 3-5) For first time swimmers. Child must be able to leave parent willingly and follow directions. Instruction will focus on successful skill development, including entering the water independently, submerging face and blowing bubbles, gliding on front for 2 body lengths, and floating on back. Skills may be done with support. No skill prerequisite.

232103-02 \$68.00
Sa 12/5-1/16 9:00A-9:30A

232103-03 \$90.00

Tu,Th	1/5-1/28	4:00P-4:30P
232103-04	\$68.00	
Sa	1/23-2/27	9:00A-9:30A
232103-05	\$90.00	
Tu,Th	2/2-2/25	4:00P-4:30P

PRESCHOOL LEVEL 2

(Ages 3-5) Instruction will focus on successful skill development, including opening eyes underwater and retrieving an object, front glide/float, back glide/float, treading water, and use of a combined arm and leg action on front. All skills may be done with or without support. Prerequisite: Child must be able to complete goals of Preschool Level 1.

232104-01	\$79.00	
Tu,Th	12/1-12/17	4:45P-5:15P
232104-02	\$68.00	
Sa	12/5-1/16	9:45A-10:15A
232104-03	\$90.00	
Tu,Th	1/5-1/28	4:45P-5:15P
232104-04	\$68.00	
Sa	1/23-2/27	9:45A-10:15A
232104-05	\$79.00	
Tu,Th	2/2-2/25	4:45P-5:15P

PRESCHOOL LEVEL 3

(Ages 3-6) Instruction will focus on successful skill development, including: fully submerging and hold breath for 10 seconds, bobbing, introductory rotary breathing, float in a face down position, treading water for 30 seconds, and using a combined leg and arm action on front for 5 body lengths. Prerequisite: Child must be able to complete goals of Preschool Level 2.

232105-03	\$90.00	
Tu,Th	1/5-1/28	4:45P-5:15P
232105-04	\$68.00	
Sa	1/23-2/27	9:45A-10:15A
232105-05	\$90.00	
Tu,Th	2/2-2/25	4:45P-5:15P

LEARN TO SWIM CLASSES**LEVEL 1**

(Ages 6-12) For first time swimmers. Instruction will focus on successful skill development, including: opening eyes underwater and retrieving submerged object, alternating leg action, alternating arm action, gliding on front for 2 body lengths and floating on back for 5 seconds. No skill prerequisite

232201-01	\$68.00	
Tu,Th	12/1-12/17	5:30P-6:00P
232201-02	\$68.00	
Sa	12/5-1/16	10:30A-11:00A
232201-03	\$90.00	
Tu,Th	1/5-1/28	5:30P-6:00P

232201-04	\$68.00	
Sa	1/23-2/27	10:30A-11:00A
232201-05	\$90.00	
Tu,Th	2/2-2/25	5:30P-6:00P

LEVEL 2

(Ages 6-12) Instruction will focus on successful skill development, including: fully submerging and hold breath for 10 seconds, introduction to rotary breathing, combined leg and arm action on front and back, treading water; swimming 5 body lengths on front, roll to back, float on back for 15 seconds then continue for 5 body lengths. Prerequisite: Child must be able to complete objectives of Learn to Swim Level 1.

232202-01	\$68.00	
Tu,Th	12/1-12/17	5:30P-6:00P
232202-02	\$68.00	
Sa	12/5-1/16	10:30A-11:00A
232202-03	\$90.00	
Tu,Th	1/5-1/28	5:30P-6:00P
232202-04	\$68.00	
Sa	1/23-2/27	10:30A-11:00A
232202-05	\$90.00	
Tu,Th	2/2-2/25	5:30P-6:00P

LEVEL 3

(Ages 6-12) Instruction will focus on successful skill development, including: swim front crawl 15 yards, change direction and swim elementary backstroke 15 yards; tread/float for 1 minute, scissor kick, and swim front crawl or elementary backstroke 25 yards. Prerequisite: Child must be able to complete objectives of Learn to Swim Level 2.

232203-01	\$57.00	
M,W	12/2-12/16	4:30P-5:00P
232203-03	\$79.00	
M,W	1/4-1/27	4:30P-5:00P
232203-04	\$86.00	
Sa	1/23-2/27	9:00A-9:40A
232203-05	\$90.00	
M,W	2/1-2/29	4:30P-5:00P

LEVEL 4

(Ages 7-12) Instruction will focus on successful skill development, including: performing a feet-first entry, swimming front crawl and elementary backstroke for 25 yards, swimming breaststroke and back crawl for 15 yards, and swimming underwater for 3 to 5 body lengths. Prerequisite: Child must be able to complete objectives of Learn to Swim Level 3.

232204-03	\$100.00	
M,W	1/4-1/27	5:10P-5:50P
232204-04	\$86.00	
Sa	1/23-2/27	9:50A-10:30A
232204-05	\$114.00	
M,W	2/1-2/29	5:10P-5:50P

LEVEL 5

(Ages 7-12) Instruction will focus on successful skill development, including: shallow angle dives, surface dives, flip turns, treading water, swimming front crawl and elementary backstroke for 50 yard; swimming breaststroke, sidestroke, and back crawl for 25 yards. Prerequisite: Child must be able to complete objectives of Learn to Swim 4.

232205-03	\$100.00	
M,W	1/4-1/27	6:00P-6:40P
232205-04	\$86.00	
Sa	1/23-2/27	10:40A-11:20A
232205-05	\$114.00	
M,W	2/1-2/29	6:00P-6:40P

ADULT PROGRAMS**AQUAFIT**

(Ages 18 & up) A full-body strengthening, cardio-blasting, fun workout without harsh impact on your joints.

232701-01	\$50.00	
M,W	12/2-12/16	8:00A-9:00A
232701-02	\$60.00	
Sa	12/5-1/16	8:00A-9:00A
232701-03	\$70.00	
M,W	1/4-1/27	8:00A-9:00A
232701-04	\$60.00	
Sa	1/23-2/27	8:00A-9:00A
232701-05	\$80.00	
M,W	2/1-2/29	8:00A-9:00A

STERLING COMMUNITY CENTER

120 Enterprise Street
Sterling, VA 20164
703-430-9480

Fax: 703-421-3118

M-F 9:00A-9:00P, Sa 9:00A-5:00P

Supply & material fees are payable to the instructor at the first class.

PRESCHOOL AGE PROGRAMS**TOT DROP-IN**

(Ages 5 & under) Have fun in our indoor gym! Riding toys, balls, slides, and much more will fill our gym. Purchase a Drop-in Activities Card at SCC for \$25. No program 12/18, 12/25, 1/1, 1/11, 1/18, 1/29, 2/15.

203100-01	\$2.50	
M,W,F	12/2-2/29	9:30A-11:30A

JUST FOR 2s

(Age 2) Two-year-olds will have their first classroom experience in a relaxed atmosphere. During their time at the SCC, they will create works of art, play games, and learn social interaction skills, all while having fun with friends. Pack a snack! Register in person at SCC. Ask about our toilet-training policy and monthly fees. Average monthly fee is \$96. No class 12/22, 12/24, 12/29, 12/31.

203101-01	\$72.00	
Tu,Th	12/1-12/17	9:30A-11:00A
203101-02	\$96.00	
Tu,Th	1/5-1/28	9:30A-11:00A
203101-03	\$96.00	
Tu,Th	2/2-2/25	9:30A-11:00A

STEAM-POWERED 2s

(Age 2) Each day, bring a lunch and learn a new STEAM-related lesson and participate in an activity related to the day's subject. Each day's topic will be from a science, technology, engineering, arts, or math category. Register in person at SCC. Ask about our toilet-training policy and monthly fees. Average monthly fee is \$80. No class 12/22, 12/24, 12/29, 12/31.

203137-01	\$60.00	
Tu,Th	12/1-12/31	11:15A-12:30P
203137-02	\$80.00	
Tu,Th	1/5-1/28	11:15A-12:30P
203137-03	\$80.00	
Tu,Th	2/2-2/25	11:15A-12:30P

THREE IS FOR ME

(Age 3) A different theme will be explored each week. Children will learn through play and exploring the world around them in a fun and safe environment. This will all be accomplished by arts and crafts, music, social interaction, and games. Remember to pack a snack! Register in person at SCC. Average monthly fee is \$144. No class 12/21, 12/23, 12/25, 12/28, 12/30, 1/1, 1/18, 1/29, 2/15.

203102-01	\$96.00	
M,W,F	12/2-12/18	9:30A-11:00A
203102-02	\$120.00	
M,W,F	1/4-1/27	9:30A-11:00A
203102-03	\$144.00	
M,W,F	2/1-2/29	9:30A-11:00A

STEAM-POWERED 3s

(Age 3) Each day, bring a lunch and learn a new STEAM-related lesson and participate in an activity related to the day's subject. Each day's topic will be from a science, technology, engineering, arts, or math category. Register in person at SCC. Ask about our toilet-training policy and monthly fees. Average monthly fee is \$120. No class 12/21, 12/23, 12/25, 12/28, 12/30, 1/1, 1/18, 1/29, 2/15.

203138-01	\$80.00	
M,W,F	12/2-12/18	11:15A-12:30P
203138-02	\$100.00	
M,W,F	1/4-1/29	11:15A-12:30P
203138-03	\$120.00	
M,W,F	2/1-2/29	11:15A-12:30P

TINY TUMBLERS

(Ages 3-5) Learn the physical fundamentals of gymnastics with this highly energized and innovative tumbling class. Class will aid in the development of coordination as well as gross motor skills.

203107-01	\$31.00	
Tu	1/5-1/26	12:45P-1:30P

SILLY CHEFS

(Ages 2-4) Celebrate some silly food holidays at the Sterling Community Center. Each class we let the little ones get creative with a fun food based activity. Sign up for one or all three!

203125-01	\$6.00	Cookie Cutter Week
W	12/2-12/2	11:15A-12:00P
203125-02	\$6.00	National English Toffee Day
W	1/6-1/6	11:15A-12:00P
203125-03	\$6.00	Pie Day
W	2/3-2/3	11:15A-12:00P

CRAFTY KIDS

(Ages 2-4) Create wonderful works of art to hang in your art gallery! Test new mediums and materials in this interactive class with friends. Sign up for one or all three!

203108-01	\$5.00	Snowman in a Bag
W	12/9-12/9	11:15A-11:45A
203108-02	\$5.00	Dreamcatcher
W	1/13-1/13	11:15A-11:45A
203108-03	\$5.00	Paper Plate Polar Bear
W	2/10-2/10	11:15A-11:45A

LITTLE SCIENTIST

(Ages 3-5) Science projects and hands on activities will be explored with friends. This class will allow your little one to explore the world of science with a different experiment each week. The class will be led by our very own Mad Scientist!

203123-01	\$6.00	Balloon Blowout
W	12/16-12/16	11:15A-12:00P
203123-02	\$6.00	Color Magic
W	1/20-1/20	11:15A-12:00P
203123-03	\$6.00	Awesome Anatomy
W	2/17-2/17	11:15A-12:00P

LITTLE SPORTS OPEN GYM

(Ages 3-5) Drop in with your preschoolers for some playtime in our indoor gymnasium. There will be multiple play areas with different kid-sized sports equipment at each station for

your junior athletes to use. Coach your kids or let them practice with the equipment of their choice. This is a non-instructional program, though parents are encouraged to coach their children. \$2.50 per adult per visit. No drop-in 12/17, 12/24, and 2/4.

203142-01	\$2.50	
Th	12/3-2/25	9:30A-11:30A

THE VERY ARTSY STORY TIME

(Ages 2½-4) Each session we will read one of the wonderful books by Eric Carle and then get creative by doing a fun, story-related arts & craft project.

203144-01	\$6.00	
M	1/25	11:15A-12:00P
203144-02	\$6.00	
M	2/22	11:15A-12:00P

ELEMENTARY AGE PROGRAMS**SNOW DAY DROP-OFF**

(Grades K-5) If your child's school day is canceled, but your work day is not, we're here to help. Drop off your child for a day of games, messy projects, moon bounces, and a big screen movie. Pack two snacks, lunch, and a water bottle. Drop-off runs any day Loudoun County Public Schools are closed for weather and Loudoun County Government is open. Sign up online or call to be put on the list. Pay at the front desk on the day of program.

203227-01	\$30/child/snow day	
M,Tu,W,Th,F	12/1-2/29	7:30A-6:00P

STEM ENGINEERING CHALLENGE

(Ages 6-12) Drop-off your future engineers, and creative inventors at Sterling Community Center for the Stem Engineering Challenge! First Tuesday of the month. Program participants must utilize the scientific method and a creative mindset to think outside the box and solve the month's STEM Engineering Challenge. The challenge prompt will be announced at the beginning of each session, and participants will have one hour to brainstorm, design, and create a solution to the problem presented. Parents are welcome to return 30 minutes before the end of class to watch the participants give a demo of how their invention addresses the challenge, and propose ideas and thoughts for future builds of their inventions.

203215-01	\$10.00	
Tu	12/1-12/1	6:30P-8:00P
203215-03	\$10.00	
Tu	1/5-1/5	6:30P-8:00P
203215-05	\$10.00	
Tu	2/2-2/2	6:30P-8:00P

YOUNG REMBRANDTS DRAWING

(Ages 6-12) Students learn and develop drawing skills and art appreciation through our progressive, open-ended approach to drawing. We use stepwise instruction to inspire students' independent drawings, including seasonal, realistic and abstract images. Our curriculum is varied and challenging, with new, engaging drawing lessons every week, and every session. Our goal is to provide children with the skills and confidence to create fun and rewarding artwork in and out of our class.

203211-01	\$45.00	
Sa	12/5-12/19	10:30A-11:30A
203211-02	\$60.00	
Sa	1/9-1/30	10:30A-11:30A

YOUNG REMBRANDTS CARTOONING

(Ages 6-12) Students learn and develop their ability to draw cartoon imagery, including action, irony and emotional expression of characters. We use stepwise instruction to encourage students to create their own independent versions of our cartoon lessons, with animated characters in humorous settings. Our curriculum is varied and challenging, with new, engaging cartooning lessons every week, and every session. Our goal is to provide students with a fun introduction to cartooning techniques such as exaggeration, caricature and personification, to make playful art of their own.

203217-01	\$45.00	
Sa	12/5-12/19	12:00P-1:00P
203217-02	\$60.00	
Sa	1/9-1/30	12:00P-1:00P

COOKING TECHNIQUES

(Ages 8-12) Learn a variety of food preparation techniques during the school holiday. Dishes prepared will teach knife skills, cooking, baking, and creating flavor combinations. Sign up for one or all four. Please notify us of any dietary restrictions at least 2 weeks in advance to allow for necessary recipe modifications.

203271-01	\$20.00	Produce Knife Skills
M	12/28-12/28	9:00A-12:00P
203271-02	\$20.00	Stovetop Dishes
Tu	12/29-12/29	9:00A-12:00P
203271-03	\$20.00	Oven Comfort Food
W	12/30-12/30	9:00A-12:00P
203271-04	\$20.00	Baking Sweets
Th	12/31-12/31	9:00A-12:00P

SLIME TIME

(Ages 6-12) Ooze into a gooey hour of sliming around! Create slime using the Mad Science recipe, and then enter the Slime Olympics! Take home your own creation of slime in a Mad Science Activity Cup!

203259-01	\$22.00	
Sa	1/16-1/16	9:30A-10:30A

ROBOT GAMES CAMP

(Ages 8-12) Campers will learn fundamentals of machines and robotics with design process games, making a Bristlebot to take home, and participating in a LEGO® Robotics Sumo Bots Challenge led by Engineering for Kids®. Please notify us of food allergies and medication at least 1 week prior. This is a moveable school holiday, camp may be moved or canceled.

203287-01	\$55.00	
F	1/29-1/29	7:30A-6:00P

MAD SCIENCE @ SCC

Mad Science invites you to explore the wonders of science over the next four weeks at the Sterling Community Center. Investigate the world of physical and chemical change in Che-Mystery. Find out the secrets of Houdini in Science of Magic. Build an earthquake proof-building in Super Structures, and explore waves, tides, and water pollution in the Wacky Waves wet and wild workshop.

Che-Mystery, Science of Magic, Super Structures, Wacky Waves

203258-01	\$95.00	
Sa	2/6-2/27	9:30A-10:30A
<i>Detective Science, Earthworks, Kitchen Chemistry, Mad Science Machines</i>		

203258-02	\$95.00	
Sa	2/6-2/27	10:45A-11:45A

MULTIAGE PROGRAMS**SCC DROP-IN ACTIVITIES CARD**

(All ages) Purchase a SCC Drop-in Activities Card and never worry about drop-in money. Card can be used for Tot, Adult Volleyball and Archery Drop-in. Each card is good for 10 visits! Cards are available at our front desk.

203700-01	\$25.00	
Su-Sa	12/1-3/5	12:00A-12:00P

YOUTH ARCHERY

(Ages 10-15) Archery is gaining popularity fast! This introductory class will teach safety and different techniques. Participants will be given a lot of hands-on experience and attention for individual improvement. A variety of targets and games will be used to test and enhance skills. Attendance at first class is MANDATORY.

203252-01	\$50.00	
Su	1/10-2/7	12:30P-1:45P

ARCHERY SAFETY ORIENTATION

(Ages 10 & up) You must take an SCC Archery Class or this range rules and safety orientation

before attending Archery Drop-in. Orientation is not instructional, participants must already know how to shoot a bow. Class starts promptly, late participants will be transferred to the next available orientation.

203514-01	\$5.00	
W	12/2-12/2	6:30P-7:00P
203514-02	\$5.00	
W	1/6-1/6	6:30P-7:00P

ARCHERY DROP-IN

(Ages 10 & up) Drop in on Wednesday nights at SCC to practice archery on our indoor range. Use one of our recurve or compound bows and arrows. Use of other bows must be pre-approved at SCC, max draw 30 lbs. Mandatory prerequisite: SCC Archery Range Safety Orientation or SCC Archery class.

203517-01	\$2.50	
W	12/2-2/24	7:15P-8:30P

PARENTS' ESCAPE NIGHT

(Ages 2-12) Head out for a night on the town while we take care of the little ones. The kids are guaranteed to be entertained with moon bounces, activities, games, crafts, movies and more. Pizza and drinks will be served. Kids will be divided into separate age groups. Call for potty training policy and more information.

203750-01	\$14.00	
F	12/18-12/18	5:30P-9:00P
203750-02	\$14.00	
F	1/15-1/15	5:30P-9:00P
203750-03	\$14.00	
F	2/19-2/19	5:30P-9:00P

ADULT PROGRAMS**PICKLEBALL DROP-IN**

(Ages 18 & up) The fastest growing sport in America has made its way to the Sterling Community Center! Drop in on Tuesday for a morning full of mild to moderate exercise and socialization. \$2.50 drop in fee per adult, or purchase a Drop-in Activities Card at SCC for \$25. No drop-in 12/22, 12/29.

203599-01	\$2.50	
Tu	12/1-3/1	10:00A-12:00P

ADULT DROP-IN VOLLEYBALL

(Ages 18 & up) Drop in on Tuesday and Thursday nights at SCC! Purchase a Drop-In Activities Card at SCC for \$25. No drop-in 12/24.

203511-01	\$2.50	
Tu,Th	12/1-3/3	7:00P-9:00P

TAI CHI

(Ages 16 & up) Tai Chi is an ancient Chinese

form of mind, body, and spirit exercise that uses slow circular movements to develop strength, balance, and promote overall health.

203506-01 \$35.00
Su 1/10-1/31 3:00P-4:00P

BALLROOM DANCE

(Ages 18 & up) Tear it up on the dance floor with instructor Steven LaForce! This ballroom class will cover the waltz, foxtrot, tango, and rumba.

203508-01 \$45.00
Su 1/10-1/31 1:00P-2:30P

SELF-DEFENSE

(Ages 16 & up) Beginner self-defense focuses on general awareness of ones surroundings, and "Hit and Run" techniques. As well as the use of personal objects as self-defense tools such as cell phones, pens, keys, and much more.

203509-01 \$12.00
Su 1/10-1/10 4:30P-6:00P

203509-02 \$12.00
Su 1/31-1/31 4:30P-6:00P

ADULT ARCHERY

(Ages 16 & up) Archery for adults! If you have never shot a bow, or the last time you did was summer camp, this introductory class is for you. Safety and different techniques will be emphasized. Participants will be given a lot of hands-on experience and attention for individual improvement. A variety of targets and games will be used to test and enhance skills. Attendance at first class is MANDATORY.

203515-01 \$50.00
W 1/13-2/10 5:45P-7:00P



Planning a Birthday Party?

Book a PRCS Birthday Party Package and leave the planning to us!

Depending on location, themes can include Superhero, Moonbounce, Nature, Adventure, Swimming, Princess, Archery & more!

For more information,
contact PRCS at 703-777-0343

BIRTHDAY PARTY PACKAGES

MOONBOUNCE PARTY PACKAGE

(All ages) Enjoy a bouncing birthday party indoors! With five moonbounces of various sizes set up, there will be plenty of jumping fun for all the kids. Party package includes 2-hour gym rental (plus 15 minutes before and after for set up and clean up), basic partyware with 4 decorated tables, and a party coordinator. Registration must be done in person at SCC.

203586-01 \$200.00
Su-Sa 12/1-2/29 12:00A-11:59P

PRINCESS BIRTHDAY PARTY

(All ages) Have a royal ball celebrating your child's birthday! Our princess will lead the young princesses and knights in a variety of themed games and activities. Party package includes 2-hour gym rental (plus 15 minutes before and after for set up and clean up), a costumed instructor, basic partyware with 4 decorated tables, and a party coordinator. Registration must be done in person at SCC.

203587-01 \$185.00
Su-Sa 12/1-2/29 12:00A-11:59P

PIRATE BIRTHDAY PARTY

(All ages) Celebrate your child's birthday with piratey panache! Our pirate will lead your birthday buccaneer and friends in pirate-themed games and activities. Party package includes 2-hour gym rental (plus 15 minutes before and after for set up and clean up), a costumed instructor, basic partyware with 4 decorated tables, and a party coordinator. Registration must be done in person at SCC.

203588-01 \$185.00
Su-Sa 12/1-2/29 12:00A-11:59P

ARCHERY BIRTHDAY PARTY

(Ages 10 and up) Celebrate your birthday at our indoor archery range! We'll provide the bows and arrows, and basic instruction for new archers. Party package includes 2-hour gym rental (plus 15 minutes before and after for set up and clean up), a range master, basic partyware with 4 decorated tables, and a party coordinator. Participants must be at least 10 years old to use the archery range. Registration must be done in person at SCC.

203589-01 \$185.00
Su-Sa 12/1-2/29 12:00A-11:59P

MINECRAFT BIRTHDAY PARTY

(All ages) Celebrate your birthday in Minecraft style! There will be Minecraft-themed crafts and games in stunning, non-computerized 3-D! Party package includes 2-hour gym rental (plus 15 minutes before and after for set up and clean up), an instructor, basic partyware with 4 deco-

rated tables, and a party coordinator. Registration must be done in person at SCC.

203590-01 \$185.00
Su-Sa 12/1-2/29 12:00A-11:59P

SUPERHERO BIRTHDAY PARTY

(All ages) Suit up and save the day--the birthday, that is! Our superhero will train the young heroes and sidekicks through a series of superhero-related games and activities. Party package includes 2-hour gym rental (plus 15 minutes before and after for set up and clean up), a costumed instructor, basic partyware with 4 decorated tables, and a party coordinator. Registration must be done in person at SCC.

203591-01 \$185.00
Su-Sa 12/1-2/29 12:00A-11:59P

ARTS & CRAFTS BIRTHDAY PARTY

(All ages) Be creative with an arts & crafts birthday party! There will be a variety of craft projects for you and your guests to create and customize. Party package includes 2-hour gym rental (plus 15 minutes before and after for set up and clean up), an instructor, basic partyware with 4 decorated tables, and a party coordinator. Registration must be done in person at SCC.

203592-01 \$185.00
Su-Sa 12/1-2/29 12:00A-11:59P

BUILD YOUR OWN BIRTHDAY PARTY

(All ages) If you'd like a party theme not on our list, we can work with you to plan games and activities around a topic of your choice! Party package includes 2-hour gym rental (plus 15 minutes before and after for set up and clean up), an instructor (optional), basic partyware with 4 decorated tables, and a party coordinator. Registration must be done in person at SCC.

203593-01 Price varies
Su-Sa 12/1-2/29 12:00A-11:59P

BUILD & BOUNCE BIRTHDAY PARTY

(All ages) We'll provide a variety of building toys to challenge your engineering skills, and moonbounces to explore physics. Party package includes 2-hour gym rental (plus 15 minutes before and after for set up and clean up), 3 moonbounces, various building toys, basic partyware with 4 decorated tables, and a party coordinator. Registration must be done in person at SCC.

203594-01 \$210.00
Su-Sa 12/1-2/29 12:00A-11:59P

ADD-ON MOONBOUNCES

(All ages) Add some bounce to your party! Our 3 large moonbounces can be added to most of our themed party packages.

203595-01 \$75.00
Su-Sa 12/1-2/29 12:00A-11:59P



got an hour?
give it back.

She lives alone and can no longer prepare her meals.
She could use someone to deliver a warm meal.
In less than one hour you could be that someone.

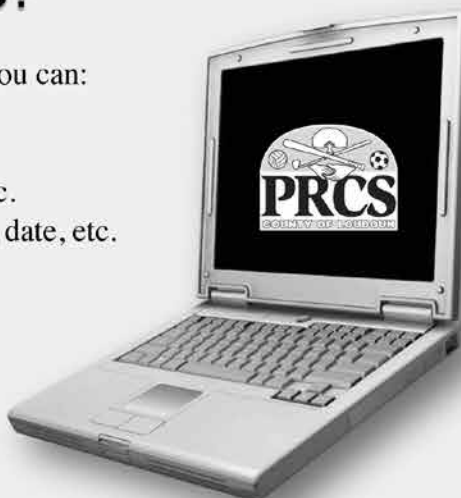


It only takes an hour to give back to seniors.
To volunteer for the Loudoun County Home Delivered Meals Program,
call 703-777-0257 or contact debra.bressler@loudoun.gov.
Home Delivered Meals Programs is administered by the Loudoun County
Department of Parks, Recreation & Community Services/Area Agency on Aging.
www.giveitbacktoseniors.org

HAVE YOU MET WEBTRAC?

With WebTrac, our online registration system, you can:

- Request a new household account
- Retrieve your ID and password
- Search for activities by type, location, age, etc.
- Find details about an activity including price, date, etc.
- Enroll for most classes and activities
- Pay existing balances for licensed programs (e.g., CASA, YAS, Preschool)
- Print a transaction history
- Print a childcare statement
- Print old receipts
- Purchase performance tickets



Visit www.loudoun.gov/webtrac to search for activities or register.

GOVERNMENT
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SERVICES
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[Login](#) | [Wishlist \(0\)](#) | [Shopping Cart \(0\)](#)

**Fall registration begins
August 14 at 12:01am**

Member Login

Username:

Password:

Login

Need an Account? [Click Here](#)
 To retrieve your ID and password [Click Here](#)
 Need extra help? [Click Here](#)

PRCS
Public Recreation & Community Services

Welcome to Online Registration

To search for a class:

Choose the class type or location from the list(s).
 Use the search functions provided.
 Click (Add to Wishlist) to mark the desired classes.
 Log into WebTrac to register.

To register for a class:

Log into WebTrac with your household ID and password. Your default password is your home phone number with area code and no dashes.
 Select your wishlist or enter the appropriate class number.
 Click (Add to cart) to proceed.
 Proceed to checkout.

Once logged in you can:

Make a payment on an existing balance
 Update household information (address, email, etc...)
 Update family members (Add new, change ages)
 View your shopping history
 Reprint receipts
 Print a Child Care Statement
 Print a roster or calendar of current enrollments

Purchase Theater Tickets Now!

Search for a class

By Type *(click to see all)*

- [Adaptive Recreation](#)
- [Aquatics](#)
- [Fine Arts](#)
- [Camps](#)
- [Craft Related](#)
- [Dance](#)
- [Drama](#)
- [Educational](#)
- [Fitness/Wellness](#)
- [Cooking/Food](#)
- [Homemanship](#)
- [Music](#)
- [Nature](#)
- [Sports](#)
- [Special Events](#)
- [Teen Programs](#)
- [Trips/Tours](#)

By Location *(click to see a*



Loudoun County Department of Parks, Recreation & Community Services Activity Registration

Enrollment for classes and activities is on a first-come, first-served basis. Please have your payment information or check available at the time of registration. Do not send credit card information or cash by mail. Mail-in registrations must include check or money order made out to "County of Loudoun." Send mail-in registrations at least one week before class start day to: *Loudoun County PRCS, 20145 Ashbrook Pl., Ste. 170, Ashburn, VA 20147 Attn: Registration*. Licensed programs, camps and adaptive recreation programs require additional forms and/or on-site registration. Consult program description for details. One registration form can be used for multiple household members. Non-county residents are assessed an additional 50% of fees. For more information, visit www.loudoun.gov/prcs or call **703-777-0343**.

HOUSEHOLD INFORMATION

Mother/Guardian _____ Driver's License # or SS # _____ DOB _____
Or Adult Participant (18 & over)
Father/Guardian _____ Driver's License # or SS # _____ DOB _____
Household/Adult Street Address _____
City _____ State _____ Zip _____
e-mail Address _____ Loudoun County Resident ☐ yes ☐ no
Home Phone _____ Cell Phone _____
Work Phone _____ Pager _____
Employer Name & Address _____
Emergency Contact Name (1) _____ Phone # _____
Emergency Contact Name (2) _____ Phone # _____

ADA – The Loudoun County Department of Parks, Recreation and Community Services (PRCS) is committed to complying with the Americans with Disabilities Act (ADA). If you require a reasonable accommodation for any type of disability in order to participate in PRCS activities, please contact the program/location manager (or PRCS administrative office at 703-777-0343/TTY-711). Three business days advance notice is requested.

PARTICIPANT (S) INFORMATION

Family Member's Name	M or F	DOB	Grade/Age	Activity #	Section	Activity Name	Start Date	Time	Fee
<i>EXAMPLE: John Smith</i>	<i>M</i>	<i>5-2-06</i>	<i>3rd/9</i>	<i>421745</i>	<i>01</i>	<i>Soccer Camp, half-day</i>	<i>6/24</i>	<i>9:00a</i>	<i>\$135</i>

TOTAL ACTIVITY FEES ONLY*: _____

***Supply fees are payable to instructor at first class**

HOW DID YOU FIRST LEARN ABOUT THE ABOVE ACTIVITY(S) OR EVENT(S)?

____ PRCS Activity Guide ____ County Website ____ Facebook ____ Newspaper ____ Word of Mouth ____
PRCS Newsletter/flyer ____ Other (Please list source): _____

PARTICIPANT AGREEMENT

I wish to register my child(ren) and/or myself for the activity(ies) listed above. I recognize that all classes and activities of a physical nature involve some risk and, by registering for a specific activity, I am representing that I understand the possible risks involved with this type of activity. Furthermore, I understand that Loudoun County Department of Parks, Recreation and Community Services will not be responsible for the participant when he/she is traveling to and from said activity via transportation not provided by the County of Loudoun. I understand that registration minimums will be assessed to determine whether or not the activity will be held. Also, by signing below, I give permission for Loudoun County PRCS to use photographs and videos of me or my children for publicity in order to increase community awareness of PRCS programs and in all publications and other media without limitation.

Signature of Parent/Guardian/Participant

Date



Please do not fax registrations. If you have previously registered with PRCS, you can use your household ID number and password to register online at www.loudoun.gov/webtrac.



Loudoun County Department of Parks, Recreation and Community Services



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ON FACEBOOK!**



Our mission is to provide outstanding recreational and leisure opportunities, outcome-focused community services, and stewardship of our natural resources to promote quality of life for Loudoun's residents and visitors. This activity guide highlights the programs, classes and events scheduled from December 1, 2015 through February 29, 2016.

It is designed with you and your family in mind.

We appreciate your comments and suggestions.

Please feel free to call 703-777-0343

or visit us at www.loudoun.gov/prcs.

20145 Ashbrook Place, Suite 170 · Ashburn, VA 20147

PH: 703-777-0343/TTY 711 · FAX: 703-771-5354

HOURS: Monday-Friday, 8:30 AM - 5:00 PM

*El Departamento de Parques, Recreación y Servicios a la Comunidad
puede brindarle asistencia en Español.*

Por favor, llame al 703-777-0343 y solicite un intérprete.

